

addictions
treatment directory
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addictions treatment directory

2009

The directory of all alcohol, drug, gambling and other addictions treatment services in New Zealand.

A publication of

adanz
alcohol drug association new zealand



preface

Welcome to the 2009 hard copy edition of the **addictions treatment directory**, a list of all publically funded alcohol, drug and gambling intervention services in New Zealand.

The Addictions Treatment Services Directory is a DHB regionalised list of all the addiction treatment and advice services available anywhere in New Zealand. This Directory is produced by ADANZ (Alcohol Drug Association New Zealand) and funded by the Ministry of Health and Alcohol Advisory Council of New Zealand.

Service information contained in this publication is also available online at www.addictionshelp.org.nz. PDF copies of the directory are available on the website. The service information is updated regularly and further copies can be downloaded.

Yours sincerely,



Cate Kearney
CEO

ADANZ (Alcohol Drug Association New Zealand)

PO Box 13-496

Christchurch

03 379 8626

Email: ada@adanz.org.nz

Web: www.adanz.org.nz

www.addictionshelp.org.nz

www.alcoholdrughelp.org.nz

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how to use the addictions treatment directory

At the beginning of this Directory is a list of all national services.

The contents page presents a list of the 21 District Health Board areas in New Zealand, in which all known alcohol, drug and gambling treatment services in each area are listed alphabetically. The District Health Boards are listed in geographical order, beginning at the top of the North Island and ending with the most southern DHB in the South Island.

A full list of services is shown alphabetically in the index at the end of this Directory.

Service information is streamlined into two categories: Access and Services Information.

We welcome your feedback as to how you find this new Directory. If you have any suggestions, compliments or complaints please contact us at

ADANZ (Alcohol Drug Association New Zealand)

PO Box 13-496

Christchurch

03 379 8626

Email: ada@adanz.org.nz

Web: www.adanz.org.nz

www.addictionshelp.org.nz

www.alcoholdrughelp.org.nz

ADANZ has compiled this directory from information supplied by the services listed. This information is updated annually or when new information is provided by services. Although every attempt has been made to verify the accuracy of the information in this directory, it is subject to change and ADANZ cannot guarantee its accuracy.

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National Services

Alcohol Drug Helpline

Service Description A confidential, free phone service for people with questions about their own or someone else's drinking or drug use. Provides information, brief intervention and referral services, nationwide.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Any age		
Email	ada@adanz.org.nz		
Website	www.alcoholdrughelp.org.nz		
Address	PO Box 13496 Christchurch		
Town	National Service		
Contact Hours	10am-10pm 7 days		
Phone	Main: 0800 787 797	Admission:	Fax: 03 377 5600
Not Catered For			

SERVICE INFORMATION

Model	Motivational interviewing, harm reduction, brief intervention, relapse prevention, support.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Services All DHBs		
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Individual Counselling, Other		
Service Groupings	Alcohol and Other Drug		

Gamblers Anonymous International Directory

Service Description Gamblers Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	No	No
Age	See website		
Email			
Website	www.gamblersanonymous.org		
Address	See website		
Town	Unknown		
Contact Hours	See website		
Phone	Main: See website	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Services All DHBs	
Categories	Generic Adult, Generic Youth	
Referral Methods	Self	
Service Types	Groups	
Service Groupings	Gambling	

Gambling Debt Helpline

Service Description Distance telephone counselling - specialist financial counsellors provide support for gamblers, their partners, family and others.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	info@gamblingproblem.co.nz		
Website	www.gamblingproblem.co.nz		
Address	xx		
Town	Auckland		
Contact Hours	Thu 5pm - 9pm, Sat 12 noon - 4pm		
Phone	Main: 0800 654 658	Admission:	Fax: 09 909 8775
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Services All DHBs	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Other, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Gambling	

Gambling Helpline

Service Description Distance counselling including phone, email, web and text for gambling related harm.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	info@gamblingproblem.co.nz		
Website	www.gamblingproblem.co.nz		
Address	xx		
Town	Auckland Central		
Contact Hours	24 hours, 7 days		
Phone	Main: 0800 654 655	Admission:	Fax: 09 909 8755
Not Catered For	Aged under 14 require involvement of guardian.		

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Services All DHBs	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Gambling	

Gambling Helpline - Maori

Service Description Distance telephone counselling - outside the operating hours listed below clients may contact the 24 hour service on 0800 654 655.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	info@gamblingproblem.co.nz		
Website	www.gamblingproblem.co.nz		
Address	xx		
Town	Auckland Central		
Contact Hours	Mon 12noon - 4pm, Wed 5pm - 9pm, Sat 8am - 12 noon		
Phone	Main: 0800 654 656	Admission:	Fax: 09 909 8775
Not Catered For	Aged under 14 require involvement of guardian		

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Services All DHBs	
Categories	Family/Whanau/Significant Other, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Gambling	

Gambling Helpline - Pasifika

Service Description Distance telephone counselling - outside the operating hours listed below clients may contact the 24 hour service on 0800 654 655

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	info@gamblingproblem.co.nz		
Website	www.gamblingproblem.co.nz		
Address	xx		
Town	Auckland		
Contact Hours	Tue 5pm - 9pm, Thu 6pm - 9pm, Fri 12noon - 4pm		
Phone	Main: 0800 654 657	Admission:	Fax:
Not Catered For	Aged under 14 require involvement of guardian		

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Services All DHBs	
Categories	Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Gambling	

Gambling Helpline - Youth

Service Description Distance telephone counselling - outside the operating hours listed below clients may contact the 24 hour service on 0800 654 655

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	info@inyaface.co.nz		
Website	www.inyaface.co.nz		
Address	xx		
Town	Auckland		
Contact Hours	Mon 5pm - 8pm		
Phone	Main: 0800 654 659	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Services All DHBs	
Categories	Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Individual Counselling, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Gambling	

Odyssey House - Auckland

Service Description Catering for people with serious difficulties with alcohol, drugs, gambling and associated problems. See website for all services available. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	14 - 65 years		
Email	admissioncentre@odyssey.org.nz		
Website	www.odyssey.org.nz		
Address	110 Mt Eden Road		
Town	Auckland Central		
Contact Hours	9.00am - 5.00pm Mon to Fri		
Phone	Main: 09 623 1447 (Admin)	Admission: 09 638 4957	Fax: 09 638 7130
Not Catered For	Would be difficult for blind or deaf clients.		

SERVICE INFORMATION

Model	Therapeutic	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Services All DHBs	
Categories	Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Aftercare, Assessment, Groups, Residential (Intensive), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Problem Gambling Foundation - Auckland Central

Service Description To eliminate harm from gambling. We are informing govt departments, local authorities, and decision makers working with communities and individuals to raise awareness of gambling harm.
 Note: Entry and parking from Grafton Road or Arawa Street (at rear of building).

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	pg@pgfnz.org.nz		
Website	www.pgfnz.co.nz		
Address	128 Kyhber Pass Rd		
Town	Auckland		
Contact Hours	8.30 am - 5.00pm		
Phone	Main: 09 368 1520 / 0800 664 262	Admission:	Fax: 09 368 1540
Not Catered For			

SERVICE INFORMATION

Model	Public Health model. Strengths based approach. Cognitive behaviour therapy.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Services All DHBs	
Categories	Asian, Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Groups, Individual Counselling, Public Health, Whanau / Family Group	
Service Groupings	Gambling	

Te Nikau Addictions Centre

Service Description A residential addictions programme and 1-1 counselling centre. Caters for all addictions e.g. alcohol, drugs, gambling, food, sex, etc. Caters for clients anywhere in NZ. WINZ contributions.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	Yes	Yes
Age	18+		
Email	xroads@xtra.co.nz		
Website	www.freedomlife.org.nz		
Address	69 Valley Road		
Town	Paraparaumu		
Contact Hours	8:30am - 5:00pm Mon to Fri		
Phone	Main: 04 902 5828	Admission: 04 902 5828	Fax: 04 902 5828
Not Catered For	Schizophrenia/psychosis, on methadone currently, arson, paedophilia, convictions, intoxicated.		

SERVICE INFORMATION

Model	Psycho-therapeutic, abstinence.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Services All DHBs	
Categories	Generic Adult, Other	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Groups, Individual Counselling, Residential (Intensive), Support Groups, Training	
Service Groupings	Alcohol and Other Drug, Gambling	

Youthlink and Family Trust

Service Description A residential service for adolescents 11 -16 with a variety of social and emotional problems, including alcohol & drug abuse.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	11 - 16 years		
Email	youth@ps.gen.nz		
Website			
Address	139 Dominion Rd		
Town	Auckland Central		
Contact Hours	8.00am - 4.00pm		
Phone	Main: 09 236 8660	Admission:	Fax: 09 236 9565
Not Catered For	Intoxification. Only overnight accommodation, medical /nursing care, brain damage / intellectual handicap, arson conviction, sex abusers.		

SERVICE INFORMATION

Model	A therapeutic , residential and educational programme.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Services All DHBs	
Categories	Generic Youth	
Referral Methods	Other Agency	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Policy (Sector Wide), Public Health, Research, Residential (Intensive), Screening (Brief Intervention), Social Detox (Residential), Supported Accommodation	
Service Groupings	Alcohol and Other Drug	

Northland DHB

Far North Bridge Programme

Service Description Alcohol and Drug Treatment Centre

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18 +		
Email	colleenwaite@nzf.salvationarmy.org		
Website			
Address	40 Commerce Street		
Town	Kaitaia		
Contact Hours	8.30am - 5.00pm Mon - Fri		
Phone	Main: 09 408 6187	Admission:	Fax: 09 408 6195
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Northland	
Categories	Asian, Family/Whanau/Significant Other, Generic Adult, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Screening (Brief Intervention)	
Service Groupings	Alcohol and Other Drug	

Kaipara Alcohol and Drug Service

Service Description A community based alcohol and drug service providing detox, counselling and a methadone programme.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18 - 65 years		
Email	robert.baanders@northlanddhb.org.nz		
Website	www.northlanddhb.org.nz		
Address	Awakino Road		
Town	Dargaville		
Contact Hours	8:30am - 4:30pm		
Phone	Main: 09 439 7149 extn 6701	Admission:	Fax: 09 439 9202
Not Catered For	17 years and younger, 65 years and older		

SERVICE INFORMATION

Model	Harm reduction, abstinence.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Northland	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Mental Health & Addiction Services - Dargaville

Service Description A community based alcohol and drug service providing assessment, detox, counselling and a methadone programme. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	haare.tewehi@northlanddhub.org.nz		
Website	www.northlanddhub.org.nz		
Address	Redan Road		
Town	Kaitaia		
Contact Hours	8.30am - 4.30pm		
Phone	Main: 09 408 0010	Admission: 09 408 0010	After hours 09 408 8650 Fax: 09 408 8650
Not Catered For	Those requiring overnight accommodation.		

SERVICE INFORMATION

Model	Community and client-focused service using an eclectic range of therapeutic interventions, which include motivational enhancement, cognitive and behavioural counselling theories.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Northland	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Mental Health & Addiction Services - Kaikohe

Service Description A community-based alcohol and drug addiction service. Client groups specifically catered for include Maori, adolescents, family members and parents. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Children and young people and adults, no upper age limit		
Email	roy.johnson@northlanddhb.org.nz		
Website	www.northlanddhb.org.nz		
Address	15 Dickson Street		
Town	Kaikohe		
Contact Hours	8.30am - 4.30pm		
Phone	Main: 09 430 4101 or 09 404 0282	Admission:	Fax:
Not Catered For	Those requiring more than overnight accommodation		

SERVICE INFORMATION

Model	Client centered, dynamics of whanaungatanga integrated		
	Mental Health	Alcohol and Other Drug	
Accreditation	Yes	Yes	
Accepts Referrals From DHBs	Northland		
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Training, Whanau / Family Group		
Service Groupings	Alcohol and Other Drug		

Nga Manga Puriri Charitable Trust

Service Description Gambling counselling and health promotion.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	tatou@ngamangapuriri.org.nz		
Website	www.ngamangapuriri.org.nz		
Address	16 Mair Street		
Town	Whangarei		
Contact Hours	8:30am - 4:30pm		
Phone	Main: 09 437 0685	Admission:	Fax: 09 437 0167
Not Catered For	Other than gambling needs.		

SERVICE INFORMATION

Model	Counselling	
Accreditation	Mental Health No	Alcohol and Other Drug No
Accepts Referrals From DHBs	Northland	
Categories	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
Referral Methods	Self, Other Agency, Helpline	
Service Types	Individual Counselling, Public Health, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Gambling	

Northland Health - Mental Health and Addiction Services - Whangarei

Service Description District-based, community alcohol and drug service, family/whanau and service for people with co-existing mental health problems and disorders.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Children and young people and adults, no upper age limit		
Email	maurein.betts@northlanddhub.org.nz		
Website	www.northlanddhub.org.nz		
Address	19 Norfolk Street		
Town	Whangarei		
Contact Hours	8.30am - 4.30pm		
Phone	Main: 09 438 3868	Admission:	Fax: 09 430 4105
Not Catered For			

SERVICE INFORMATION

Model	Harm reduction orientation, variety of approaches	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Northland	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Problem Gambling Foundation - Dargaville

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Dargaville Hospital		
Town	Dargaville		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 0800 664 262	Admission: 09 4302033	Fax:
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Northland	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Individual Counselling	
Service Groupings	Gambling	

Problem Gambling Foundation - Kaikohe

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	No	No
Age	18+		
Email			
Website			
Address	North Point Trust Office		
Town	Kaikohe		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 0800 664 262	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Northland	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Individual Counselling	
Service Groupings	Gambling	

Problem Gambling Foundation - Kaitaia

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Puckey Avenue		
Town	Kaitaia		
Contact Hours	8.00 am - 10.00pm		
Phone	Main: 0800 664 262	Admission: 09 430 2033	Fax: for appointments
Not Catered For			

SERVICE INFORMATION

Model		
Accreditation	Mental Health No	Alcohol and Other Drug No
Accepts Referrals From DHBs	Northland	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Individual Counselling, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Kerikeri

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	No	No
Age	18+		
Email			
Website			
Address	8 Larnark Road		
Town	Kerikeri		
Contact Hours	8.00am - 10.00pm		
Phone	Main: 0800 664 262	Admission: 09 430 2033	Fax: for appointments
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Northland	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Individual Counselling	
Service Groupings	Gambling	

Problem Gambling Foundation - Whangarei

Service Description Counselling and Assessment. Health promotion.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Adult and Youth		
Email	diane.matthews@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	69 Bank Street		
Town	Whangarei		
Contact Hours	9:00am - 5:00pm		
Phone	Main: 09 430 2033 / 027 489 4802	Admission: 0800 664 262	Fax: 09 430 2031
Not Catered For			

SERVICE INFORMATION

Model	Public Health model, strengths based approach, cognitive behaviour therapy.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Northland	
Categories	Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Screening (Brief Intervention), Self-help groups, Training, Whanau / Family Group	
Service Groupings	Gambling	

Rubicon Youth Alcohol and Drug Support Services

Service Description A specialist Youth AoD support service working with young people aged 11 - 19 years, who live within the Whangarei and Kaipara districts. Rubicon provides a mobile outreach service to address the high level of cannabis, alcohol and other drug use by youth. Services provided are the Rubicon/Police/School Programme, Rubicon self-referral programme, Drug Testing, Packages of Care, Family/whanau support.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	11 - 19 years		
Email	jenny@rubiconyouth.org.nz		
Website	www.rubiconyouth.org.nz		
Address	140 Bank Street		
Town	Whangarei		
Contact Hours	8.30am - 5pm Mon - Fri		
Phone	Main: 09 438 2340	Admission: 09 438 2340	Fax: 09 438 2342
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Northland	
Categories	Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Salvation Army Bridge Programme - Northland

Service Description Provider for alcohol and drug treatment. Comprehensive assessments, treatment planning, treatment and after-care programmes, intensive day programme.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	nthbridge@xtra.co.nz		
Website	www.salvationarmy.org.nz		
Address	6 Alexander Street		
Town	Whangarei		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 09 430 7500	Admission: 09 430 7500	Fax: 09 430 7501
Not Catered For	Under 18 years, unstable dual diagnosis. Non-dependent (AOD), arsonists, sexual offences.		

SERVICE INFORMATION

Model	Community reinforcement approach model of treatment.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Northland	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention)	
Service Groupings	Alcohol and Other Drug	

Tupuna Waiora

Service Description Kaupapa Maori Mental Health and Addiction services. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	rachel@hauorawhanui.co.nz		
Website			
Address	2-4 Reyner Street		
Town	Kawakawa		
Contact Hours	9.00am - 5.00pm		
Phone	Main: 09 404 1551	Admission: 0800 737 573	Fax: 09 404 1876
Not Catered For	AOD adolescents in community		

SERVICE INFORMATION

Model	Holistic/Kaupapa Maori	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Northland	
Categories	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
Referral Methods	Self, GP, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Community Detox (Home), Day Programme, Groups, Individual Counselling, Residential (Intensive), Screening (Brief Intervention), Self-help groups, Social Detox (Residential), Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Waitemata DHB

Community Alcohol and Drug Service - Auckland 65+

Service Description A service for 65+ adults who are concerned about their or someone else's use of alcohol and/or drugs including prescription drugs.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	65+		
Email			
Website	www.cads.org.nz		
Address	1 Trading Place		
Town	Auckland West		
Contact Hours	8.30am-5.00pm		
Phone	Main: 09 845 1818	Admission:	Fax: 09 837 9494
Not Catered For	under 65		

SERVICE INFORMATION

Model	Harm Reduction	
Accreditation	Mental Health Yes	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Day Programme, Groups, Individual Counselling, Other, Research, Self-help groups, Social Detox (Residential)	
Service Groupings	Alcohol and Other Drug	

Community Alcohol and Drug Service - Auckland North Shore

Service Description Community based alcohol and drug service.
Walk-in clinic hours 10am - 1pm. No appointment necessary.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website	www.cads.org.nz		
Address	14 Como Street		
Town	Auckland Nth Shore City		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 09 845 1818	Admission: 09 488 2701	Fax: 09 488 2703
Not Catered For			

SERVICE INFORMATION

Model	Harm Reduction, client centred counselling, family inclusive practice, motivational interviewing and brief intervention.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Community Alcohol and Drug Service - Auckland West

Service Description Community based alcohol and other drug service.
Walk-in clinic hours 10am - 1pm. No appointment necessary.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website	www.cads.org.nz		
Address	1 Trading Place (First floor)		
Town	Auckland West		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 09 845 1818	Admission:	Fax: 09 837 9494
Not Catered For			

SERVICE INFORMATION

Model	Harm Reduction, client centred counselling, family inclusive practice, motivational interviewing and brief intervention.		
	Mental Health	Alcohol and Other Drug	
Accreditation	Yes	Yes	
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata		
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group		
Service Groupings	Alcohol and Other Drug, Gambling		

Higher Ground Drug Rehabilitation Trust

Service Description A residential therapeutic community treatment service for people aged 20+ with severe alcohol and other drug dependency. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	Yes
Age	20+		
Email	hgdrtr@xtra.co.nz		
Website	www.higherground.org.nz		
Address	118 Beach Road		
Town	Auckland West		
Contact Hours	9.00am - 4.00pm		
Phone	Main: 09 834 0017	Admission: 09 834 0042	Fax: 09 834 0018

Not Catered For Some psychological conditions, only overnight accommodation required, medical/ nursing care. Under 19 years, sex offenders, murder offence. Residents should be off all medication (even antipsychotic) on admission.

SERVICE INFORMATION

Model Motivational interviewing, cognitive behavioural groups.

	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waikato, Waitemata	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Groups, Individual Counselling, Residential (Intensive), Self-help groups, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Problem Gambling Foundation - Auckland Takapuna (North Shore)

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Mary Thomas Centre		
Town	Auckland Nth Shore City		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 09 368 1520 / 0800 664 262	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model	Public health model. Strengths based approach. Cognitive behaviour therapy.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Waitemata		
Categories	Generic Adult		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Support Groups, Whanau / Family Group		
Service Groupings	Gambling		

Problem Gambling Foundation - Wellsford

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	158 Rodney Street		
Town	Wellsford		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 0800 664 262	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Waitemata	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Individual Counselling	
Service Groupings	Gambling	

Problem Gambling Foundation - West Auckland, Henderson

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	11 Trading Pl		
Town	Auckland West		
Contact Hours	8.00 pm - 10.00 pm		
Phone	Main: 09 368 1520 / 0800 664 262	Admission:	Fax: 09 369 0690
Not Catered For			

SERVICE INFORMATION

Model	Public health model. Strengths based approach. Cognitive behaviour therapy.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Waitemata		
Categories	Generic Adult		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Individual Counselling, Support Groups, Whanau / Family Group		
Service Groupings	Gambling		

Salvation Army Bridge Programme - Waitakere

Service Description Providing community based residential and outpatient alcohol and other drug treatment programmes.
Payment options: outpatient - free; residential - client can pay privately or payment can be taken from sickness benefit.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+		
Email	wkbridge@xtra.co.nz		
Website	www.sab.org.nz		
Address	17 James Laurie Street		
Town	Auckland West		
Contact Hours	9.00am - 5.00pm Mon - Fri		
Phone	Main: 09 835 4069	Admission: As Above	Fax: 09 835 4690
Not Catered For	Youth under 20 years.		

SERVICE INFORMATION

Model	Community reinforcement approach.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Northland, Waitemata	
Categories	Family/Whanau/Significant Other, Generic Adult, Other	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Research, Residential (Intensive)	
Service Groupings	Alcohol and Other Drug, Gambling	

Salvation Army Oasis - Glen Eden

Service Description Counselling service for problem gambling

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	No	No
Age	All		
Email			
Website			
Address	275 Glengarry Rd		
Town	Auckland West		
Contact Hours	9.00am - 5.00pm, Mon-Fri		
Phone	Main: 09 846 0660	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Waitemata	
Categories	Generic Adult, Generic Youth	
Referral Methods	Self	
Service Types	Assessment, Individual Counselling	
Service Groupings	Gambling	

Salvation Army Oasis - Henderson

Service Description Counselling service for problem gambling.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All age groups.		
Email	information@oasisauck.org.nz		
Website	www.oasiscentre.org.nz		
Address	7 View Rd		
Town	Auckland West		
Contact Hours	9:00am-5:00pm Mon-Fri		
Phone	Main: 09 846 0660	Admission:	Fax: 09 846 0440
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Waitemata	
Categories	Generic Adult	
Referral Methods	Self	
Service Types	Assessment, Individual Counselling	
Service Groupings	Gambling	

Salvation Army Oasis - North Shore

Service Description Counselling service for problem gambling.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	information@oasisauck.org.nz		
Website	www.oasiscentre.org.nz		
Address	2 Norman King Sq		
Town	Auckland Nth Shore City		
Contact Hours	9:00am-5:00pm Mon-Fri		
Phone	Main: 09 846 0660	Admission:	Fax: 09 846 0440
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Waitemata	
Categories	Generic Adult	
Referral Methods	Self	
Service Types	Assessment, Individual Counselling	
Service Groupings	Gambling	

Waipareira Hauora

Service Description Mental health and addictions. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	17+		
Email	tekopa.kingi@wai-trust.co.nz		
Website	www.waipareira.com		
Address	13-15 Ratanui Street		
Town	Auckland West		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 09 839 0288	Admission: 09 839 0288	Fax: 09 839 0844 ext 734
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Auckland, Waitemata	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
Referral Methods	GP, Other Agency	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Individual Counselling, Public Health, Residential (Intensive), Screening (Brief Intervention), Social Detox (Residential), Support Groups, Supported Accommodation, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Auckland DHB

Auckland City Mission - Social Detoxification Service

Service Description Non-medical 10-bed residential detoxification service. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	No	Yes
Age	18+		
Email	detox@aucklandcitymission.org.nz		
Website	www.aucklandcitymission.org.nz		
Address	203 Federal Street		
Town	Auckland Central		
Contact Hours	24 hours		
Phone	Main: 09 303 3016	Admission: 09 303 3016	Fax: 09 303 9304
Not Catered For	Detoxification from opiates, benzodiazepines and sedative hypnotics.		

SERVICE INFORMATION

Model Supportive care, free GP, social work interventions, behaviour modification.

	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No

Accepts Referrals From DHBs Auckland, Counties-Manukau, Waitemata

Categories Generic Adult

Referral Methods Self, GP, Assessment Agency, Other Agency, Helpline

Service Types Advocacy/Peer Support, Assessment, Groups, Screening (Brief Intervention), Self-help groups, Social Detox (Residential), Support Groups

Service Groupings Alcohol and Other Drug

Auckland Methadone Service (Pitman House)

Service Description Opioid substitution programme. Methadone Service Pharmacy hours are: Weekdays 10am - 1pm, Weekends and public holidays 9am - 12pm. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	www.cads.org.nz		
Website	www.cads.org.nz		
Address	50 Carrington Road		
Town	Auckland Central		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 09 845 1818	Admission:	Fax: 09 815 5850
Not Catered For	Non Opiate Users		

SERVICE INFORMATION

Model	Opioid substitution, harm reduction, bio/psych/social, Cognitive Behavioural Therapy, Relapse prevention.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Opioid Substitution Treatment, Support Groups	
Service Groupings	Alcohol and Other Drug	

Community Alcohol and Drug Service - Auckland Mt Eden

Service Description Community-based intensive outpatient group programme, with an emphasis on 12-step recovery. Encourages family/whanau/fono involvement.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website	www.cads.org.nz		
Address	111 Valley Road		
Town	Auckland		
Contact Hours	9.00am - 4.30pm		
Phone	Main: 09 845 1818	Admission: 09 638 9931	Fax: 09 845 1888
Not Catered For	As assessed individually		

SERVICE INFORMATION

Model	Harm Reduction, Brief Interventions & Motivational Strategies.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Community Alcohol and Drug Service - Altered High Youth Service Auckland

Service Description Specialist mobile tertiary service for youth covering the whole of the greater Auckland area. Includes same sex attraction counsellor.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13 - 20 years		
Email	alteredhigh@xtra.co.nz		
Website	www.cads.org.nz		
Address	409 New North Road		
Town	Auckland		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 09 845 1893	Admission: 09 845 1818	Fax: 09 845 1595
Not Catered For	Under 13 years, over 20 years		

SERVICE INFORMATION

Model	Client centred, harm reduction, brief intervention, motivational interviewing, resiliency.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata	
Categories	Family/Whanau/Significant Other, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Community Alcohol and Drug Service - Auckland

Service Description Free alcohol and drug services for people in the Auckland Region.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13+		
Email	via website		
Website	www.cads.org.nz		
Address	Auckland Region		
Town	Auckland		
Contact Hours	8.30 am - 5.00 pm, Monday - Friday		
Phone	Main: 09 845 1818	Admission: 09 845 1818	Fax: 09 845 1888
Not Catered For	Children under 13 years.		

SERVICE INFORMATION

Model	Brief intervention, harm reduction, 1:1 counselling.
	Mental Health Alcohol and Other Drug
Accreditation	Yes Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata
Categories	Asian, Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other, Pacific
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline
Service Types	Assessment, Community Detox (Home), Day Programme, Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Other, Research, Screening (Brief Intervention), Social Detox (Residential), Support Groups, Training, Whanau / Family Group
Service Groupings	Alcohol and Other Drug

Community Alcohol and Drug Service - Auckland Central

Service Description Community based alcohol and other drug service.
Walk-in clinic hours 10am - 1pm. No appointment necessary.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website	www.cads.org.nz		
Address	409 New North Road		
Town	Auckland Central		
Contact Hours	8.30 - 5.00pm		
Phone	Main: 09 845 1818	Admission:	Fax: 09 845 1845
Not Catered For			

SERVICE INFORMATION

Model	Harm Reduction, client centred counselling, family inclusive practice, motivational interviewing and brief intervention.		
	Mental Health	Alcohol and Other Drug	
Accreditation	Yes	Yes	
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata		
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group		
Service Groupings	Alcohol and Other Drug, Gambling		

Community Alcohol and Drug Service - Auckland Lesbian and Gay Counselling Service

Service Description Designated gay male and female counsellors and a youth same sex attraction counsellor.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	14-20 years, 20 & over		
Email			
Website	www.cads.org.nz		
Address	409 New North Road		
Town	Auckland		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 09 845 1818	Admission:	Fax: 09 837 9494
Not Catered For	Those requiring more than overnight accommodation, medical/ nursing care, some psychological conditions.		

SERVICE INFORMATION

Model	Harm Reduction, client centred counselling, family inclusive practice, motivational interviewing and brief intervention.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata	
Categories	Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Community Alcohol and Drug Service - Auckland Medical Detoxification Services

Service Description Community and inpatient services to assist people who have a dependency on alcohol and/or other drugs who want to stop or reduce their use. Walk in clinic 10am - 1pm Mon to Fri. No appointment necessary.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website	www.cads.org.nz		
Address	50 Carrington Road		
Town	Auckland		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 09 845 1818	Admission:	Fax: 09 815 5848
Not Catered For			

SERVICE INFORMATION

Model	Bio/Pyscho/Social.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Community Detox (Home), Medical Detox (Inpatient)	
Service Groupings	Alcohol and Other Drug	

Piritahi Hau Ora

Service Description Alcohol and other drug services. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	piritahihauora@xtra.co.nz		
Website			
Address	Tahatai Street		
Town	Waiheke Island		
Contact Hours	8:30am - 4:30pm		
Phone	Main: 09 372 0022	Admission: 09 372 0022	Fax: 09 372 8814
Not Catered For	Acute intoxication or seeking overnight accommodation.		

SERVICE INFORMATION

Model	Client centred, holistic, Te Whare Tapa Wha.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Pregnancy & Parental Service

Service Description Service for pregnant women and/or parents with children under three who have alcohol and drug issues and are poorly connected to health and social services.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	any		
Email			
Website	www.cads.org.nz		
Address	50 Carrington Road		
Town	Auckland Central		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 09 845 1818	Admission: 09 845 1818	Fax: 09 845 1888
Not Catered For	Women who are not pregnant and/or parents of a child under 3 years of age.		

SERVICE INFORMATION

Model	Strengths-based, biopsychosocial, harm reduction, assertive outreach.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Support Groups	
Service Groupings	Alcohol and Other Drug, Gambling	

Salvation Army Bridge Programme - Manukau

Service Description Providing residential and outpatient alcohol and other drug treatment programmes.
Payment options: outpatient - free; residential - client can pay privately or payment can be taken from sickness benefit. Has Pacific Island worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	Yes
Age	20+		
Email	mkbridge@xtra.co.nz		
Website	www.sab.org.nz		
Address	16B Bakerfield Place		
Town	Auckland		
Contact Hours	9.00am - 5.00pm Mon-Fri		
Phone	Main: 09 261 0887	Admission: As Above	Fax: 09 263 9325
Not Catered For	Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

SERVICE INFORMATION

Model	Community reinforcement approach.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Lakes, Tairāwhiti	
Categories	Family/Whānau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Research, Residential (Intensive), Self-help groups	
Service Groupings	Alcohol and Other Drug, Gambling	

Salvation Army Bridge Programme - Mt Eden

Service Description Alcohol and drug treatment programmes providing residential and out patient programmes. Accepts clients under the Alcohol & Drug Addiction Act 1966. Bridge receives clients nationwide. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+		
Email	akbridge@xtra.co.nz		
Website	www.sab.org.nz		
Address	PO Box 56-442		
Town	Auckland		
Contact Hours	24 hours Mon - Fri		
Phone	Main: 09 630 1491	Admission: 09 630 1491	Fax: 09 630 8395
Not Catered For	Clients are considered on a case by case basis. Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

SERVICE INFORMATION

Model	Community reinforcement approach, client centred, 12 steps	
Accreditation	Mental Health Yes	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Lakes, Mid Central, Northland, Tairāwhiti, Taranaki, Waikato, Waitemata, Whanganui	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Opioid Substitution Treatment, Research, Residential (Intensive), Self-help groups, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Salvation Army Oasis - Mt Albert

Service Description Counselling service for problem gambling.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All age groups		
Email	information@oasisauckland.org.nz		
Website	www.oasiscentre.org.nz		
Address	726 New North Rd		
Town	Auckland		
Contact Hours	9:00am-5:00pm Mon-Fri		
Phone	Main: 09 846 0660	Admission:	Fax: 09 846 8440
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Auckland	
Categories	Generic Adult	
Referral Methods	Self	
Service Types	Assessment, Individual Counselling	
Service Groupings	Gambling	

Te Atea Marino - CADS Auckland

Service Description A regional alcohol and drug service providing a range of interventions and activities to support tangata whaiora, whanau and communities, addresses problems that relate to alcohol and drug use. Referrals are directed to Te Atea Marino or through any one of the CADS units and regional services. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13-65+		
Email	www.cads.org.nz		
Website	www.cads.org.nz		
Address	various addresses		
Town	Auckland Central		
Contact Hours	8.30 am- 5.00pm		
Phone	Main: 0800 627 466	Admission:	Fax: 092632035
Not Catered For	Referrals assessed on case by case basis.		

SERVICE INFORMATION

Model	Powhiri Poutama, Te Whare Tapa Wha, Brief Intervention and Motivational interviewing.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata	
Categories	Family/Whanau/Significant Other, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Day Programme, Groups, Individual Counselling, Other, Research, Self-help groups, Social Detox (Residential), Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Tranx Drug & Alcohol Services Incorporated

Service Description Counselling services, benzodiazepine, detox, addiction service. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	tranx@tranx.org.nz		
Website	www.tranx.org.nz		
Address	203 Karangahape Road		
Town	Auckland Central		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 09 356 7305	Admission:	Fax: 09 356 7315
Not Catered For	Requiring accommodation		

SERVICE INFORMATION

Model	Client-centred, empowerment, motivational interviewing.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	Yes	
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Northland, Waitemata		
Categories	Generic Adult		
Referral Methods	Self, GP, Other Agency		
Service Types	Assessment, Community Detox (Home), Individual Counselling, Training		
Service Groupings	Alcohol and Other Drug		

TUPU Pacific Mental Health Alcohol and Drug Service

Service Description Regional Pacific Alcohol and Drug Services Counselling for Pacific Peoples. Clinics available Auckland wide, home visits may be arranged. Has Pacific Island worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13+		
Email			
Website	www.cads.org.nz		
Address	409 New North Rd		
Town	Auckland Central		
Contact Hours	8.30am - 5pm		
Phone	Main: 09 845 1810	Admission:	Fax: 09 845 1840
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata	
Categories	Generic Adult, Generic Youth, Pacific	
Referral Methods	Self	
Service Types	Advocacy/Peer Support, Assessment, Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Policy (Sector Wide), Public Health, Social Detox (Residential), Supported Accommodation, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Wings Trust 1986 Inc.

Service Description Supportive accommodation for recovering alcoholics and drug addicts.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	Yes	No
Age	Adults		
Email	manager@wingstrust.co.nz		
Website	www.wingstrust.co.nz		
Address	43 Walters Road		
Town	Auckland Central		
Contact Hours	9:00am - 4:30pm		
Phone	Main: 09 815 1631	Admission:	Fax: 09 815 7237
Not Catered For	Requiring overnight accommodation, medical/nursing care, brain damage, intellectual handicap, prison referral, intoxication, some psych conditions		

SERVICE INFORMATION

Model	Abstinence, life/social skills, individual behavioural counselling, 12 step programme, holistic		
	Mental Health	Alcohol and Other Drug	
Accreditation	Yes	No	
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Northland, Waitemata		
Categories	Generic Adult		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Advocacy/Peer Support, Aftercare, Groups, Individual Counselling, Support Groups, Supported Accommodation		
Service Groupings	Alcohol and Other Drug		

Counties-Manukau DHB

Care NZ - Auckland

Service Description Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families."

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18 years and above		
Email	auckland@carenz.co.nz		
Website	www.carenz.co.nz		
Address	32 Station Road		
Town	Auckland East		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 09 276 7193	Admission:	Fax: 09 276 2063
Not Catered For	Clients with severe mental disorders, people on a methadone programme, those under 18 years old.		

SERVICE INFORMATION

Model	Eclectic	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Support Groups	
Service Groupings	Alcohol and Other Drug	

Community Alcohol and Drug Service - Auckland Asian Counselling Service

Service Description Community-based alcohol and other drug service. Website has information in Korean and Chinese.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website	www.cads.org.nz		
Address	15-19 Clifton Court		
Town	Auckland East		
Contact Hours	8.30 - 5.00pm		
Phone	Main: 09 845 1818	Admission:	Fax: 09 570 3751
Not Catered For	Non - asian clients		

SERVICE INFORMATION

Model	Harm reduction, brief intervention, motivational strategies, family inclusive practice.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata	
Categories	Asian, Family/Whanau/Significant Other	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Community Alcohol and Drug Service - Auckland Dual Diagnosis

Service Description Clients referred via mental health services.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website	www.cads.org.nz		
Address	50 Carrington Road		
Town	Auckland East		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 09 845 1818	Admission:	Fax: 09 845 7549
Not Catered For	Client without Axis 1 - only clients referred through mental health taken		

SERVICE INFORMATION

Model	Harm Reduction, client centred counselling, motivational interviewing and family inclusive practice.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata	
Categories	Generic Adult	
Referral Methods	Other Agency	
Service Types	Aftercare, Individual Counselling	
Service Groupings	Alcohol and Other Drug	

Community Alcohol and Drug Service - Auckland South

Service Description Community based alcohol and other drug service.
Walk-in clinic hours 10am - 1pm. No appointment necessary.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13+		
Email			
Website	www.cads.org.nz		
Address	Bldg 4, 17 Lambie Drive		
Town	Auckland South		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 09 845 1818	Admission: 09 263 2000	Fax: 09 263 2011
Not Catered For	Children younger than 13 years.		

SERVICE INFORMATION

Model	Harm Reduction, client centred counselling, family inclusive practice, motivational interviewing and brief intervention.		
	Mental Health	Alcohol and Other Drug	
Accreditation	Yes	Yes	
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waitemata		
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group		
Service Groupings	Alcohol and Other Drug, Gambling		

Problem Gambling Foundation - East Auckland Pakuranga

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Pakuranga Counselling Centre		
Town	Auckland East		
Contact Hours	8.00am - 10.00pm		
Phone	Main: 0800 664 262	Admission: 09 368 1520	Fax:
Not Catered For			

SERVICE INFORMATION

Model	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Auckland, Counties-Manukau		
Categories	Generic Adult		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Individual Counselling		
Service Groupings	Gambling		

Problem Gambling Foundation - East Auckland, Glen Innes

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	100 Line Road		
Town	Auckland East		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 09 368 1520 / 0800 664 262	Admission:	Fax: 09 369 0690
Not Catered For			

SERVICE INFORMATION

Model	Public health model. Strengths based approach. Cognitive behaviour therapy.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Auckland, Counties-Manukau		
Categories	Generic Adult		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Individual Counselling		
Service Groupings	Gambling		

Problem Gambling Foundation - Papakura

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Elizabeth Campbell Centre		
Town	Auckland South		
Contact Hours	8.00 am - 10. 00 pm		
Phone	Main: 0800 664 262	Admission: 09 368 1520	Fax:
Not Catered For			

SERVICE INFORMATION

Model	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Counties-Manukau		
Categories	Generic Adult		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Individual Counselling		
Service Groupings	Gambling		

Problem Gambling Foundation - South Auckland Mangere

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Peoples Centre		
Town	Auckland South		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 0800 664 262	Admission: 09 368 1520	Fax:
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Counties-Manukau	
Categories	Generic Adult	
Referral Methods	Self	
Service Types	Aftercare, Assessment, Individual Counselling	
Service Groupings	Gambling	

Problem Gambling Foundation - South Auckland, Manukau

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		

Email

Website

Address 18 Wiri Station Rd

Town Auckland South

Contact Hours M - Thu 1 - 6pm SAT 9 - 12

Phone **Main:** 09 262 3586 **Admission:** **Fax:**

Not Catered For

SERVICE INFORMATION

Model Public health model. Strengths based approach. Cognitive behaviour therapy.

	Mental Health	Alcohol and Other Drug
Accreditation	No	No

Accepts Referrals From DHBs Counties-Manukau

Categories Generic Adult

Referral Methods Self, GP, Assessment Agency, Other Agency

Service Types Aftercare, Assessment, Individual Counselling

Service Groupings Gambling

Raukura Hauora O Tainui Alcohol and Other Drug and Mental Health Service

Service Description Kaupapa Maori AOD service
Also provides prison assessments, support and advocacy service for family/whanau.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	enquiries@raukura.com		
Website			
Address	47 Druces Rd		
Town	Auckland South		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 09 263 8040	Admission: 09 263 8040	Fax: 09 263 6631
Not Catered For	-		

SERVICE INFORMATION

Model	Te Toi O Matariki, Te Whare Tapa Wha	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Auckland, Counties-Manukau	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Pacific	
Referral Methods	Self, GP, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Other, Policy (Sector Wide), Public Health, Research, Residential (Intensive), Screening (Brief Intervention), Self-help groups, Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Salvation Army Oasis - Manukau

Service Description Counselling service for problem gambling.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All age groups		
Email	information@oasisauck.org.nz		
Website	www.oasiscentre.org.nz		
Address	16 Bakerfield Pl		
Town	Auckland South		
Contact Hours	9:00am-5:00pm Mon-Fri		
Phone	Main: 09 846 0660	Admission:	Fax: 09 846 0660
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Counties-Manukau	
Categories	Generic Adult, Other	
Referral Methods	Self	
Service Types	Assessment, Individual Counselling	
Service Groupings	Gambling	

Salvation Army Oasis - Otahuhu

Service Description Counselling service for problem gambling.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All age groups		
Email	information@oasisauck.org.nz		
Website	www.oasiscentre.org.nz		
Address	99 Church St		
Town	Auckland South		
Contact Hours	9:00am-5:00pm Mon-Fri		
Phone	Main: 09 846 0660	Admission:	Fax: 09 846 0440
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Counties-Manukau	
Categories	Generic Adult	
Referral Methods	Self	
Service Types	Assessment, Individual Counselling	
Service Groupings	Gambling	

Te Ara Hou Alcohol and Drug Residential Service

Service Description Residential service available to men only, 18 years and older. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	No	No
Age	18+		
Email	enquiries@rauakura.com		
Website			
Address	8 Lucas Place		
Town	Auckland South		
Contact Hours	8:30am - 5:00pm Mon to Fri		
Phone	Main: 09 263 8040	Admission: 09 263 8040	Fax: 09 263 6631
Not Catered For	Women.		

SERVICE INFORMATION

Model	Kaupapa Maori, Te Toi O Matariki	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Counties-Manukau	
Categories	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Advocacy/Peer Support, Assessment, Groups, Individual Counselling, Residential (Intensive), Support Groups, Supported Accommodation	
Service Groupings	Alcohol and Other Drug	

Te Oho Ake Alcohol and Drug Youth Service

Service Description Available to male and female under 20 years of age not attending school, alternative education, training or work. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	to 20 years of age		
Email	enquiries@rauakura.com		
Website			
Address	47 Druces Road		
Town	Auckland South		
Contact Hours	8.30 am - 5.00 pm, Mon - Fri		
Phone	Main: (09) 263 8040	Admission: (09) 263 8040	Fax: (09) 263 6631
Not Catered For	Those attending school, alternative education, training or work		

SERVICE INFORMATION

Model	Kaupapa Maori, Te Toi O Matariki	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Counties-Manukau	
Categories	Family/Whanau/Significant Other, Generic Youth, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Groups, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Te Piringa Gambling Service

Service Description Open to all ages and genders

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages and genders		
Email	enquiries@rauakura.com		
Website			
Address	47 Druces Road		
Town	Auckland South		
Contact Hours	8:30am - 5:00pm Mon to Fri		
Phone	Main: 09 263 8040	Admission: 09 263 8040	Fax: 09 263 6631 /
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Counties-Manukau	
Categories	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Support Groups, Whanau / Family Group	
Service Groupings	Gambling	

Waikato DHB

Alcohol and Drug Community Support Trust Hamilton

Service Description Supportive accommodation.
Certification under health and disability, mental health and addiction.
DHB Funded.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	Yes	No
Age	18+		
Email	manningstreet@xtra.co.nz		
Website			
Address	28 Manning Street / PO Box 9136		
Town	Hamilton		
Contact Hours	9:00am - 2:00pm		
Phone	Main: 07 834 2428	Admission:	Fax: 07 834 2328
Not Catered For			

SERVICE INFORMATION

Model	Post residential re-integration and transitional accommodation.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Bay of Plenty, Waikato	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Groups, Individual Counselling, Supported Accommodation, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Cambridge Community House (Cambridge Community Agencies Network Trust)

Service Description We are a community service providing assessment and therapy for people at risk from or dependant on alcohol and other drugs, and support for families and significant others.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Adult		
Email	office@camcomhouse.org.nz		
Website			
Address	193 Shakespeare Street		
Town	Cambridge		
Contact Hours	9:00am - 4:00pm		
Phone	Main: 07 827 5402	Admission:	Fax: 07 827 5402
Not Catered For	Children / people on a methadone programme		

SERVICE INFORMATION

Model	Eclectic models, motivational interviewing, client-centred	
Accreditation	Mental Health No	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Waikato	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Care NZ - Hamilton

Service Description Alcohol and other drug service. Clinics also run from Matamata, Putaruru, Tokoroa.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	waikato@carenz.co.nz		
Website	www.carenz.co.nz		
Address	298 Tristram Street		
Town	Hamilton		
Contact Hours	8.30am - 5.00pm Mon to Fri		
Phone	Main: 0800 499 469	Admission:	Fax: 07 839 6150
Not Catered For	Clients with severe mental disorders, people on a methadone programme or under 18 years old.		

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Waikato	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Care NZ - Matamata

Service Description Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families. Bookings through Care NZ Hamilton.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	waikato@carenz.co.nz		
Website	www.carenz.co.nz		
Address	41A Hetana Street		
Town	Matamata		
Contact Hours	8.30am - 5.00pm Mon to Fri		
Phone	Main: 0800 499 469	Admission:	Fax: 07 839 6150
Not Catered For	Clients with severe mental disorders, people on a methadone programme, under 18 years old.		

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Waikato	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Day Programme, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Care NZ - Putaruru

Service Description Alcohol and other drugs service. Bookings through Care NZ Hamilton.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	waikato@carenz.co.nz		
Website	www.carenz.co.nz		
Address	Overdale Community Centre		
Town	Putaruru		
Contact Hours	8.30am 4.30pm		
Phone	Main: 0800 499 469	Admission:	Fax: 07 839 6150
Not Catered For	Clients with severe mental disorders, people on a methadone programme, under 18 years old.		

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Waikato	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, Assessment Agency	
Service Types	Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Care NZ - Tokoroa

Service Description Alcohol and drug service. Bookings through Care NZ Hamilton. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	hamilton@carenz.co.nz		
Website	www.carenz.co.nz		
Address	Tulloch House		
Town	Tokoroa		
Contact Hours	8.30am - 5.00pm Mon to Fri		
Phone	Main: 07 839 0389	Admission:	Fax: 07 839 6150
Not Catered For	Clients with severe mental disorders, people on a methadone programme, under 18 years old.		

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Waikato	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Community Alcohol and Drug Service - Hamilton

Service Description A community alcohol and drug service seeing clients with moderate to severe substance use disorders for assessment. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18 years plus		
Email			
Website			
Address	193 London St		
Town	Hamilton		
Contact Hours	8.30am- 4.30pm		
Phone	Main: 07 839 4352	Admission:	Fax: 07 838 3176
Not Catered For	People under 18 years.		

SERVICE INFORMATION

Model	Harm reduction / Abstinence	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Waikato	
Categories	Generic Adult	
Referral Methods	Self, GP, Other Agency	
Service Types	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Community Alcohol and Drug Service - Thames

Service Description A community alcohol and drug service providing assessment, counselling and a methadone programme. For people concerned about their own or someone else's alcohol and drug use. Male, female, non-Maori and Maori counsellors available.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	No	No
Age	Adult 17+		
Email			
Website			
Address	Manaaki Centre		
Town	Thames		
Contact Hours	8.30 am - 5.00 pm, Mon-Fri		
Phone	Main: (07) 868 9550	Admission:	Fax: 07 868 9206
Not Catered For			

SERVICE INFORMATION

Model	Motivational interviewing; Relapse prevention; Systematic model; Task Centred counselling.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Waikato	
Categories	Generic Adult	
Referral Methods	Self, GP, Other Agency	
Service Types	Assessment, Individual Counselling, Opioid Substitution Treatment, Public Health	
Service Groupings	Alcohol and Other Drug	

Hanmer Clinic - Hamilton

Service Description Community-based outpatient addiction treatment centre. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	hanmerhamilton@xtra.co.nz		
Website			
Address	73 Seddon Road		
Town	Hamilton		
Contact Hours	8:00am - 9:00pm Mon to Thurs 8:00am - 4:30pm Fri		
Phone	Main: 07 834 0949	Admission:	Fax: 07 834 0972
Not Catered For	Children younger than 18 years.		

SERVICE INFORMATION

Model	12 Step abstinence model.	
Accreditation	Mental Health No	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Waikato	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups	
Service Groupings	Alcohol and Other Drug	

Hauora Waikato

Service Description Gambling service open to all referrals.
Clinic also runs in South Auckland. Bookings through Hamilton service.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	marie.potae@hauoroawaikato.org.nz		
Website			
Address	517 Anglesea Street		
Town	Hamilton		
Contact Hours	8:30pm - 4:30pm Mon-Fri		
Phone	Main: 07 839 9916 / 0800 839 9916	Admission: 07 839 9916	Fax: 07 839 9917
Not Catered For			

SERVICE INFORMATION

Model	Ko wai au, Whakawhanaungatonga, Poutarua, Motivational Interviewing, Te Whare Tapu, Te Wheke, Family Systems Theories, Assessment/Intervention, Treatment of Whanau, Harakeke model, Whariki model.		
	Mental Health	Alcohol and Other Drug	
Accreditation	Yes	No	
Accepts Referrals From DHBs	Auckland, Counties-Manukau, Waikato		
Categories	Kaupapa Maori		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Individual Counselling, Research, Training		
Service Groupings	Gambling		

Mental Health and Addiction Services

Service Description Alcohol & drug service. Available three days a week by appointment. Service overseen by CADS Hamilton, bookings through CADS Hamilton. Maori and Pacific Island workers available from Hamilton.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Taumaranui Hospital		
Town	Taumarunui		
Contact Hours	8:30am - 5:00pm Mon to Fri		
Phone	Main: 07 896 0020	Admission:	Fax: 07 896 0040
Not Catered For	Must be alcohol and/or drug related.		

SERVICE INFORMATION

Model	Motivational interviewing, Cognitive Behavioural Therapy, Reinforcement Based Therapy		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	Yes	
Accepts Referrals From DHBs	Waikato		
Categories	Generic Adult		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Aftercare, Assessment, Individual Counselling, Opioid Substitution Treatment, Other, Social Detox (Residential)		
Service Groupings	Alcohol and Other Drug		

Pacific Peoples' Addiction Services Inc.

Service Description Pacific People's Addiction Services Inc (PPASI) is a service set up for all people living in the Hamilton area. We offer a holistic approach toward the health and total wellbeing of people from different ethnic groups through culturally appropriate psycho-educational sessions, and 1-1 counselling. We provide services for people with alcohol, other drugs and gambling problems.

Assessments provided, treatments and further referral if necessary. Parenting programmes (SKIP) offer to assist parents and Parent Through Separation programmes to assist those who are currently separated from their partners or thinking about separation. All services free, apart from providing Comprehensive Assessment and Reports requested by an individual or another agency.

PPASI is contracted by the Waikato DHB.
Has Pacific Island worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	Yes	Yes
Age	Outpatient treatment service for 18yrs and over		
Email	ppasi@xtra.co.nz		
Website	www.ppasi.co.nz		
Address	556 Angelesea Street		
Town	Hamilton		
Contact Hours	9.00am - 5.00pm		
Phone	Main: 07 834 2964	Admission:	Fax: 07 839 2495
Not Catered For	Mental illness		

SERVICE INFORMATION

Model	Bio/psycho/social, eclectic integrated, including specific cultural models.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Waikato	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Pacific, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Individual Counselling, Public Health, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Problem Gambling Foundation - Hamilton

Service Description Counselling, treatment provision, health promotion, education.
Hamilton also has clinics in Waikeria Prison, Raglan, Huntly, Te Kauwhata, Tokoroa and Morrinsville.

Clinics also available in Ngaruawahia

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	pgf@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	71 London St		
Town	Hamilton		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 07 834 0014 / 0800 664 262	Admission:	Fax: 07 834 0053
Not Catered For			

SERVICE INFORMATION

Model	Public health model. Strengths based approach. Cognitive behaviour therapy.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Waikato		
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Other		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Support Groups, Training, Whanau / Family Group		
Service Groupings	Gambling		

Problem Gambling Foundation - Thames

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.
Also Paeroa, Waihi, Whangamata, Coromandel, Whitianga.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	403 Mackay St		
Town	Thames		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 07 868 9030/ 0800 664 262	Admission:	Fax: 07 868 9083
Not Catered For			

SERVICE INFORMATION

Model	Public health model. Strengths based approach. Cognitive behaviour therapy.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Waikato	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Aftercare, Assessment, Individual Counselling	
Service Groupings	Gambling	

Raukawa Trust Board

Service Description Alcohol and other drug residential and counselling service for males. 8 weekend residential programme. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages (Male)		
Email	faith.winikerei@raukawa.org.nz		
Website	www.raukawa.org.nz		
Address	26 - 32 Campbell Street		
Town	Tokoroa		
Contact Hours	8am - 5pm, Mon-Fri		
Phone	Main: 07 885 0260	Admission: 07 885 0260	Fax: 07 885 0261
Not Catered For	Females.		

SERVICE INFORMATION

Model	Main therapeutic models - Drug and alcohol, addictions, violence prevention, Maori and other.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Waikato	
Categories	Generic Adult, Generic Youth, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Policy (Sector Wide), Public Health, Residential (Intensive), Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Rongo Atea

Service Description Kaupapa Maori AOD Youth Residential Treatment Services
10 week closed programme. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13 - 17 years		
Email	shelleyandrews@terunanga.org.nz		
Website			
Address	PO Box 19165		
Town	Hamilton		
Contact Hours	9.00am - 5.00pm		
Phone	Main: 07 856 6733	Admission:	Fax: 07 856 6734
Not Catered For	Sexual offenders, arson conviction.		

SERVICE INFORMATION

Model Abstinence based, Te Whare Tapa Wha, 12 Step, Cognitive behavioural, relapse prevention, Powhiri.

Mental Health **Alcohol and Other Drug**

Accreditation Yes Yes

Accepts Referrals From DHBs Waikato

Categories Generic Youth, Kaupapa Maori

Referral Methods Self, GP, Assessment Agency, Other Agency

Service Types Aftercare, Groups, Individual Counselling, Residential (Intensive), Self-help groups, Training

Service Groupings Alcohol and Other Drug

Salvation Army Bridge Programme - Midland

Service Description Residential Alcohol and Drug Treatment and Social Detox. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	Yes	Yes
Age	20 years +		
Email	waikatodetox@xtra.co.nz		
Website	www.sab.org.nz		
Address	43 Dalglish Avenue		
Town	Hamilton		
Contact Hours	8.00am - 5.00pm Mon -Fri		
Phone	Main: (07) 850 4315	Admission: (07) 850 4315	Fax: 07 850 4317
Not Catered For	History of extreme violence, arson , paedophilia. Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Bay of Plenty, Lakes, Tairāwhiti, Waikato	
Categories	Generic Adult	
Referral Methods	Assessment Agency, Other Agency	
Service Types	Aftercare, Groups, Individual Counselling, Residential (Intensive), Social Detox (Residential), Support Groups	
Service Groupings	Alcohol and Other Drug	

Salvation Army Bridge Programme - Waikato

Service Description Alcohol and Drug Service - Assessment, outpatient, day programme/intensive, aftercare, individual counselling, group work. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+ (Exception mature 18+)		
Email	waikatobridge@xtra.co.nz		
Website	www.sab.org.nz		
Address	25 Thackeray St		
Town	Hamilton		
Contact Hours	8.30am - 5pm Mon-Fri		
Phone	Main: 07 839 6871	Admission:	Fax: 07 839 6872
Not Catered For	Acute/unstable dual diagnosis. Convictions for paedophilia, extreme violence offences. Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

SERVICE INFORMATION

Model	Abstinence based recovery, group therapy, relapse prevention, social skills enhancement, 12 step facilitation, problem solving group therapy, individual counselling, significant other.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Waikato	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Community Detox (Home), Day Programme, Groups, Individual Counselling, Screening (Brief Intervention)	
Service Groupings	Alcohol and Other Drug	

Salvation Army Oasis - Hamilton

Service Description Outpatient, assessment, treatment and brief intervention

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	oasis.waikato@xtra.co.nz		
Website	www.oasiscentre.org.nz		
Address	2nd Floor Cecil House		
Town	Hamilton		
Contact Hours	8:30am-5:00pm Mon-Fri		
Phone	Main: 07 839 7053	Admission:	Fax: 07 839 4428
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Waikato	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Individual Counselling, Public Health, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Gambling	

Te Korowai Hauora O Hauraki

Service Description Maori Health Provider - adult and youth services. Early intervention AOD. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	16 years plus		
Email	korowai@korowai.co.nz		
Website			
Address	210 Richmond St		
Town	Thames		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 07 868 5375	Admission:	Fax: 07 868 5389
Not Catered For			

SERVICE INFORMATION

Model	Te Whare Tapa Wha	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Waikato	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other	
Referral Methods	Self, GP, Other Agency	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Opioid Substitution Treatment, Other, Research, Self-help groups, Social Detox (Residential), Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Te Naaru O Maniapoto Health Services

Service Description Provides community alcohol and drug counselling, child and youth mental health support, Koroua / Kuia Support / Dual diagnosis support Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Age open		
Email	te-ngara@xtra.co.nz		
Website			
Address	10 Ward St		
Town	Te Kuiti		
Contact Hours	9.00am - 5.00pm		
Phone	Main: 07 878 8885	Admission:	Fax: 07 878 8881
Not Catered For	Residential / Medical Detoxification		

SERVICE INFORMATION

Model	Powhiri poutama model	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Waikato	
Categories	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
Referral Methods	Self, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Research, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

The Health and Wellness Service - Waahi Whanui Trust

Service Description Providing AOD services, dual diagnosis, generic counselling, training and education in AOD. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	Yes	Yes
Age	18+		
Email			
Website	www.whanui.org.nz		
Address	Parry Street Complex		
Town	Huntly		
Contact Hours	8.30 am - 5.00 pm		
Phone	Main: 07 828 6986	Admission:	Fax: 07 828 6630
Not Catered For			

SERVICE INFORMATION

Model	Bio/psycho/social, integrated, specific cultural models, harm reduction	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Waikato	
Categories	Generic Adult, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Groups, Individual Counselling, Self-help groups, Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Whai Marama Youth Connex

Service Description Free and confidential service for youth aged 12 - 24 years. Advocacy, drug & alcohol counselling, general counselling, mental health assessments. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	12 - 24 years		
Email	info@whaimarama.co.nz		
Website	www.whaimarama.co.nz		
Address	54 Collingwood Street / PO Box 19463		
Town	Hamilton		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 07 838 2558 / 0800 6 YOUTH	Admission:	Fax: 07 838 2554
Not Catered For			

SERVICE INFORMATION

Model	Harm reduction, abstinence, Kaupapa Maori, motivational interviewing, relapse prevention	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Waikato	
Categories	Family/Whanau/Significant Other, Generic Youth, Kaupapa Maori	
Referral Methods	Self, Other Agency	
Service Types	Advocacy/Peer Support, Assessment, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Bay of Plenty DHB

Community Alcohol and Drug Service - Tauranga

Service Description Specialised alcohol and other drug service, providing education, advice and assessment, counselling and support, groups and referrals to residential programmes. Other specialty services include opioid treatment (methadone treatment), dual diagnosis work and access to detox.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18 +		
Email	marie.gardiner@bopdhb.govt.nz		
Website			
Address	Tauranga Hospital Grounds, Private Bag 12024,		
Town	Tauranga		
Contact Hours	8.30am-4.30pm		
Phone	Main: 07 579 8391	Admission:	Fax: 07 571 8095
Not Catered For			

SERVICE INFORMATION

Model	harm reduction philosophy	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No
Accepts Referrals From DHBs	Bay of Plenty	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention)	
Service Groupings	Alcohol and Other Drug	

Community Mental Health & Addiction Services - Whakatane

Service Description A community based alcohol and drug service providing assessment, counselling, residential detox, dual diagnosis, support and a methadone programme. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Commerce St Plaza		
Town	Whakatane		
Contact Hours	8:00am - 4:30pm		
Phone	Main: 07 306 0154 (intake)	Admission: Crisis 0800 774 545	Fax: 07 308 9675
Not Catered For	Specifically relationship or anger management.		

SERVICE INFORMATION

Model	Eclectic, abstinence, harm reduction, 12 step, relapse prevention	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Bay of Plenty	
Categories	Generic Adult, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Hanmer Clinic - Tauranga

Service Description Alcohol and drug outpatient treatment centre. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18 - 65 years		
Email	jenny@hanmerclinic.co.nz		
Website			
Address	1235 Cameron Road		
Town	Tauranga		
Contact Hours	8:00am - 5:00pm Mon to Fri		
Phone	Main: 07 579 6470	Admission:	Fax: 07 579 6471
Not Catered For	Youth		

SERVICE INFORMATION

Model	Motivational Interviewing, CBT, Whare Tapa Wha	
Accreditation	Mental Health No	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Bay of Plenty	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Nga Kakano Foundation

Service Description Kaupapa Maori Post Residential AoD Programme/AoD Counselling Support Services

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	16+		
Email	info@ngakakano.org.nz		
Website	www.ngakakano.org.nz		
Address	2 Dunlop Road		
Town	Te Puke		
Contact Hours	07 573 4846		
Phone	Main: 07 573 4846	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Bay of Plenty	
Categories	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
Referral Methods	Assessment Agency	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Ngati Kahu Hauora

Service Description Alcohol and Drug Service. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	a&d@nrtga.co.nz		
Website	www.ngatikahuauora.co.nz		
Address	69 Carmichael Road		
Town	Tauranga		
Contact Hours	8.00 am - 4.00 pm		
Phone	Main: (07) 576 0160	Admission:	Fax: 07 576 0163
Not Catered For			

SERVICE INFORMATION

Model	Kaupapa Maori	
Accreditation	Mental Health No	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Bay of Plenty	
Categories	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Individual Counselling, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

PoupouaTrust

Service Description Kaupapa Maori drug and alcohol service.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	15 - 30+		
Email	info@poupoua.org.nz		
Website			
Address	19 Jellicoe Street		
Town	Te Puke		
Contact Hours	9:00am - 5:00pm Mon to Fri		
Phone	Main: 07 573 0138	Admission:	Fax: 07 573 4208
Not Catered For			

SERVICE INFORMATION

Model	The model of well being from a Maori perspective - Taha tinana, wairua, Hinengaro, whanau		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Bay of Plenty		
Categories	Generic Youth, Kaupapa Maori		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Advocacy/Peer Support, Assessment, Individual Counselling, Support Groups		
Service Groupings	Alcohol and Other Drug		

Problem Gambling Foundation - Kati Kati

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

Bookings via Tauranga PGF.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Community Resource Centre		
Town	Katikati		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 07 571 6117 / 0800 661 262	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model	Public Health model. Strengths based model. Cognitive behaviour therapy.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Bay of Plenty		
Categories	Generic Adult		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Individual Counselling, Whanau / Family Group		
Service Groupings	Gambling		

Problem Gambling Foundation - Papamoa

Service Description Bookings via Tauranga PGF. Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Papamoa Community Support Trust		
Town	Tauranga		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 07 571 6117 / 0800 664 262	Admission:	Fax: 07 571 6118
Not Catered For			

SERVICE INFORMATION

Model	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Bay of Plenty		
Categories	Generic Adult		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Individual Counselling, Whanau / Family Group		
Service Groupings	Gambling		

Problem Gambling Foundation - Tauranga

Service Description Counselling, treatment provision, health promotion, education.
Also has clinics in Papamoa, Katikati, Te Puke, Thames.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	17th Ave		
Town	Tauranga		
Contact Hours	8.00am - 10.00 pm		
Phone	Main: 06 571 6117 / 0800 664 262	Admission:	Fax: 06 571 6118
Not Catered For			

SERVICE INFORMATION

Model	Public health model. Strengths based approach. Cognitive based behaviour.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Bay of Plenty		
Categories	Family/Whanau/Significant Other, Generic Adult, Other		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Training, Whanau / Family Group		
Service Groupings	Gambling		

Problem Gambling Foundation - Te Puke

Service Description Bookings via Tauranga PGF. Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	100 Jellicoe St		
Town	Tauranga		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 07 571 6117 / 0800 664 262	Admission:	Fax: 07 571 6118
Not Catered For			

SERVICE INFORMATION

Model	Public Health model. Strengths based approach. Cognitive Behaviour Therapy.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Bay of Plenty	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Aftercare, Assessment, Individual Counselling, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Whakatane

Service Description Bookings via Tauranga PDF. Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	34 Stewart St		
Town	Whakatane		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 07 571 6117 / 0800 664 262	Admission:	Fax: 07 571 6118
Not Catered For			

SERVICE INFORMATION

Model	Public Health model. Strengths based approach. Cognitive behaviour therapy.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Bay of Plenty	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Aftercare, Assessment, Individual Counselling, Whanau / Family Group	
Service Groupings	Gambling	

Salvation Army Bridge Programme - Tauranga

Service Description Alcohol and other drug services.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18 - 65 years old		
Email	bridge.tauranga@xtra.co.nz		
Website	www.sab.org.nz		
Address	375 Cameron Road		
Town	Tauranga		
Contact Hours	8:00am - 4:30 pm Mon to Fri		
Phone	Main: 07 578 4264 extn 721	Admission:	Fax: 07 578 4536
Not Catered For	Non-dependent (AOD). Under 18 years old, arsonists, sexual offences.		

SERVICE INFORMATION

Model	Therapeutic	
Accreditation	Mental Health No	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Bay of Plenty	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention)	
Service Groupings	Alcohol and Other Drug	

Salvation Army Oasis - Tauranga

Service Description Outpatient, counselling and brief intervention.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	bridge.tauranga@extra.co.nz		
Website	www.oasiscentre.org.nz		
Address	375 Cameron Road		
Town	Tauranga		
Contact Hours	8:30am - 5.00pm Mon to Fri		
Phone	Main: 07 578 4264 extn 721	Admission: 07 578 4264 extn 721	Fax: 07 578 4536
Not Catered For			

SERVICE INFORMATION

Model	Therapeutic approach.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Bay of Plenty	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Individual Counselling, Public Health, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Gambling	

Te Manu Toroa Adolescent Drug and Alcohol Counselling Services

Service Description A free and confidential service working with adolescents. Assessment, intervention, counselling and education on substance-abuse and related issues.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	adolescent/early adulthood		
Email	s.crane@temanutoroa.org.nz		
Website	www.temanutoroa.org.nz		
Address	15 Garden Place		
Town	Tauranga		
Contact Hours	8am - 4.30pm		
Phone	Main: 07 577 4911 or 027 234 2494	Admission:	Fax: 07 577 4919
Not Catered For	non-drug and alcohol		

SERVICE INFORMATION

Model	Te Whare Tapa Wha, C.B.T., Motivational Interviewing, Narrative Therapy	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Bay of Plenty	
Categories	Generic Youth, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Groups, Individual Counselling, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Te Tohu O Te Ora O Ngati Awa. Ngati Awa Social & Health Services

Service Description Kaupapa Maori AOD Mental Health Services

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Any		
Email	bernadine.bryant@nash.org.nz & sharon.honatan@nash.org.nz		
Website	www.nash.org.nz		
Address	36 Thornton Road		
Town	Whakatane		
Contact Hours	7.00am - 5.00pm		
Phone	Main: (07) 397 9330	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model	Kaupapa Maori / Therapeutic	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Bay of Plenty	
Categories	Generic Adult, Generic Youth, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Taranaki DHB

Alcohol and Drug Service - Hawera

Service Description Alcohol, drug and gambling service. Appointments made through New Plymouth clinic.
Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	alcohol.drug@tdhb.org.nz		
Website			
Address	Hawera Hospital		
Town	Hawera		
Contact Hours	8am - 4.30pm Mon/Thurs		
Phone	Main: 06 278 7109	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model	Transactional Analysis, Psychotherapy, Action methods, Motivational Interviewing, Client-focused problem solving, family therapy	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Taranaki	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Helpline	
Service Types	Assessment, Groups, Individual Counselling, Opioid Substitution Treatment, Self-help groups, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Alcohol and Drug Service - New Plymouth

Service Description Outpatient community DHB funded assessment and intervention service. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+		
Email	alcohol.drug@tdhb.govt.nz		
Website			
Address	Taranaki Base Hospital		
Town	New Plymouth		
Contact Hours	8:00am-4.30pm Mon-Fri		
Phone	Main: 06 753 7838	Admission:	Fax: 06 753 7875
Not Catered For			

SERVICE INFORMATION

Model	Brief Intervention, Motivational Interviewing, CBT, Assessment.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No
Accepts Referrals From DHBs	Taranaki	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Self-help groups, Support Groups, Supported Accommodation, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Alcohol and Drug Service - Opunake

Service Description Alcohol, drug and gambling service. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+		
Email			
Website			
Address	Havelock St		
Town	Opunake		
Contact Hours	9am - 4pm Thurs		
Phone	Main: 06 753 7838	Admission: 06 753 8777	Fax: 06 753 7715
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No
Accepts Referrals From DHBs	Taranaki	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Individual Counselling, Opioid Substitution Treatment, Self-help groups, Support Groups	
Service Groupings	Alcohol and Other Drug	

Alcohol and Drug Service - Stratford

Service Description Alcohol drug and gambling service, providing assessment, counselling. Short term emergency placement 24hrs - 6 wks. AOD mobile support worker. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+		
Email	alcohol.drug@tdhb.govt.nz		
Website			
Address	Taranaki Base Hospital		
Town	Stratford		
Contact Hours	9am - 4pm Mon/Tues		
Phone	Main: 06 765 7189	Admission:	Fax: 06 765 6110
Not Catered For			

SERVICE INFORMATION

	Mental Health	Alcohol and Other Drug
Model		
Accreditation	Yes	No
Accepts Referrals From DHBs	Taranaki	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Self-help groups, Social Detox (Residential), Support Groups, Supported Accommodation	
Service Groupings	Alcohol and Other Drug	

Alcohol and Drug Service - Waitara

Service Description Alcohol and drug service . Appointments made through New Plymouth office Mon - Fri. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+		
Email	alcohol.drug@tdhb.govt.nz		
Website			
Address	10 Hutchins St		
Town	Waitara		
Contact Hours	Mon 8.00am - 4.30pm		
Phone	Main: 06 753 7838	Admission:	Fax: 06 753 7875
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No
Accepts Referrals From DHBs	Taranaki	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Individual Counselling, Opioid Substitution Treatment, Self-help groups, Support Groups	
Service Groupings	Alcohol and Other Drug, Gambling	

Child and Adolescent Mental Health Service

Service Description AOD counselling for youth with AOD abuse and / or dependency.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Up to 18yrs or 20 depending on living circumstances		
Email	andrew.french@tdhb.org.nz		
Website	www.trippin.co.nz		
Address	Tukapa Street		
Town	New Plymouth		
Contact Hours	8:00am - 4:30pm		
Phone	Main: 06 753 7790	Admission:	Fax: 06 753 7791
Not Catered For	Those best served by a primary health intervention service.		

SERVICE INFORMATION

Model	Mostly motivational, systemic	
Accreditation	Mental Health Yes	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Taranaki	
Categories	Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Advocacy/Peer Support, Assessment, Individual Counselling, Screening (Brief Intervention)	
Service Groupings	Alcohol and Other Drug	

Mahia Mai A Whai-Tara Trust

Service Description Kaupapa Maori alcohol and other drug service providing assessment and one on one counselling. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	reception@mahiamai.co.nz		
Website			
Address	8 Warre Street		
Town	Waitara		
Contact Hours	8;30am - 5:00pm		
Phone	Main: 06 754 4669	Admission: 06 754 4669	Fax: 06 754 4781
Not Catered For			

SERVICE INFORMATION

Model	Te Whare Tapa Wha	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No
Accepts Referrals From DHBs	Taranaki	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Individual Counselling, Self-help groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Problem Gambling Foundation - New Plymouth

Service Description Counselling, treatment provision, health promotion, education.
Also has clinics in Hawera, Stratford, and New Plymouth Prison.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	pgf@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	36 Devon St		
Town	New Plymouth		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 06 769 6020, 0800 664 262	Admission:	Fax: 06 769 6021
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Tairāwhiti, Taranaki	
Categories	Family/Whānau/Significant Other, Generic Adult, Other	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Research, Screening (Brief Intervention), Support Groups, Training, Whānau / Family Group	
Service Groupings	Gambling	

Lakes DHB

Addiction Resource Centre

Service Description Community alcohol and drug service - non-residential gambling service.
LTNZ assessments.
Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Adult service - will see youth on request.		
Email	office@arctpo.co.nz		
Website			
Address	129 Spa Road		
Town	Taupo		
Contact Hours	9.00 am - 4.00 pm, Mon - Fri		
Phone	Main: 07 377 1132	Admission:	Fax: 07 377 1138
Not Catered For			

SERVICE INFORMATION

Model	Motivational interviewing, CBT.	
Accreditation	Mental Health	Alcohol and Other Drug
	No	No
Accepts Referrals From DHBs	Lakes	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Problem Gambling Foundation - Rotorua

Service Description Counselling, treatment provision, health promotion, education. Rotorua also has clinics in Whakatane, Opotiki, Kawaerau, and Tongariro/Rangipo Prison.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	pgf@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	1154 Hinemoa St		
Town	Rotorua		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 0800 664 262 / 07 843 9999	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Lakes		
Categories	Family/Whanau/Significant Other, Generic Adult, Other		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Research, Screening (Brief Intervention), Support Groups, Whanau / Family Group		
Service Groupings	Gambling		

Problem Gambling Foundation - Taupo

Service Description Public Health model. Strengths based approach. Cognitive behaviour therapy.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	129 Spa Rd		
Town	Taupo		
Contact Hours	8.00 am -10.00 pm		
Phone	Main: 07 377 1132 / 0800 664 262	Admission:	Fax: 07 377 1138
Not Catered For			

SERVICE INFORMATION

Model	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Lakes		
Categories	Generic Adult		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Individual Counselling, Whanau / Family Group		
Service Groupings	Gambling		

Te Utuhina Manaakitanga Trust , Alcohol and other Drug Counselling

Service Description Kaupapa Maori Alcohol and other Drug Counselling Service, community-based outpatient service for AOD clients and their families. Specialised youth workers. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	12 years and up (sometimes younger)		
Email	admin@tumt.org.nz		
Website	www.tumt.org.nz		
Address	1154 Hinemoa Street		
Town	Rotorua		
Contact Hours	8.30am - 5pm		
Phone	Main: 07 348 3598	Admission:	Fax: 07 348 1783
Not Catered For	Gambling		

SERVICE INFORMATION

Model	Kaupapa Maori /Te Whare Tapa Wha/Eclectic/Client Centred.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Bay of Plenty, Lakes, Tairāwhiti, Taranaki	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Groups, Individual Counselling, Research, Residential (Intensive), Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Tairawhiti DHB

Awhina House, Gisborne

Service Description A mental health and addiction service. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	awhina@tdh.org.nz		
Website			
Address	Awhina House, 232 Rutene Street		
Town	Gisborne		
Contact Hours	8:00am - 5:00pm		
Phone	Main: 06 867 1764	Admission: 06 867 1764	Fax: 06 867 3236
Not Catered For			

SERVICE INFORMATION

Model	Eclectic	
Accreditation	Mental Health No	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Tairāwhiti	
Categories	Family/Whānau/Significant Other, Generic Adult, Other, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Public Health, Social Detox (Residential), Training, Whānau / Family Group	
Service Groupings	Alcohol and Other Drug	

Ngati Porou Counselling and Support Service

Service Description Integrated counselling and alcohol and drug services. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	Yes	Yes
Age	any		
Email			
Website			
Address	1 Tuparoa Rd		
Town	Ruatoria		
Contact Hours	8.30am-5.00pm		
Phone	Main: 06 864 8316	Admission:	Fax: 06 864 8643
Not Catered For			

SERVICE INFORMATION

Model	Eclectic - Maori models	
Accreditation	Mental Health No	Alcohol and Other Drug No
Accepts Referrals From DHBs	Tairawhiti	
Categories	Generic Adult, Generic Youth, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Groups, Individual Counselling	
Service Groupings	Alcohol and Other Drug	

Ngati Porou Hauora

Service Description Problem gambling service providing free and confidential, culturally appropriate services to all community members.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	any		
Email			
Website			
Address	16 Fitzherbert St		
Town	Gisborne		
Contact Hours	8.30am - 5pm M - F		
Phone	Main: 06 863 2890	Admission:	Fax: 06 867 3260
Not Catered For			

SERVICE INFORMATION

Model	Harm minimisation.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Tairawhiti	
Categories	Generic Adult, Generic Youth, Kaupapa Maori	
Referral Methods	Self	
Service Types	Assessment, Groups, Individual Counselling, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Gisborne

Service Description Counselling, treatment provision, health promotion, education.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	pgf@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	Albert Building		
Town	Gisborne		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 06 868 0289 / 0800 664 262	Admission:	Fax: 06 868 7435
Not Catered For			

SERVICE INFORMATION

Model	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Tairawhiti		
Categories	Family/Whanau/Significant Other, Generic Adult, Other		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Research, Screening (Brief Intervention), Training, Whanau / Family Group		
Service Groupings	Gambling		

Whanganui DHB

Alcohol and Other Drugs Service - Whanganui DHB

Service Description Aftercare, assessment, community detox-drug withdrawal, group therapy, individual / whanau counselling & social work & support work, opioid substitution, brief intervention, early intervention, support groups, whanau / family support. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Any age		
Email	raewyn.hall@wdhb.org.nz		
Website	www.wdwb.org.nz		
Address	Heads Rd		
Town	Wanganui		
Contact Hours	8:00am - 5:00pm		
Phone	Main: 06 348 1287	Admission: 06 348 1287	Fax: 06 348 1203
Not Catered For	Residential - a community-based service.		

SERVICE INFORMATION

Model	Strengths-based, motivational interviewing.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Whanganui	
Categories	Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Hapai Mauri Tangata

Service Description Hapai Mauri Tangata is an alcohol and other drug treatment and education service. This service provides community support, rangatahi and adult education, personal assessments, intervention and prevention strategies, education awareness to whanau and referrals to external services. Hapai Mauri Tangata also provides Te Tata - a supported accommodation programme over an eight week period.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	14 - 60		
Email	tingley@teoranganui.co.nz		
Website	www.teoranganui.co.nz		
Address	Heads Road		
Town	Wanganui		
Contact Hours	8am - 5pm Mon - Fri		
Phone	Main: 06 348 0282	Admission:	Fax:
Not Catered For	Anyone not willing to address their issues		

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Whanganui	
Categories	Family/Whanau/Significant Other, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Day Programme, Individual Counselling, Social Detox (Residential), Supported Accommodation, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Problem Gambling Foundation - Marton

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	No	No
Age	18+		
Email			
Website			
Address	Rangitikei Health Centre		
Town	Marton		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 0800 664 262	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Capital & Coast	
Categories	Generic Adult	
Referral Methods	Self	
Service Types	Individual Counselling	
Service Groupings	Gambling	

Problem Gambling Foundation - Wanganui

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.
Book via PGF Wellington.
Marton, Fielding appointments also available.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	66 Ingestre Street		
Town	Wanganui		
Contact Hours	8.00 am - 5.00 pm		
Phone	Main: 0800 664 262	Admission: 04 473 4360	Fax: 04 473 4890
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Whanganui	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Groups, Individual Counselling, Support Groups, Training, Whanau / Family Group	
Service Groupings	Gambling	

Mid Central DHB

Alcohol and Other Drug Service - Palmerston North

Service Description Community based outpatient alcohol and other drug service. Can refer to Dual Diagnosis Unit.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	19 - 65 years		
Email	aldrugq@midcentraldhb.govt.nz		
Website	www.midcentraldhb.govt.nz		
Address	Ruahine Street		
Town	Palmerston North		
Contact Hours	8:30am - 4:30pm		
Phone	Main: 06 350 9130 0800 764 677	Admission:	Fax: 06 350 8832
Not Catered For	Gambling		

SERVICE INFORMATION

Model	Client-centred, cognitive behavioural therapy, recovery, addiction models, relapse prevention, psychotherapy.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No
Accepts Referrals From DHBs	Mid Central	
Categories	Generic Adult	
Referral Methods	Self, GP, Other Agency	
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Support Groups	
Service Groupings	Alcohol and Other Drug	

Alcohol and Other Drug Services - Levin

Service Description Part of Mid-central Health providing assessment and counselling.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20 - 65		
Email	aldrugq@midcentraldhb.govt.nz		
Website			
Address	62 Liverpool St		
Town	Levin		
Contact Hours	8.30am - 4.30pm		
Phone	Main: 06 366 0888	Admission:	Fax: 06 366 0041
Not Catered For			

SERVICE INFORMATION

Model	Harm reduction, relapse prevention, cognitive behavioural therapy	
Accreditation	Mental Health No	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Mid Central	
Categories	Generic Adult	
Referral Methods	Self, Assessment Agency, Other Agency	
Service Types	Aftercare, Assessment, Individual Counselling	
Service Groupings	Alcohol and Other Drug	

Best Care (Whakapai Hauora) Charitable Trust

Service Description Mental Health and Addiction Service providing assessment, counselling and referrals to other programmes. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	BCWH@rangitaane.iwi.nz		
Website	www.whakapaihauora.maori.nz		
Address	140-148 Maxwells Line		
Town	Palmerston North		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 06 353 1884	Admission:	Fax: 06 353 1885
Not Catered For			

SERVICE INFORMATION

Model	Kaupapa Maori	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No
Accepts Referrals From DHBs	Mid Central	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Assessment, Individual Counselling, Public Health, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Manawarangi Hauora a Hine Ngaro

Service Description Kaupapa Maori Alcohol and Drug Service providing community support only. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+ negotiable		
Email	manawarangi@rangitane.co.nz		
Website	www.rangitane.co.nz		
Address	1-5 McPhee Street		
Town	Dannevirke		
Contact Hours	8.30am - 5pm		
Phone	Main: 06 3744 306	Admission: 06 3744 309	Fax: 06 3744 309
Not Catered For			

SERVICE INFORMATION

Model	Kaupapa Maori models of practice	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Mid Central	
Categories	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Advocacy/Peer Support, Aftercare, Self-help groups, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

MASH Trust

Service Description Alcohol and other Drug Services and Dual diagnosis Residential Services. There are 6 bed services in both Mid-Central and Hawkes Bay Regions.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	treatmentservices@masstrust.org.nz		
Website	www.masstrust.org.nz		
Address	602 - 606 Main Street		
Town	Palmerston North		
Contact Hours	8am - 5pm Mon- Fri		
Phone	Main: 06 355 7200	Admission:	Fax: 06 355 7201
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Hawkes Bay, Mid Central, Whanganui	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Aftercare, Community Detox (Home), Day Programme, Groups, Research, Residential (Intensive), Screening (Brief Intervention), Social Detox (Residential), Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Problem Gambling Foundation - Dannevirke

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Reap Building		
Town	Dannevirke		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 06 374 6565 / 0800 664 262	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Mid Central	
Categories	Generic Adult	
Referral Methods	Assessment Agency	
Service Types	Assessment, Groups, Individual Counselling, Support Groups, Training, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Foxton

Service Description Bookings via Wellington Office.

Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Municipal Building		
Town	Foxton		
Contact Hours	8.00 am - 5.00 pm		
Phone	Main: 04 473 4360 / Wellington	Admission:	0800 664 262 Fax: 04 473 4890
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Mid Central	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Groups, Individual Counselling, Support Groups, Training, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Levin

Service Description Counselling and health promotion for gamblers and significant others.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13+		
Email	andrew.brown@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	Outpatients dept, Horowhenua Hospital		
Town	Levin		
Contact Hours	Wednesday by appointment		
Phone	Main: 0800 664 262	Admission:	Fax: 04 473 4890
Not Catered For	Alcohol and drug		

SERVICE INFORMATION

Model	Counselling, education, public health	
Accreditation	Mental Health No	Alcohol and Other Drug No
Accepts Referrals From DHBs	Capital & Coast, Hutt, Mid Central, Wairarapa	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Other	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Groups, Individual Counselling, Policy (Sector Wide), Public Health, Support Groups, Training, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Palmerston North

Service Description Counselling and health promotion for gamblers and significant others

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13+		
Email	lea.orpana@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	157 Broadway Ave		
Town	Palmerston North		
Contact Hours	8.00 am - 5.00 pm Wed/Thurs/Fri		
Phone	Main: 0800 664 262	Admission:	Fax: 06 357 5960
Not Catered For	Alcohol and drug		

SERVICE INFORMATION

Model	Counselling, education, public health	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Capital & Coast, Hutt, Mid Central, Wairarapa	
Categories	Family/Whanau/Significant Other, Generic Adult, Other	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
Service Groupings	Gambling	

Tararua Alcohol and Drug Service

Service Description Community alcohol and drug service.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	aldrugq@midcentraldhb.govt.nz		
Website			
Address	Community Hospital		
Town	Dannevirke		
Contact Hours	8.30am - 4.30pm		
Phone	Main: 06 374 9628	Admission:	Fax: 06 374 7740
Not Catered For	less than 18 years		

SERVICE INFORMATION

Model	Client-centred, motivational counselling, psychodrama, relapse prevention, transactional analysis, eclectic counselling.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Mid Central	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Opioid Substitution Treatment, Other, Support Groups	
Service Groupings	Alcohol and Other Drug	

Te Runanga O Raukawa Whakapiki Hauora - Nga Oranga O Te Rae - Fielding

Service Description To provide alcohol and drug community support worker in home. The service has a Maori whanau perspective but is NOT exclusive to other cultures. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Across lifespan		
Email			
Website			
Address	139 South Street		
Town	Feilding		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 06 323 6446	Admission:	Fax: 06 323 6243
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Mid Central	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
Referral Methods	Self, GP, Other Agency	
Service Types	Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Te Runanga O Raukawa Whakapiki Hauora - Nga Oranga O Te Rae - Levin

Service Description To provide alcohol and drug community support worker in home. The service has a Maori whanau perspective but is NOT exclusive of other cultures. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Across lifespan		
Email	lesp@raukawa.iwi.nz		
Website			
Address	3 Keepa St		
Town	Levin		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 06 368 8768	Admission:	Fax: 06 368 8679
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Mid Central	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
Referral Methods	Self, GP, Other Agency	
Service Types	Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Te Runanga O Raukawa Whakapiki Hauora - Nga Oranga O Te Rae - Palmerston North

Service Description Community support for people and their whanau across the lifespan, who have an alcohol and drug problem. Kaupapa Maori perspective, but open to anyone. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Across lifespan		
Email	lesp@rauikawa.iwi.nz		
Website			
Address	602 - 606 Main St		
Town	Palmerston North		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 06 356 4963	Admission:	Fax: 06 355 7201
Not Catered For	Forensic (acute)		

SERVICE INFORMATION

Model Te Whare Tapa Wha, He Rangī Matrix, Motivational Interviewing

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Mid Central	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
Referral Methods	Self, GP, Other Agency	
Service Types	Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Hawkes Bay DHB

Addiction Services Hawkes Bay - Napier

Service Description Bicultural community service providing assessment, counselling, day programmes, methadone programme and detox programme. Duty triage person available every day. Groups for whanau/family.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	addiction@healthcarehb.co.nz		
Website			
Address	76 Wellesley Road		
Town	Napier		
Contact Hours	8.00am - 5pm		
Phone	Main: 06 834 1815	Admission:	Fax: 06 834 1816
Not Catered For			

SERVICE INFORMATION

Model	Motivational Interviewing	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Hawkes Bay	
Categories	Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Assessment, Day Programme, Groups, Individual Counselling, Opioid Substitution Treatment, Policy (Sector Wide), Public Health, Screening (Brief Intervention), Self-help groups, Support Groups, Supported Accommodation, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Akron House Incorporated

Service Description A six bed residential rehabilitation centre for men 18 years plus, concerned about their own use of alcohol. Uses 12 step recovery model. Supported accommodation.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	Yes	No
Age	18 years plus		
Email			
Website			
Address	415 St Aubyn Street West		
Town	Hastings		
Contact Hours	Tue - Fri 9.00am - 4.00pm		
Phone	Main: 06 870 3991	Admission:	Fax:
Not Catered For	Drinking, drugging, gambling men		

SERVICE INFORMATION

Model	Client-centred, 12 Step.	
Accreditation	Mental Health	Alcohol and Other Drug
	No	No
Accepts Referrals From DHBs	Hawkes Bay	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Residential (Intensive), Supported Accommodation	
Service Groupings	Alcohol and Other Drug	

Gambling Counselling Service - Te Rangihaeta Oranga

Service Description Counselling available in Napier, Hastings and Wairoa

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	14yrs - 80yrs +		
Email			
Website	NA		
Address	64 Dickens St		
Town	Napier		
Contact Hours	8:30am - 5pm		
Phone	Main: 06 878 9966	Admission: As above	Fax: 06 870 9562
Not Catered For			

SERVICE INFORMATION

Model	Motivational Interviewing, Cognitive Behavioural Therapy, Te Whare Tapa Wha and a range of other therapeutic interventions. Problem Gambling Clinical Standards and Audit Accreditation.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Hawkes Bay		
Categories	Generic Adult, Kaupapa Maori		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Assessment, Individual Counselling, Self-help groups, Support Groups, Training		
Service Groupings	Gambling		

MASH Trust Board - Hawkes Bay Dual Diagnosis Residential Service

Service Description Residential / Community programme for mental health and addictions service users.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	No	No
Age	18+		
Email	asanders@mashttrust.org.nz		
Website	mashttrust.org.nz		
Address	102 Queen Street East		
Town	Hastings		
Contact Hours	8am - 5pm		
Phone	Main: 06 870 4239	Admission:	Fax:
Not Catered For	Youth		

SERVICE INFORMATION

Model	Intensive group therapy.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Hawkes Bay	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Groups, Residential (Intensive), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Springhill Residential Addiction Centre

Service Description A three month, smoke-free programme for adults, giving up psychoactive substances, smoking, gambling and process addictions e.g. work, sex, eating, relationships.
A fee is payable if out of area.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	Yes	No
Age	18+		
Email	springhill@hawkesbaydhb.govt.nz		
Website			
Address	42 Morris Street		
Town	Napier		
Contact Hours	8:00am - 5:00pm		
Phone	Main: 06 835 4496	Admission: 06 835 4496	Fax: 06 835 3520
Not Catered For	Justice referrals, youth, unstable mental health.		

SERVICE INFORMATION

Model	Therapeutic community and mind/body.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Bay of Plenty, Capital & Coast, Hawkes Bay, Hutt, Lakes, Mid Central, Tairāwhiti, Taranaki, Waikato, Wairarapa, Whanganui	
Categories	Generic Adult	
Referral Methods	Assessment Agency	
Service Types	Residential (Intensive)	
Service Groupings	Alcohol and Other Drug, Gambling	

Te Poutama Tautoko Alcohol and other Drug Services

Service Description Kaupapa Maori AoD Service delivered under the umbrella of Te Whatuiapiti Trust, Central Health

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	Annette.tpt@xtra.co.nz		
Website	www.centralhealth.co.nz		
Address	209 Queen Street East		
Town	Hastings		
Contact Hours	8am - 5pm Mon - Fri		
Phone	Main: 06 876 5120	Admission:	Fax:
Not Catered For	Those who are not affected by alcohol and other drugs.		

SERVICE INFORMATION

Model	Kaupapa Maori and Western Methodologies	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Hawkes Bay	
Categories	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Assessment, Day Programme, Groups, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Supported Accommodation, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Te Waireka Alcohol and other Drug Service

Service Description Rangatahi who want to make changes, are motivated to abstain from alcohol and drugs and willing to be at a residential treatment programme. Whanau to be supportive and willing to look at alcohol and drug behaviours and to attend whanau days & meetings. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	14-19 years		
Email	waireka.otane.office@xtra.co.nz		
Website			
Address	58 White Rd		
Town	Otane		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 06 856 8428	Admission:	Fax: 06 856 8481
Not Catered For	Arson conviction.		

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No
Accepts Referrals From DHBs	Hawkes Bay, Whanganui	
Categories	Generic Youth, Kaupapa Maori	
Referral Methods	Assessment Agency, Other Agency	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Residential (Intensive), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Wairoa District Society on Alcohol & Drugs Misuse Inc. (Manaaki House)

Service Description Drug and Alcohol Counselling Day Service. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	manaakihouse@xtra.co.nz		
Website			
Address	75 Apatu Street		
Town	Wairoa		
Contact Hours	8.00am - 5.00pm		
Phone	Main: (06) 838 7390	Admission:	Fax: 06 838 8600
Not Catered For	Youth under 18 years of age.		

SERVICE INFORMATION

Model	Minnesota model, CBT, motivation, narrative etc, RET, Te Ngaru, Existential, Te Wheke.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Hawkes Bay	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Capital & Coast DHB

Alcohol & Drug Assessment & Counselling

Service Description Specialises in assessment, and provides comprehensive written reports for the Courts, CYFS, LTSA, CAA, lawyers, etc and makes referrals to appropriate treatment agencies. Also provides 1 on 1 counselling.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	Yes	No
Age	No exclusions		
Email	adac@xtra.co.nz		
Website	www.adac.co.nz		
Address	P O Box 29 075 Ngaio		
Town	Wellington		
Contact Hours	9:00am - 5:00 pm		
Phone	Main: 04 475 9420	Admission:	Fax: 04 475 9520
Not Catered For	No exclusions		

SERVICE INFORMATION

Model Education about addiction, and community re-enforcement approach.

	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Capital & Coast, Hutt	
Categories	Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Individual Counselling	
Service Groupings	Alcohol and Other Drug, Gambling	

Care NZ - Kapiti

Service Description Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families."

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	kapiti@carenz.co.nz		
Website	www.carenz.co.nz		
Address	90 Kapiti Road,		
Town	Paraparaumu		
Contact Hours	8.30 - 5pm		
Phone	Main: 04 298 2805	Admission:	Fax: 04 298 2916
Not Catered For	Clients with severe mental disorders, people on a methadone programme, under 18 years old.		

SERVICE INFORMATION

Model	Eclectic	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Capital & Coast	
Categories	Generic Adult	
Referral Methods	Self	
Service Types	Assessment, Day Programme, Groups, Individual Counselling, Opioid Substitution Treatment	
Service Groupings	Alcohol and Other Drug	

Care NZ - Porirua

Service Description Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families." Has Pacific Island worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	porirua@carenz.co.nz		
Website	www.carenz.co.nz		
Address	16 Hagley Street		
Town	Porirua		
Contact Hours	8.30am - 5pm		
Phone	Main: 04 237 0273	Admission:	Fax: 04 237 0283
Not Catered For	Clients with severe mental disorders, people on a methadone programme or under 18 years old.		

SERVICE INFORMATION

Model	Eclectic	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Capital & Coast, Hutt	
Categories	Generic Adult	
Referral Methods	Self	
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Public Health, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Care NZ Wellington

Service Description Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families." Has Pacific Island worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	wellington@carenz.co.nz		
Website			
Address	158 Victoria Street,		
Town	Wellington		
Contact Hours	8.30am-5.00pm		
Phone	Main: 04 385 1517	Admission:	Fax: 04 385 1516
Not Catered For	Clients with severe mental disorders, people on a methadone programme or under 18 years old.		

SERVICE INFORMATION

Model	Eclectic	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Capital & Coast, Hutt	
Categories	Generic Adult	
Referral Methods	Self	
Service Types	Assessment, Day Programme, Groups, Individual Counselling, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Community Alcohol and Drug Service - Wellington

Service Description A community AOD service providing assessment, counselling and community detox. Special assessments for dual diagnosis. Opioid substitution service.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+		
Email	cads@ccdhb.org.nz		
Website			
Address	PO Box 1729		
Town	Wellington		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 04 494 9170	Admission: 04 494 9170	Fax: 04 494 9179
Not Catered For	Under 20 years		

SERVICE INFORMATION

Model	Harm reduction, motivational interviewing, relapse prevention	
Accreditation	Mental Health No	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Capital & Coast	
Categories	Generic Adult	
Referral Methods	Self, GP, Other Agency, Helpline	
Service Types	Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Training	
Service Groupings	Alcohol and Other Drug	

Keneperu Hospital Detoxification Unit

Service Description Regional 4 bed inpatient medical detoxification service
Clinical Nurse Specialist available CADS Wellington

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18 years plus		
Email			
Website			
Address	Raiha St		
Town	Porirua		
Contact Hours	8.00am - 4.30pm		
Phone	Main: 04 385 5999 ext 7005	Admission:	Fax: 04 237 2004
Not Catered For	Discussed on application		

SERVICE INFORMATION

Model	Medical Detoxification	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Capital & Coast, Mid Central, Wairarapa	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Assessment, Individual Counselling, Medical Detox (Inpatient), Research, Social Detox (Residential), Support Groups, Training	
Service Groupings	Alcohol and Other Drug	

Problem Gambling Foundation - Otaki

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.
Bookings via Wellington PGF.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Otaki CAB,		
Town	Otaki		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 04 473 4360 / 0800 664 262	Admission:	Fax: 04 473 4890
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Capital & Coast	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Groups, Individual Counselling, Support Groups, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Paraparaumu

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Kapiti Community Centre		
Town	Paraparaumu		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 04 473 4360 / 0800 664 262	Admission:	Fax: 03 473 4890
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Capital & Coast	
Categories	Generic Adult	
Referral Methods	Self	
Service Types	Assessment, Groups, Individual Counselling, Support Groups, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Porirua

Service Description Counselling and health promotion for gamblers and significant others.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13+		
Email	andrew.brown@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	16 Hagley St		
Town	Porirua		
Contact Hours	Thurs 9.00am-4.00pm		
Phone	Main: 0800 664 262	Admission:	Fax: 04 473 4890
Not Catered For	Alcohol and drug		

SERVICE INFORMATION

Model	Counselling, education, health promotion	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Capital & Coast, Hutt, Mid Central, Wairarapa	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Other	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Groups, Individual Counselling, Public Health, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Wellington

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families. Individual counselling / couple & group work / education / gambling health promotion.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13+		
Email	jessie.zhang@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	84 Willis Street		
Town	Wellington		
Contact Hours	8:30am - 5:00pm Mon to Fri		
Phone	Main: 04 297 1550	Admission: 0800 664 262	Fax: 04 413 4890
Not Catered For	Drug and alcohol		

SERVICE INFORMATION

Model	Solution focused brief therapy.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No
Accepts Referrals From DHBs	Capital & Coast, Hutt, Wairarapa	
Categories	Asian, Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Gambling	

Rangataua Mauriora

Service Description Tu te Wana - Kaupapa Maori Alcohol and other Drug service.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Open		
Email	raewyn@ngatitoea.iwi.nz		
Website	www.rmauriora.org.nz		
Address	26 Ngatitoea Street		
Town	Porirua		
Contact Hours	9:00am - 5:00pm		
Phone	Main: 04 238 4071	Admission: 04 238 4071	Fax: 04 237 6436
Not Catered For			

SERVICE INFORMATION

Model	Kaupapa Maori	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Capital & Coast, Hutt	
Categories	Asian, Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Salvation Army Bridge Programme - Wellington

Service Description An AOD service providing assessment, counselling, group therapy, and teaching models. 20 bed residential service, 8 -14 weeks 8 designated women's beds. Supportive accommodation. Accepts clients under the Alcohol & Drug Addiction Act 1966.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+		
Email	wbridge@nzf.salvationarmy.org		
Website	www.sab.org.nz		
Address	22-26 Riddiford St		
Town	Wellington		
Contact Hours	8.00am - 5.00pm		
Phone	Main: 04 389 6566	Admission: 04 389 6566	Fax: 04 389 7110
Not Catered For	Major medical, psychological or psychiatric conditions. Clients with unresolved legal issues. Inappropriate or dangerous behaviour. Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

SERVICE INFORMATION

Model	Community reinforcement approach	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Hawkes Bay, Hutt, Mid Central, Taranaki, Wairarapa, Whanganui	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Day Programme, Groups, Individual Counselling, Residential (Intensive), Training	
Service Groupings	Alcohol and Other Drug	

Salvation Army Oasis - Wellington

Service Description Counselling service for problem gambling.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All age groups		
Email	wbridge@nzf.salvationarmy.org		
Website	www.oasiscentre.org.nz		
Address	22 Riddiford Street		
Town	Wellington		
Contact Hours	8:30am - 5:00pm Mon to Fri		
Phone	Main: 04 389 6566	Admission: 04 389 6566	Fax: 04 389 7110
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Capital & Coast	
Categories	Asian, Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori, Other, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Individual Counselling	
Service Groupings	Gambling	

Te Runanga O Raukawa Whakapiki Hauora - Nga Oranga O Te Rae - Otaki (Main Base)

Service Description In-home community support for people and their whanau across the lifespan, who have an alcohol drug problem. Kaupapa Maori perspective, but open to anyone. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Across lifespan		
Email	lesp@raukawa.iwi.nz		
Website			
Address	51 Main St, Otaki		
Town	Otaki		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 06 364 5121	Admission: (06) 364 5121	Fax: (06) 364 5498
Not Catered For	Forensic (acute)		

SERVICE INFORMATION

Model Te Whare Tapa Wha, He Rangi matrix, Motivational interviewing

	Mental Health	Alcohol and Other Drug
Accreditation	No	No

Accepts Referrals From DHBs Mid Central

Categories Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori

Referral Methods Self, GP, Other Agency

Service Types Whanau / Family Group

Service Groupings Alcohol and Other Drug

WellTrust Alcohol and Drug Service

Service Description We provide an assessment and individual counselling service on an outpatient basis to young people, age 10-19 years (throughout the greater Wellington region). Has Pacific Island worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	10 - 19 years		
Email	info@welltrust.co.nz		
Website	www.welltrust.co.nz		
Address	14 Laings Road		
Town	Wellington		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 04 568 0370	Admission: 04 568 0370	Fax: 04 568 0379
Not Catered For	Outside our age range.		

SERVICE INFORMATION

Model	Minimise harm, maximise health	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Capital & Coast, Hutt	
Categories	Generic Youth	
Referral Methods	Self, GP, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Hutt DHB

Care NZ - Lower Hutt

Service Description Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families."

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	wellington@carenz.co.nz		
Website	www.carenz.co.nz		
Address	66 Bloomfield Tce		
Town	Lower Hutt		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 04 586 7019	Admission:	Fax: 04 586 7039
Not Catered For	Clients with severe mental disorders, people on a methadone programme or under 18 years old.		

SERVICE INFORMATION

Model	Eclectic	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Capital & Coast, Hutt	
Categories	Generic Adult	
Referral Methods	Self	
Service Types	Assessment, Day Programme, Groups, Individual Counselling, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Hinetitama Alcohol and Other Drug Service

Service Description Working in partnership with those with alcohol and other drug issues. A mainstream service. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	colleen.flux-hollings@huttvalleydhb.org.nz		
Website			
Address	40-42 Queens Drive, Public Trust House		
Town	Lower Hutt		
Contact Hours	8:00am - 4:30pm Mon to Fri		
Phone	Main: 04 570 9801	Admission:	Fax: 04 570 9004

Not Catered For Those for whom counselling services required are not in association with alcohol and / or other drug use.

SERVICE INFORMATION

Model	Client centred. Motivational enhancement therapy, cognitive behavioural therapy, relapse prevention.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Hutt	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Other, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Problem Gambling Foundation - Lower Hutt

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13+		
Email	jude.west@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	Room 10, Level 1, 2 Margaret Street		
Town	Lower Hutt		
Contact Hours	8:30am - 6:00 pm Thursday		
Phone	Main: 04 473 4360	Admission: 0800 664 262	Fax: 04 473 4890
Not Catered For	Drug, alcohol		

SERVICE INFORMATION

Model	Solution focused brief therapy.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No
Accepts Referrals From DHBs	Capital & Coast, Hutt	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Upper Hutt

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	No	No
Age	18+		
Email			
Website			
Address	18 Logan St		
Town	Upper Hutt		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 04 473 4360 / 0800 664 262	Admission:	Fax: 04 473 4890
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Hutt	
Categories	Asian, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Groups, Individual Counselling, Support Groups, Training, Whanau / Family Group	
Service Groupings	Gambling	

Q-nique Ltd

Service Description Residential and Community Support

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	19+		
Email			
Website			
Address	Cnr Kings Crescent & Cornwall St		
Town	Lower Hutt		
Contact Hours	8.30 am - 5.00 pm		
Phone	Main: 04 570 2320	Admission:	Fax: 04 570 2321
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Capital & Coast, Hutt	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline, Not Applicable	
Service Types	Day Programme, Social Detox (Residential), Support Groups, Supported Accommodation, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Salvation Army Oasis - Lower Hutt

Service Description Counselling service for problem gambling.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All age groups.		
Email	froukeje.oasis@xtra.co.nz		
Website	www.oasiscentre.org.nz		
Address	155 High St		
Town	Lower Hutt		
Contact Hours	8:30am-5pm Mon-Fri		
Phone	Main: 04 389 6566	Admission:	Fax: 04 389 7110
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Capital & Coast	
Categories	Generic Adult	
Referral Methods	Self	
Service Types	Assessment, Individual Counselling	
Service Groupings	Gambling	

Salvation Army Oasis - Upper Hutt

Service Description Counselling service for problem gambling.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All age groups		
Email	froukje.oasis@xtra.co.nz		
Website	www.oasiscentre.org.nz		
Address	41 Queen St		
Town	Upper Hutt		
Contact Hours	8:30am-5pm Mon-Fri		
Phone	Main: 04 389 6566	Admission:	Fax: 04 389 7110
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Hutt	
Categories	Generic Adult	
Referral Methods	Self	
Service Types	Assessment, Individual Counselling	
Service Groupings	Gambling	

Wairarapa DHB

Problem Gambling Foundation - Masterton

Service Description Counselling and health promotion for gamblers and significant others.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13+		
Email	jessie.zhang@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	cnr Jackson & Chapel Streets		
Town	Masterton		
Contact Hours	By appointment		
Phone	Main: 0800 664 262	Admission: 0800 664 262	Fax: 04 473 4890
Not Catered For	Alcohol and Drug		

SERVICE INFORMATION

Model	Counselling, education, public health	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Capital & Coast, Hutt, Mid Central, Wairarapa	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Day Programme, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
Service Groupings	Gambling	

Te Hauora Runanga O Wairarapa

Service Description Kaupapa Maori AoD Service

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	Yes	No
Age	14+		
Email	throwinc@ihug.co.nz		
Website	tehauora.org.nz		
Address	15 Victoria Street		
Town	Masterton		
Contact Hours	8am-5pm Tue- Fri, 8am-9pm Mon		
Phone	Main: 06 378 0140	Admission:	Fax: 06 378 0140
Not Catered For			

SERVICE INFORMATION

Model	Kaupapa Maori	
Accreditation	Mental Health Yes	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Wairarapa	
Categories	Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Wairarapa Addiction Service (Inc)

Service Description Free, confidential counselling service to assist people who have concerns about their own or someone else's alcohol, gambling or drug use.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Any age		
Email	wasi@xtra.co.nz		
Website	www.wasi@org.nz		
Address	20 Victoria Street		
Town	Masterton		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 06 377 3156	Admission: 8:00 - 5:00pm	Fax: 06 377 3194
Not Catered For	Mental Health with no addiction problems.		

SERVICE INFORMATION

Model	Client-centred alcohol and drug education. Empathetic counselling, motivational interviewing, guided self-change, cognitive behavioural therapy, 12 steps, intensive behavioural change relapse management.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	Yes	
Accepts Referrals From DHBs	Wairarapa		
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Advocacy/Peer Support, Assessment, Community Detox (Home), Groups, Individual Counselling, Opioid Substitution Treatment, Public Health, Screening (Brief Intervention), Support Groups, Supported Accommodation, Whanau / Family Group		
Service Groupings	Alcohol and Other Drug, Gambling		

Nelson-Marlborough DHB

Alcohol and Drug Centre, Wairau Hospital

Service Description Assessment and counselling for addictions, youth and adult

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	14+ years old		
Email	carla.lane@nmhs.govt.nz		
Website			
Address	30 Hospital Road		
Town	Blenheim		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 03 520 9908	Admission: 03 520 9908	Fax: 03 520 9929
Not Catered For	Abusive or violent clients		

SERVICE INFORMATION

Model	Cognitive Behavioural Therapy, Motivational Interviewing, Client-Centred	
Accreditation	Mental Health No	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Nelson-Marlborough	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Social Detox (Residential), Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Alcohol and Drug Service - Nelson Region

Service Description A community Alcohol and Drug service for people concerned about alcohol, drugs or gambling. Also provides service to adolescents, parents and family members. Home detox and STD clinic available + methadone programme. CADS services available also in Golden Bay Wed/Thur and Motueka Mon - Fri

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	No restriction		
Email	eileen.varley@nmhs.govt.nz		
Website			
Address	31 Pascoe St		
Town	Nelson		
Contact Hours	8.30am-5pm		
Phone	Main: 03 546 1994 (Nelson) 035281160 (Motueka)	Admission:	Fax: 03 546 1993
Not Catered For			

SERVICE INFORMATION

Model	Cognitive Behavioural Therapy, Motivational Interviewing, Client-Centred	
Accreditation	Mental Health Yes	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Nelson-Marlborough	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
Referral Methods	Self, GP, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Community Detox (Home), Day Programme, Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Policy (Sector Wide), Research, Screening (Brief Intervention), Social Detox (Residential), Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Horizon Trust

Service Description To increase community access to sound mental health practices which support the reduction of risky behaviours and substance abuse and enhance the well-being of Marlborough children, youth and their families/whanau through day treatment programmes, counselling and respite care.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13-19 years		
Email	horizonyp@xtra.co.nz		
Website	www.horizonmhc.com		
Address	27 Park Terrace / PO Box 811		
Town	Blenheim		
Contact Hours	9:00am - 5:00pm		
Phone	Main: 03 578 0451	Admission:	Fax: 03 578 4040
Not Catered For	Those who have committed crimes against children; sexual offenders.		

SERVICE INFORMATION

Model	Harm reduction.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Nelson-Marlborough	
Categories	Family/Whanau/Significant Other, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Day Programme, Groups, Public Health, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Nelson Problem Gambling Services

Service Description Range of services for problem gambling, their families/whanau and others affected. Service provided by joint venture of Problem Gambling Foundation and Te Kahui Hauora O Ngati Koata Trust.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	barry.scorrar@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	50 Halifax Street		
Town	Nelson		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 03 548 2230	Admission:	Fax: 03 548 2969
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Nelson-Marlborough	
Categories	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori, Other	
Referral Methods	Self	
Service Types	Assessment, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Blenheim

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Blenheim Hospital		
Town	Blenheim		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 03 520 9908 / 0800 664 262	Admission:	Fax: 03 520 9929
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Nelson-Marlborough	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Aftercare, Assessment, Individual Counselling, Training	
Service Groupings	Gambling	

St Marks Alcohol & Drug Residential Service

Service Description Intensive residential treatment programme (12 weeks) with a halfway house for follow up.
Funded by MOH. Client pays accommodation costs from WINZ benefit.
Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	Yes	No
Age	18+		
Email	admin@stmarks.co.nz		
Website	www.stmarks.co.nz		
Address	61 Main Street		
Town	Blenheim		
Contact Hours	9:00am - 5:00pm Mon to Fri		
Phone	Main: 03 578 0459	Admission: 03 578 0459	Fax: 03 578 0406
Not Catered For	Under 18 years, arsonists.		

SERVICE INFORMATION

Model	Therapeutic	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast	
Categories	Generic Adult	
Referral Methods	Assessment Agency, Other Agency	
Service Types	Aftercare, Day Programme, Groups, Individual Counselling, Residential (Intensive), Social Detox (Residential), Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Te Kahui Hauora O Ngati Koata - Health and Social Service

Service Description Services for Maori, Pakeha/NZ European and other ethnicities. Support and advice for all those affected by gambling, including family members. One-to-one and family counselling and support groups. Assessment of other co-existing problems such as substance abuse and depression. Health promotion / public talks also available.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	gambling@koata.iwi.nz		
Website			
Address	30 Vanguard St		
Town	Nelson		
Contact Hours	Mon-Fri 8.00am - 4.30pm		
Phone	Main: 03 548 2230 or 03 546 8018	Admission:	Fax: 03 548 2969
Not Catered For			

SERVICE INFORMATION

Model	Holistic, biopsychosocio spiritual approach. Harm minimisation / harm reduction.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Nelson-Marlborough	
Categories	Generic Adult, Kaupapa Maori	
Referral Methods	Self, GP, Other Agency	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Support Groups, Training	
Service Groupings	Gambling	

Te Kahui Hauora o Ngati Koata Trust - Social Services

Service Description Whanau-based holistic addictions service for Maori and non Maori with substance and other issues. Caters for adolescents also. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	No restriction		
Email	TEKAHUIAOD@koata.iwi.nz		
Website			
Address	30 Vanguard St		
Town	Nelson		
Contact Hours	8.30am-4.30pm		
Phone	Main: 03 546 8018	Admission:	Fax: 03 546 8994
Not Catered For	High level mental health disorder		

SERVICE INFORMATION

Model Harm reduction and abstinence. Range of holistic models used, both Maori and non Maori models.

	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes

Accepts Referrals From DHBs Nelson-Marlborough

Categories Generic Adult, Generic Youth, Kaupapa Maori

Referral Methods Self, GP, Other Agency

Service Types Assessment, Groups, Individual Counselling, Opioid Substitution Treatment, Support Groups, Training

Service Groupings Alcohol and Other Drug

Te Rapuora O Te Waiharakeke

Service Description Te Rapuora is a Maori Health provider delivering a wide range of free health services. Our aim is to help raise the mana of our whanau, hapu, iwi by assisting them recognise and address their health needs. Te Rapuora advocates for whanau wellness and development through the promotion of wellbeing and the provision of quality health services. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	All ages		
Email	admin@tewaiha.org.nz		
Website	www.terapuora.co.nz		
Address	69 - 71 Grove Road		
Town	Blenheim		
Contact Hours	8:00am - 5:00pm Mon to Fri		
Phone	Main: 03 578 3348	Admission:	Fax: 03 578 8034
Not Catered For	Under the influence, violent or aggressive		

SERVICE INFORMATION

Model Kaupapa Maori. Te Whare Tapa Wha. Relapse prevention.

	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Nelson-Marlborough	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Te Whare Hauora O Te Awhina Marae

Service Description A community alcohol and drug service providing assessment, counselling and liaison services. Also see people who are visiting the area. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	No restriction		
Email	info@tam.org.nz		
Website	www.tam.org.nz		
Address	133 Pah Street		
Town	Motueka		
Contact Hours	8:00am - 5:00pm		
Phone	Main: 03 528 6061	Admission: 03 528 6061	Fax: 03 528 8995
Not Catered For	Methadone clients.		

SERVICE INFORMATION

Model	Mix of behavioural and cognitive.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Nelson-Marlborough	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
Referral Methods	Self, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Public Health, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

West Coast DHB

Problem Gambling Foundation - Greymouth

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Family Focus Services		
Town	Greymouth		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 03 768 0369	Admission:	Fax: 03 768 9835
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	West Coast	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Individual Counselling, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Westport

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	111 Palmerston St		
Town	Westport		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 03 789 7659 0800 664 262	Admission:	Fax: 03 789 6335
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	West Coast	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Individual Counselling, Whanau / Family Group	
Service Groupings	Gambling	

Rata Alcohol and Other Drugs Service Greymouth

Service Description Rata alcohol and other drug service is committed to reducing the harm to individuals, families and the community, associated with substance use.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18 years and over		
Email	margaret.adams@westcoastdhb.org.nz		
Website			
Address	High Street		
Town	Greymouth		
Contact Hours	8:30am - 4:30pm		
Phone	Main: 03 768 2805	Admission:	Fax: 03 768 2682
Not Catered For			

SERVICE INFORMATION

Model	Includes cognitive behavioural, social learning, dynamics, motivational, relapse prevention strategies, insight oriented techniques etc.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	West Coast	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Community Detox (Home), Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Rata Alcohol and Other Drugs Service Hokitika

Service Description A community alcohol and drug service committed to reducing the harm to individuals, families and the community, associated with substance use.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18 years and over		
Email	margaret.adams@westcoastdhb.org.nz		
Website			
Address	59 Sewell Street		
Town	Hokitika		
Contact Hours	8:30am - 4:30pm		
Phone	Main: 03 755 8044	Admission:	Fax: 03 755 5058
Not Catered For			

SERVICE INFORMATION

Model	Cognitive Behavioural Therapy, social learning, relapse prevention, Motivational Interviewing	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	West Coast	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Community Detox (Home), Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Social Detox (Residential), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Rata Alcohol and Other Drugs Service Westport

Service Description Rata alcohol and drug service is committed to reducing the harm to individuals, families and the community, associated with substance use.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18 years and over		
Email	margaret.adams@westcoastdhb.org.nz		
Website			
Address	Buller Hospital		
Town	Westport		
Contact Hours	8:30am - 4:30pm		
Phone	Main: 03 788 9023	Admission:	Fax: 03 789 7029
Not Catered For			

SERVICE INFORMATION

Model	CBT, social learning relapse prevention, insight orientated	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	West Coast	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Community Detox (Home), Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Social Detox (Residential), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Canterbury DHB

198 Youth Health Centre

Service Description GP, nursing and counselling services

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	10 -25 years		
Email	ythhlth@ihug.co.nz		
Website	www.cyberplace.org.nz/community/198.html		
Address	198 Hereford Street		
Town	Christchurch		
Contact Hours	11.45am - 6pm M,W,Thu, F. 12.45pm - 6pm Tue		
Phone	Main: 03 379 4800	Admission:	Fax: 03 379 4847
Not Catered For			

SERVICE INFORMATION

Model	Cognitive behavioural therapy model, relapse prevention models; 12 step/rational recovery models; socio-cultural model; medical model based around management/harm reduction.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Canterbury		
Categories	Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Assessment, Individual Counselling, Screening (Brief Intervention)		
Service Groupings	Alcohol and Other Drug		

Addiction Advocacy Service

Service Description Advocacy / peer support. Offers support to people using AOD services and their families. Also able to provide advocacy in other areas e.g. WINZ, housing, CYFS etc. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	16+		
Email	addictionadvocacyservice@adanz.org.nz		
Website	www.adanz.org.nz		
Address	215 Gloucester Street		
Town	Christchurch		
Contact Hours	9am - 4.30pm (answerphone outside these hours)		
Phone	Main: 03 943 5584	Admission:	Fax: 03 377 5600
Not Catered For			

SERVICE INFORMATION

Model	Advocacy / Peer Support	
Accreditation	Mental Health No	Alcohol and Other Drug No
Accepts Referrals From DHBs	Canterbury	
Categories	Generic Adult, Generic Youth, Other	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Advocacy/Peer Support, Other	
Service Groupings	Alcohol and Other Drug	

Adventure Development Christchurch

Service Description Individual, family and adventure based counselling for young people with alcohol, drug or mental health issues.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13-19		
Email	claire@adventuredevelopment.co.nz		
Website	www.adventuredevelopment.co.nz		
Address	387a Colombo St		
Town	Christchurch		
Contact Hours	8.30am - 5.00pm Mon-Fri		
Phone	Main: 03 379 7779	Admission:	Fax: 03 379 7774
Not Catered For			

SERVICE INFORMATION

Model	Adventure Therapy, Strengths Based, Recovery focus	
Accreditation	Mental Health	Alcohol and Other Drug
	No	No
Accepts Referrals From DHBs	Canterbury, Otago, South Canterbury, Southland	
Categories	Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Groups, Individual Counselling, Research, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Alcohol and Drug Counselling Centre Christchurch

Service Description A counselling service available to all those people and their families, affected by alcohol and drugs. Does limited licence assessments. LTNZ assessments. ACC registered for people who have AOD problems stemming from sexual abuse. Independent prison assessments.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	Yes	Yes
Age	Any age		
Email	adcc@xtra.co.nz		
Website			
Address	91 Seaview Mall		
Town	Christchurch		
Contact Hours	9am-6pm		
Phone	Main: 03 388 6438 027 491 3873	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model	Cognitive behavioural therapy, motivational enhancement, client-centred	
Accreditation	Mental Health No	Alcohol and Other Drug No
Accepts Referrals From DHBs	Canterbury	
Categories	Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Individual Counselling	
Service Groupings	Alcohol and Other Drug	

Ashburton Community Alcohol and Drug Service

Service Description Addiction Counselling Service and Public Health Service

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	12 +		
Email	acads@xtra.co.nz		
Website			
Address	Elizabeth Street		
Town	Ashburton		
Contact Hours	8.30am - 5 pm Mon to Fri		
Phone	Main: 03 308 1270	Admission: 03 308 1270	Fax: 03 308 1245
Not Catered For			

SERVICE INFORMATION

Model	Hypnotherapy, Psychotherapy, Cognitive Behavioural Therapy, Motivational Enhancement Therapy, Harm Minimisation	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Canterbury	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Public Health, Screening (Brief Intervention), Self-help groups, Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Care NZ - Christchurch

Service Description Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families." Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	christchurch@carenz.co.nz		
Website	www.carenz.co.nz		
Address	192 Cashel St		
Town	Christchurch		
Contact Hours	8.30am-5.00pm		
Phone	Main: 03 365 8700	Admission:	Fax: 03 365 9800
Not Catered For	Clients with severe mental disorders, people on a methadone programme, under 18 years old.		

SERVICE INFORMATION

Model	Eclectic	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Canterbury	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Day Programme, Groups, Individual Counselling, Support Groups	
Service Groupings	Alcohol and Other Drug	

Christchurch City Mission Drug and Alcohol Service

Service Description A community-based service providing assessment for treatment access, counselling and relapse prevention. Home detox service. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	25+		
Email			
Website			
Address	275 Hereford St		
Town	Christchurch		
Contact Hours	9am - 5pm		
Phone	Main: 365 0635	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Canterbury	
Categories	Generic Adult	
Referral Methods	Self, GP, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Individual Counselling	
Service Groupings	Alcohol and Other Drug	

Christchurch City Mission Home Detox Service

Service Description Non-residential withdrawal management services for people living at home, with three sessions of follow-up and brief interventions

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	17 yrs +		
Email	julie@citymission.org.nz		
Website			
Address	228 Worcester Street		
Town	Christchurch		
Contact Hours	9 - 5 M - F		
Phone	Main: 03 365 0635 X 726	Admission: as above	Fax:
Not Catered For	Mentally unstable adults in chaotic living circumstances. Adults with a history of seizure.		

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Canterbury	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Community Detox (Home), Training	
Service Groupings	Alcohol and Other Drug	

Christchurch City Mission Youth Drug and Alcohol Service

Service Description A community based service providing assessment for treatment access, counselling and relapse prevention. Home detox service. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13 - 25 years		
Email	chchcitymission@citymission.org.nz		
Website	www.citymission.org.nz		
Address	271 - 275 Hereford Street		
Town	Christchurch		
Contact Hours	9.00am - 5.00pm Mon to Fri		
Phone	Main: 03 365 0635	Admission:	Fax: 03 366 7100
Not Catered For			

SERVICE INFORMATION

Model	Motivational interviewing, harm minimisation, strengths base	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Canterbury	
Categories	Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention)	
Service Groupings	Alcohol and Other Drug	

Christchurch Methadone Programme

Service Description Outpatient methadone service for consumers (18+) wishing to stop intravenous drug use. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Sylvan Street		
Town	Christchurch		
Contact Hours	8:30am - 5:00pm Mon to Fri		
Phone	Main: 03 335 4350	Admission:	Fax: 03 335 4351
Not Catered For			

SERVICE INFORMATION

Model	Motivational interviewing, CBT, Community Reinforcement, Supportive Relapse prevention		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	Yes	
Accepts Referrals From DHBs	Canterbury		
Categories	Generic Adult		
Referral Methods	Self		
Service Types	Opioid Substitution Treatment		
Service Groupings	Alcohol and Other Drug		

Community Alcohol and Drug Service - Christchurch

Service Description Assessment and Referral. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	intake.team@cdhb.govt.nz		
Website			
Address	Sylvan Street		
Town	Christchurch		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 03 335 4350	Admission:	Fax: 03 335 4351
Not Catered For	People with charges pending.		

SERVICE INFORMATION

Model	Cognitive Behavioural Therapy, Relapse prevention, motivational enhancement, person centered counselling.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Canterbury	
Categories	Generic Adult	
Referral Methods	GP, Assessment Agency	
Service Types	Assessment	
Service Groupings	Alcohol and Other Drug	

Familial Trust

Service Description Provide counselling and support to family members and associates who are affected by another's addiction. Cost is \$60 per hour or an affordable donation. No one is turned away for financial reasons.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	No	Yes
Age	All ages		
Email	info@familialtrust.org		
Website	www.familialtrust.org		
Address	6 Wilsons Road		
Town	Christchurch		
Contact Hours	9:00am - 5:00pm		
Phone	Main: 03 981 1093, 0508 233328	Admission:	Fax: 03 942 1093
Not Catered For	Intoxication		

SERVICE INFORMATION

Model	12 Step, Motivational Interviewing, Cognitive Behavioural Therapy, narrative, R E Therapy, Humanistic Therapy.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Canterbury	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Other Agency, Helpline	
Service Types	Aftercare, Day Programme, Groups, Individual Counselling, Whanau / Family Group	
Service Groupings	Gambling	

He Waka Tapu Trust

Service Description He Waka Tapu works with Maori or those with Maori partners or children, and uses a Kaupapa Maori framework to services provided: alcohol and other drug day programmes, rangatahi intervention programme 14-18 years, and harm-minimisation education. Maori workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	14+		
Email	admin@hewakatapu.org.nz		
Website	www.hewakatapu.org.nz		
Address	161 Pages Rd		
Town	Christchurch		
Contact Hours	9am - 5pm, Mon - Fri		
Phone	Main: 03 373 8150	Admission:	Fax: 03 381 3207
Not Catered For	Those with severe intellectual disabilities.		

SERVICE INFORMATION

Model	Te Whare Tapa Wha; Poutama, Gestalt, Object relations, C. B. T, Client-Centred Counselling, Psychodynamic approach, Motivational Interviewing, Interpersonal Psychotherapy.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	Yes	
Accepts Referrals From DHBs	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast		
Categories	Kaupapa Maori		
Referral Methods	Self		
Service Types	Aftercare, Assessment, Community Detox (Home), Day Programme, Groups, Individual Counselling, Research, Supported Accommodation, Whanau / Family Group		
Service Groupings	Alcohol and Other Drug, Gambling		

Hereford Centre

Service Description Service for psychiatric clients with chronic major mental illness. Provides alcohol and other drug treatment for those who present with substance abuse problems, along with major mental illness. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18-65		
Email	herefordcentre@cdhb.govt.nz		
Website			
Address	253 Cashel Street		
Town	Christchurch		
Contact Hours	8.30am - 5.00pm, M - Fr 10 - 2 Sat, Sun		
Phone	Main: 03 366 2620	Admission:	Fax: 03 3771624
Not Catered For			

SERVICE INFORMATION

Model	Assertive outreach intensive care management.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No
Accepts Referrals From DHBs	Canterbury	
Categories	Generic Adult	
Referral Methods	GP, Other Agency, Helpline	
Service Types	Assessment, Day Programme, Individual Counselling	
Service Groupings	Alcohol and Other Drug	

Home Detox Service

Service Description The aim of the service is to provide detoxification that supports the controlled and safe withdrawal from alcohol and / or other drugs within the home environment.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	homedetox@citymission.org		
Website	www.citymission.org.nz		
Address	271 - 275 Hereford Street		
Town	Christchurch		
Contact Hours	9:00am - 5:00pm Mon to Fri		
Phone	Main: 03 365 0635	Admission:	Fax: 03 371 0602
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Canterbury	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Community Detox (Home), Social Detox (Residential)	
Service Groupings	Alcohol and Other Drug	

Kennedy Unit

Service Description A 6 bed medical withdrawal management unit for the South Island for people with alcohol and/or drug addiction. Admission through assessment agencies only.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	17 - 65 years		
Email	kennedy.unit@cdhb.govt.nz		
Website			
Address	Building 5, Hillmorton Hospital		
Town	Christchurch		
Contact Hours	24hr service		
Phone	Main: 03 339 1139	Admission:	Fax: 03 339 1142
Not Catered For	Psychosis		

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast	
Categories	Generic Adult	
Referral Methods	Assessment Agency	
Service Types	Medical Detox (Inpatient)	
Service Groupings	Alcohol and Other Drug	

Nova Trust Board

Service Description Residential alcohol and drug rehabilitation treatment programme. Service all DHB's except Auckland and Northland (Whangarei). Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+		
Email			
Website			
Address	43 Newtons Road		
Town	Christchurch		
Contact Hours	7:30am - 4:00pm Office / Lodge 24hours		
Phone	Main: 03 349 2053	Admission:	Fax: 03 349 2054
Not Catered For	A&D youth, arson histories.		

SERVICE INFORMATION

Model	.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Bay of Plenty, Canterbury, Capital & Coast, Counties-Manukau, Hawkes Bay, Hutt, Lakes, Mid Central, Nelson-Marlborough, Otago, South Canterbury, Southland, Tairāwhiti, Taranaki, Waikato, Wairarapa, Waitemata, West Coast, Whanganui	
Categories	Generic Adult	
Referral Methods	Assessment Agency, Other Agency	
Service Types	Groups, Individual Counselling, Residential (Intensive), Supported Accommodation	
Service Groupings	Alcohol and Other Drug	

Odyssey House Christchurch

Service Description 22 bed therapeutic community programme. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	odyssey.trust.chch@xtra.co.nz		
Website	odyssey.chch.org.nz		
Address	98 Greers Road		
Town	Christchurch		
Contact Hours	9:00am - 5:00pm		
Phone	Main: 03 358 2690	Admission:	Fax: 03 358 2907
Not Catered For	Intoxicated, overnight accommodation, some psych conditions, brain damage, intellectual handicap, arson violence or sexual offences will be discussed regarding risk. Blind or deaf clients.		

SERVICE INFORMATION

Model	Therapeutic community		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	Yes	
Accepts Referrals From DHBs	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast		
Categories	Generic Adult		
Referral Methods	Assessment Agency		
Service Types	Residential (Intensive)		
Service Groupings	Alcohol and Other Drug, Gambling		

Odyssey Youth Service Day Programme

Service Description Day programme for youth (male and female) aged 14 - 18 years experiencing alcohol and drug-related problems. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	Yes
Age	12 - 18 years		
Email	odyssey.youth.serv@xtra.co.nz		
Website	odyssey.chch.org.nz		
Address	98 Greers Road		
Town	Christchurch		
Contact Hours	24 hours		
Phone	Main: 03 358 2690	Admission: 03 357 1881	Fax: 03 357 1883
Not Catered For	Blind or deaf clients, offences which involve arson, violence and sexual assault.		

SERVICE INFORMATION

Model	Therapeutic community model, cognitive behavioural therapy, motivational interviewing, education		
	Mental Health	Alcohol and Other Drug	
Accreditation	Yes	Yes	
Accepts Referrals From DHBs	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast		
Categories	Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Day Programme, Groups, Individual Counselling, Research, Residential (Intensive), Training, Whanau / Family Group		
Service Groupings	Alcohol and Other Drug		

Odyssey Youth Service Residential Programme

Service Description An 8 bed residential unit for youth (male and female) aged 14 - 18 years who are alcohol and/or drug dependent. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	Yes
Age	14 - 18 years		
Email	odyssey.youth.serv@clear.net.nz		
Website	odyssey.chch.org.nz		
Address	98 Greers Road		
Town	Christchurch		
Contact Hours	24 hours		
Phone	Main: 03 358 2690	Admission: 03 357 1881	Fax: 03 357 1883
Not Catered For	Specific mental health disorders.		

SERVICE INFORMATION

Model	Therapeutic community cognitive behavioural therapy, motivational interviewing, education		
	Mental Health	Alcohol and Other Drug	
Accreditation	Yes	Yes	
Accepts Referrals From DHBs	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast		
Categories	Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Day Programme, Groups, Individual Counselling, Research, Residential (Intensive), Training, Whanau / Family Group		
Service Groupings	Alcohol and Other Drug		

Pacific Island Evaluation Inc

Service Description A community based alcohol and drug service for Pacific Island people. Provides counselling, day programmes and a 3 bed residential halfway house. Has Pacific Island worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	any age		
Email	info@pievaluation.org		
Website			
Address	369 Wilsons Road		
Town	Christchurch		
Contact Hours	8.30am -5pm		
Phone	Main: 03 365 1458 0800 921158	Admission:	Fax: 365 4197
Not Catered For			

SERVICE INFORMATION

Model	Motivational interviewing, holistic, cultural and spiritual		
	Mental Health	Alcohol and Other Drug	
Accreditation	Yes	No	
Accepts Referrals From DHBs	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast		
Categories	Pacific, Pacific		
Referral Methods	Self, GP, Other Agency		
Service Types	Aftercare, Day Programme, Individual Counselling, Residential (Intensive)		
Service Groupings	Alcohol and Other Drug		

Pacific Trust Canterbury - Alcohol and Other Drugs Service

Service Description Community alcohol and other drugs services for pacific people and the wider community. Has Pacific Island worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	0 - 19 years & 18 - 65 years		
Email	aod@pacifctrust.co.nz		
Website	www.pacifctrust.co.nz		
Address	16 Worcester Street		
Town	Christchurch		
Contact Hours	8:30am - 5:00pm Mon to Fri		
Phone	Main: 03 366 3900	Admission:	Fax: 03 366 3901
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Canterbury	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Training	
Service Groupings	Alcohol and Other Drug	

Problem Gambling Foundation - Ashburton

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.
Contact Christchurch to make an appointment. Also Support meeting Wednesdays 9am

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	cnr Cass & Tancred Streets		
Town	Ashburton		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 03 379 2824 / 0800 664 262	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Canterbury	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Individual Counselling, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Christchurch

Service Description Our mission is to eliminate harm caused by gambling by providing counselling, support and information throughout New Zealand for individuals and families.
Some evening and Sat morning appointments available.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	david.coom@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	329 Durham Street		
Town	Christchurch		
Contact Hours	9:00am - 5:00 pm		
Phone	Main: 03 379 2824	Admission: 0800 664 262	Fax: 03 379 4334
Not Catered For			

SERVICE INFORMATION

Model	Integrated model - both	
Accreditation	Mental Health No	Alcohol and Other Drug No
Accepts Referrals From DHBs	Canterbury	
Categories	Asian, Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self	
Service Types	Aftercare, Day Programme, Groups, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Self-help groups, Support Groups, Training, Whanau / Family Group	
Service Groupings	Gambling	

Problem Gambling Foundation - Kaikoura

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	Yes
Age	18+		
Email	ochiltree@xtra.co.nz		
Website			
Address	McAra House		
Town	Kaikoura		
Contact Hours	waking hours		
Phone	Main: 03 319 4377	Admission: 0800 664 262	Fax: 03 379 4334
Not Catered For			

SERVICE INFORMATION

Model	Client centred counselling	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Nelson-Marlborough	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Individual Counselling	
Service Groupings	Gambling	

Salvation Army Bridge Aftercare - Te Awhina

Service Description Providing support services to clients after treatment for addiction; including drop in, group programme, counselling and community support from the Aftercare Community Support Services.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	Ritchi_Stewart@nzf.salvationarmy.org		
Website	www.sab.org.nz		
Address	27 Collins St		
Town	Christchurch		
Contact Hours	9am - 3pm weekdays		
Phone	Main: 03 338 4436	Admission:	Fax: 03 338 4312
Not Catered For	Those whose mental health is the primary issue, clients in active addiction		

SERVICE INFORMATION

Model	Community reinforcement model,	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Canterbury	
Categories	Family/Whanau/Significant Other, Generic Adult, Other	
Referral Methods	Self, Assessment Agency, Helpline	
Service Types	Aftercare, Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Salvation Army Bridge Programme - Christchurch

Service Description Provides a range of community support and treatment interventions (including residential) for alcohol and other drug dependencies. The Bridge is also linked with The Salvation Army Oasis Problem Gambling Service in Christchurch
 Accreditation: Dual Diagnosis
 Also see client with gambling addictions co-existing with AOD
 Accepts clients under the Alcohol & Drug Addiction Act 1966. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+ (flexibility to take some 18, 19 year olds)		
Email	chch.bridge@xtra.co.nz		
Website	www.sab.org.nz		
Address	35 Collins Street		
Town	Christchurch		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 03 338 4436	Admission: 03 338 4436	Fax: 03 338 4312
Not Catered For	Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

SERVICE INFORMATION

Model	Community reinforcement approach	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Canterbury, Lakes, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Residential (Intensive), Screening (Brief Intervention), Self-help groups, Support Groups, Supported Accommodation	
Service Groupings	Alcohol and Other Drug, Gambling	

Salvation Army Oasis - Ashburton

Service Description Counselling service for problem gambling.
Booking through Christchurch Oasis.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	14+		
Email	oasisch@xtra.co.nz		
Website	www.oasiscentre.org.nz		
Address	28 Elizabeth St		
Town	Ashburton		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 03 365 9659	Admission:	Fax: 03 365 7585
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Canterbury	
Categories	Asian, Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Assessment, Groups, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
Service Groupings	Gambling	

Salvation Army Oasis - Christchurch

Service Description Free, confidential and professional help for problem gamblers and their whanau/families and affected others.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	14+		
Email	oasis_christchurch@nzf.salvationarmy.org		
Website	www.oasiscentre.org.nz		
Address	126 Bealey Avenue		
Town	Christchurch		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 03 365 9659	Admission: 03 365 9659	Fax: 03 365 7585
Not Catered For	Not younger than 14 years.		

SERVICE INFORMATION

Model	Range of approaches matched to client and community needs.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Canterbury, South Canterbury	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Research, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
Service Groupings	Gambling	

Salvation Army Oasis - Kaiapoi

Service Description Counselling service for problem gambling.
Book through Christchurch Office

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	14+		
Email	oasisch@xtra.co.nz		
Website	www.oasiscentre.org.nz		
Address	Kaiapoi Community Services Rooms		
Town	Kaiapoi		
Contact Hours	8:30am - 5:00pm Mon-Fri		
Phone	Main: 03 365 9659	Admission:	Fax: 03 365 7585
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Canterbury	
Categories	Asian, Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Assessment, Groups, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
Service Groupings	Gambling	

Salvation Army Oasis - Rangiora

Service Description Counselling service for problem gambling.
Book through Christchurch Office

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	14+		
Email	oasisch@xtra.co.nz		
Website	www.oasiscentre.org.nz		
Address	Ashley Street		
Town	Rangiora		
Contact Hours	8:30am - 5:00pm Mon-Fri		
Phone	Main: 03 365 9659	Admission:	Fax: 03 365 7585
Not Catered For	Under 14 years of age.		

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Canterbury	
Categories	Asian, Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Assessment, Groups, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
Service Groupings	Gambling	

Te Tai O Marokura Health and Social Service

Service Description A marae-based Maori health and social service which includes assessment, counselling, and day programmes for people with alcohol and drug issues, including a youth programme. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Any age		
Email	tetai@ihug.co.nz		
Website			
Address	Takahanga Marae		
Town	Kaikoura		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 03 319 6443	Admission:	Fax: 03 319 6463
Not Catered For			

SERVICE INFORMATION

Model	Holistic, tikanga-based.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Canterbury	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Advocacy/Peer Support, Assessment, Community Detox (Home), Day Programme, Individual Counselling, Public Health, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Thorpe House

Service Description A 9 bed residential detox service for people 17 years and over. Maximum detox 21 days. This includes AoD 1 respite bed 3 - 5 days, respite for Canterbury only. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	17+		
Email	thorpe@citymission.org.nz		
Website	www.citymission.org.nz		
Address	228 Worcester Street		
Town	Christchurch		
Contact Hours	24hrs / Ideally 9am - 5pm for assessment		
Phone	Main: 03 379 1682	Admission: 03 379 1682	Fax: 03 371 0602
Not Catered For	Those with a seizure history.		

SERVICE INFORMATION

Model	Supportive, safe environment to detox	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Social Detox (Residential)	
Service Groupings	Alcohol and Other Drug	

Wahine Whai Ora

Service Description An assessment, counselling, day programme and support service for women concerned about their own or others use of alcohol and / or other drugs.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	17 years plus		
Email	wahinewhaiora@citymission.org.nz		
Website			
Address	276 Hereford Street		
Town	Christchurch		
Contact Hours	9.00am - 5.00pm		
Phone	Main: 03 365 6601	Admission:	Fax: 03 365 9936
Not Catered For	Men		

SERVICE INFORMATION

Model	Client-centred, harm minimisation	
Accreditation	Mental Health No	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Canterbury	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention)	
Service Groupings	Alcohol and Other Drug	

Waipuna Youth Counselling Service

Service Description Counselling provided for alcohol and drug issues, anxiety and depression, self-esteem, relationships, grief and trauma.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13 - 25		
Email	waipuna@sjog.org.nz		
Website	www.waipunatrust.org.nz		
Address	349 Woodham Road, Box 24127 Eastgate		
Town	Christchurch		
Contact Hours	8.30am - 5.00 pm, Mon-Fri		
Phone	Main: 03 386 2159 ext 703	Admission:	Fax: 03 386 2158
Not Catered For	Overnight accommodation, medical/nursing care, people with charges pending.		

SERVICE INFORMATION

Model	Cognitive behavioural, solution focused, client centred. ACC registered counsellor.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Canterbury		
Categories	Generic Adult, Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Assessment, Individual Counselling, Screening (Brief Intervention)		
Service Groupings	Alcohol and Other Drug		

Woodlands Centre Charitable Trust Inc.

Service Description Problem gambler provider services.
Specialist provider; registered psychologist and clinical psychologist, kaumatua and staff trained WeITec Gambling Impulse Control Disorders.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	17 years and older		
Email	enquiries@woodlandstrust.co.nz		
Website	www.woodlandstrust.org.nz		
Address	17 Mauger Drive		
Town	Christchurch		
Contact Hours	9:00am - 5:00pm Mon-Fri		
Phone	Main: 03 384 1052	Admission: 0800 333 122	Fax: 03 384 1075
Not Catered For	We deal primarily with individuals with gambling problems.		

SERVICE INFORMATION

Model	Cognitive Behavioural Therapy, Group Therapy.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Auckland, Canterbury, Capital & Coast, Counties-Manukau, Hutt, South Canterbury, Waikato	
Categories	Family/Whanau/Significant Other, Generic Adult, Other, Pacific	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling	
Service Groupings	Gambling	

Youth Drug and Alcohol Service North Canterbury

Service Description A community-based service for adolescents with mild/moderate alcohol and drug issues. Covers Kaiapoi, Rangiora, Oxford, and Hurunui District to Hanmer Springs.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	10 - 19 years		
Email	ydaservice@xtra.co.nz		
Website			
Address	7 Albert Street		
Town	Rangiora		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 03 313 1056 027-4511567	Admission:	Fax: 03 313 1056
Not Catered For			

SERVICE INFORMATION

Model	Motivational Interviewing, Cognitive Behavioural Therapy	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Canterbury	
Categories	Generic Youth	
Referral Methods	Self, GP, Other Agency	
Service Types	Aftercare, Assessment, Individual Counselling, Other, Social Detox (Residential)	
Service Groupings	Alcohol and Other Drug	

Youth Specialty Service

Service Description Outpatient alcohol and drug, and mental health assessment and treatment for 13 - 18 year olds. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13 - 18 years		
Email	youthspecialtyservice@cdhb.govt.nz		
Website	www.cdhb.govt.nz		
Address	51 Sylvan Street		
Town	Christchurch		
Contact Hours	08:30am - 5:00pm		
Phone	Main: 03 339 1126	Admission: 0800 218 219	Fax: 03 339 1127
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	Yes	Yes
Accepts Referrals From DHBs	Canterbury	
Categories	Generic Youth	
Referral Methods	GP, Other Agency	
Service Types	Assessment, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

South Canterbury DHB

Adventure Development Timaru

Service Description Individual, family, and adventure based counselling for young people with moderate to severe AOD issues and or mental health difficulties.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13-19 with some flexibility		
Email	kat@adventuredevelopment.co.nz		
Website			
Address	21 Church Street		
Town	Timaru		
Contact Hours	9.00am - 5.00pm Mon - Fri		
Phone	Main: 03 684 5830	Admission:	Fax: 03 6845984
Not Catered For			

SERVICE INFORMATION

Model	Motivational Interviewing, Narrative, CBT, Strengths Based, Recovery Focus, Adventure/Experiential modalities		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Canterbury, Lakes, Otago, South Canterbury, Southland		
Categories	Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group		
Service Groupings	Alcohol and Other Drug		

Alcohol and Drug Service - Timaru

Service Description A community alcohol and drug service providing assessment, counselling and a methadone programme. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Youth 12-20 years & Adult 20yrs and older		
Email	alcohol.drug@timhosp.co.nz		
Website			
Address	Cnr High and Queen Street - Kensington Centre		
Town	Timaru		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 03 684 1420	Admission:	Fax: 03 684 1466
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	South Canterbury	
Categories	Generic Adult, Generic Youth	
Referral Methods	Self, GP, Other Agency, Helpline	
Service Types	Assessment, Community Detox (Home), Individual Counselling, Opioid Substitution Treatment, Training	
Service Groupings	Alcohol and Other Drug	

Caroline House Inc.

Service Description Service offers residential, supported living, social detox and education. Accessed only via Timaru Alcohol and Other Drug Service.

ACCESS INFORMATION

	Free	Fee	Other
Cost	No	No	Yes
Age	20+		
Email	caroline.house@xtra.co.nz		
Website			
Address	55 Cain Street		
Town	Timaru		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 03 684 6020	Admission:	Fax: 03 684 6285
Not Catered For	Under 20 years of age.		

SERVICE INFORMATION

Model	Strengths model of recovery.	
Accreditation	Mental Health No	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	South Canterbury	
Categories	Generic Adult	
Referral Methods	Assessment Agency	
Service Types	Community Detox (Home), Day Programme, Residential (Intensive), Social Detox (Residential)	
Service Groupings	Alcohol and Other Drug	

Problem Gambling Foundation - Temuka

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

Book via Christchurch PGF.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	8 Domain Ave		
Town	Temuka		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 03 379 2824 / 0800 664 262	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	South Canterbury	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Assessment, Individual Counselling	
Service Groupings	Gambling	

Problem Gambling Foundation - Timaru

Service Description Free and confidential counselling service for those affected by problem gambling

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website	www.pgfnz.org.nz		
Address	27 Strathallam Street		
Town	Timaru		
Contact Hours	Working hours		
Phone	Main: 03 379 2824 / 0800 664 262	Admission:	Fax: 03 379 4334
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	South Canterbury	
Categories	Asian, Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Assessment Agency	
Service Types	Assessment, Day Programme, Groups, Individual Counselling, Public Health, Screening (Brief Intervention), Whanau / Family Group	
Service Groupings	Gambling	

Otago DHB

Adventure Development Dunedin

Service Description Individual, family and adventure-based counselling for young people with moderate to severe AOD issues and or mental health difficulties.
Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13-19 with some flexibility		
Email	scott@adventuredevelopment.co.nz		
Website			
Address	226 High St		
Town	Dunedin		
Contact Hours	9.00am - 5.00pm Mon-Fri		
Phone	Main: 03 470 1691	Admission:	Fax: 03 470 1692
Not Catered For			

SERVICE INFORMATION

Model	Motivational Interviewing, Narrative, CBT, Strengths Based, Recovery Focus, Adventure/Experiential modalities		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Canterbury, Lakes, Otago, South Canterbury, Southland		
Categories	Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Assessment, Groups, Individual Counselling, Research, Whanau / Family Group		
Service Groupings	Alcohol and Other Drug		

Community Alcohol and Drug Service - Balclutha

Service Description A community alcohol and drug service providing assessment, counselling and a methadone programme. Client groups include partners and family.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	19+		
Email	bill.phillips@healthotago.govt.nz		
Website	N/A		
Address	24 Clyde Street		
Town	Balclutha		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 03 419 0440	Admission:	Fax: 03 419 0441
Not Catered For			

SERVICE INFORMATION

Model	Motivational Interviewing	
Accreditation	Mental Health Yes	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Canterbury, Otago, South Canterbury, Southland, West Coast	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Aftercare, Assessment, Day Programme, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Social Detox (Residential)	
Service Groupings	Alcohol and Other Drug, Gambling	

Community Alcohol and Drug Service - Central Otago

Service Description A multidisciplinary-based mental health service offering assessment, counselling, support and a methadone programme for people with alcohol and other drug problems.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	19+		
Email	julie.scurr@cohealth.co.nz		
Website			
Address	Hospital Street / PO Box 30		
Town	Clyde		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 03 440 4308	Admission:	Fax: 03 440 4318
Not Catered For			

SERVICE INFORMATION

Model	Motivational Interviewing, Cognitive Behavioural Therapy, Relapse prevention		
	Mental Health	Alcohol and Other Drug	
Accreditation	Yes	No	
Accepts Referrals From DHBs	Otago		
Categories	Family/Whanau/Significant Other, Generic Adult		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Assessment, Individual Counselling, Opioid Substitution Treatment		
Service Groupings	Alcohol and Other Drug		

Community Alcohol and Drug Service - Dunedin

Service Description A community alcohol and drug service providing assessment, counselling and a methadone programme. Caters for clients, family members and Maori. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	19+		
Email	tony.martin@otagodhb.govt.nz		
Website			
Address	450 Moray Place		
Town	Dunedin		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 03 477 1901	Admission:	Fax: 03 474 1923
Not Catered For			

SERVICE INFORMATION

Model	Motivational Interviewing, 12 step RR Cognitive Behavioural Therapy Relapse Prevention.	
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No
Accepts Referrals From DHBs	Otago	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Other Agency	
Service Types	Assessment, Groups, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Community Alcohol and Drug Service - Oamaru

Service Description A community alcohol and drug service providing assessment, counselling and a methadone programme. Clients catered for include parents, family and Maori. Can provide a Maori worker from Dunedin if requested.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+ . (18+ for methadone)		
Email	WaitakiCMHT@healthotago.co.nz		
Website			
Address	2 Trent Street		
Town	Oamaru		
Contact Hours	8.30am-5pm		
Phone	Main: 03 434 8993	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model	Motivational Interviewing, Cognitive Behavioural Therapy, Client centred Transactional Analysis, Relapse Prevention		
	Mental Health	Alcohol and Other Drug	
Accreditation	Yes	No	
Accepts Referrals From DHBs	Otago		
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
Referral Methods	Self, GP, Other Agency		
Service Types	Aftercare, Assessment, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention)		
Service Groupings	Alcohol and Other Drug		

Downie Stewart Foundation - Moana House

Service Description Intensive long-term therapeutic community for men with offending histories, with Heke Tikanga as framework of practice. Available to other others outside of catered DHB areas by arrangement on a case by case basis. Has Maori and Pacific Island workers.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	moanahouse@xtra.co.nz		
Website	www.moanahouse.org.nz		
Address	401 High Street		
Town	Dunedin		
Contact Hours	8:30am - 5:00pm		
Phone	Main: 03 477 0842	Admission:	Fax: 03 474 5088

Not Catered For Those with a convicted sexual offence against a minors or those with an active psychotic illness.

SERVICE INFORMATION

Model	Group counselling, 1:1 counselling, education, work, household management. Heke Tikanga is the underlying principle of the Moana House whare – tika pono and aroha are what supports the Heke Tikanga.
	Mental Health Alcohol and Other Drug
Accreditation	Yes Yes
Accepts Referrals From DHBs	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast
Categories	Generic Adult
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline
Service Types	Aftercare, Day Programme, Groups, Individual Counselling, Residential (Intensive), Social Detox (Residential), Supported Accommodation, Training, Whanau / Family Group
Service Groupings	Alcohol and Other Drug, Gambling

Dunedin Homebase Detox Service

Service Description A free, home-based service that helps people break the cycle of alcohol and other drug use.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18 - 65		
Email	dunedindetox@gmail.com		
Website			
Address	Private Bag 1916		
Town	Dunedin		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 03 476 6063	Admission:	Fax: 03 476 4255
Not Catered For	Acutely medically compromised clients + those with complex mental health disorders.		

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	Yes	No
Accepts Referrals From DHBs	Otago	
Categories	Generic Adult	
Referral Methods	Self, GP, Other Agency, Helpline	
Service Types	Community Detox (Home)	
Service Groupings	Alcohol and Other Drug	

Mirror Counselling Service

Service Description Counselling for children and young people 19 years and younger and their family / whanau. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	19 years and under		
Email	mirroradmin@xtra.co.nz		
Website			
Address	8th Floor, Evan Parry House, 43 Princess Street		
Town	Dunedin		
Contact Hours	9:00am - 5:00pm		
Phone	Main: 03 479 2970	Admission:	Fax: 03 474 5679
Not Catered For			

SERVICE INFORMATION

Model	Alcohol and Drug Education, Harm Reduction and Relapse Prevention. Child and Adolescent Psychotherapy and Family/Whanau therapy, solution focussed and strengths based approaches. Other modalities include Transactional Analysis, Narrative Therapy and Play Therapy.		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Otago		
Categories	Generic Adult, Generic Youth, Kaupapa Maori		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Assessment, Groups, Individual Counselling		
Service Groupings	Alcohol and Other Drug, Gambling		

Mirror Youth Day Programme - Whakaata Tohu Tohu

Service Description A drug and alcohol service for youth which embraces a kaupapa maori framework. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	13 -17 years		
Email	mydp@xtra.co.nz		
Website			
Address	8 Foyle Street		
Town	Dunedin		
Contact Hours	8:00am - 5:00pm Mon to Fri		
Phone	Main: 03 482 1366	Admission:	Fax: 03 482 1367
Not Catered For			

SERVICE INFORMATION

Model	Provide a therapeutic environment.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Otago, Southland	
Categories	Generic Youth, Kaupapa Maori	
Referral Methods	Assessment Agency	
Service Types	Day Programme	
Service Groupings	Alcohol and Other Drug	

Problem Gambling Foundation - Cromwell

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		

Email

Website

Address 5 Murray Terrace

Town Cromwell

Contact Hours 8.00 am - 10.00 pm

Phone **Main:** 0800 925 242 **Admission:** **Fax:**

Not Catered For

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No

Accepts Referrals From DHBs Otago

Categories Generic Adult

Referral Methods GP, Assessment Agency, Other Agency

Service Types Groups, Individual Counselling

Service Groupings Gambling

Problem Gambling Foundation - Dunedin

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.
Assessment, counselling, education for all affected by gambling.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email	thomas.moore@pgfnz.org.nz		
Website	www.pgfnz.org.nz		
Address	301 Moray Place		
Town	Dunedin		
Contact Hours	9:00am - 5:00pm Tues - Fri		
Phone	Main: 03 471 6172 / Asian 471 6173	Admission:	Fax: 03 471 6178
Not Catered For			

SERVICE INFORMATION

Model	Both therapeutic and public health approaches.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Otago	
Categories	Asian, Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Advocacy/Peer Support, Assessment, Individual Counselling, Policy (Sector Wide), Public Health, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
Service Groupings	Gambling	

Salvation Army Bridge Programme - Dunedin

Service Description Pretreatment services providing motivation, support and access to treatment; residential and day treatment programmes for AOD dependence and abuse; specialist "Pathways to Change" women's day AOD treatment programme; rural programme; family involvement; aftercare support, encouragement and ongoing learning.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+		
Email	Glen_McLennan@nzf.salvationarmy.org		
Website	www.sab.org.nz		
Address	160 Crawford Street		
Town	Dunedin		
Contact Hours	8.30am - 5pm		
Phone	Main: 03 477 9852	Admission:	Fax: 03 477 1493
Not Catered For	Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

SERVICE INFORMATION

Model	Community Reinforcement approach.	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Otago, Southland	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Medical Detox (Inpatient), Residential (Intensive), Screening (Brief Intervention), Support Groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Salvation Army Oasis - Dunedin

Service Description Counselling and group work for problem gamblers and their families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+		
Email	Chris_Watkins@nzf.salvationarmy.org Judy_Clarke@nzf.salvationarmy.org		
Website	www.oasiscentre.org.nz		
Address	160 Crawford Street		
Town	Dunedin		
Contact Hours	9:00am - 5:00pm Mon-Fri		
Phone	Main: 03 477 9852	Admission:	Fax: 03 477 1493
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Otago	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Assessment, Groups, Individual Counselling, Public Health, Screening (Brief Intervention), Support Groups, Whanau / Family Group	
Service Groupings	Gambling	

Te Roopu Tautoko Ki te Tonga Inc

Service Description Community-based Maori Health provider - providing treatment for violence and gambling. Main target group Maori; open to anyone.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	No restriction		
Email	tautoko@es.co.nz		
Website			
Address	6 Wolseley Street		
Town	Dunedin		
Contact Hours	9am - 5pm		
Phone	Main: 03 477 4670	Admission:	Fax: 03 477 4261
Not Catered For			

SERVICE INFORMATION

Model	Motivational Interviewing, Cognitive Behavioural Therapy, Holistic	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Otago	
Categories	Generic Adult, Generic Youth, Kaupapa Maori	
Referral Methods	Self, GP, Other Agency	
Service Types	Assessment, Day Programme, Groups, Individual Counselling, Whanau / Family Group	
Service Groupings	Gambling	

Southland DHB

Adventure Development Invercargill

Service Description Youth alcohol and other drug service. Screening, assessment and brief intervention service for young people including family/whanau support. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Under 20 but also 20-23 by negotiation		
Email	southland@adventuredevelopment.co.nz		
Website			
Address	10 Deveron St		
Town	Invercargill		
Contact Hours	8.30am-5.00pm		
Phone	Main: 03 218 8833	Admission:	Fax: 03 218 8834
Not Catered For			

SERVICE INFORMATION

Model	Motivational Interviewing, CBT, Strengths		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Southland		
Categories	Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline		
Service Types	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group		
Service Groupings	Alcohol and Other Drug		

Child, Adolescent and Family Service - Southern

Service Description A child and adolescent mental health service. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	up to 19 years		
Email			
Website	www.sdhb.govt.nz		
Address	Elles Road		
Town	Invercargill		
Contact Hours	8.30am - 5.00pm		
Phone	Main: 03 214 5753	Admission:	Fax: 03 214 7279
Not Catered For	Comorbid moderate - severe mental health problem.		

SERVICE INFORMATION

Model	CBT, Motivational interviewing, family	
Accreditation	Mental Health Yes	Alcohol and Other Drug No
Accepts Referrals From DHBs	Canterbury, Southland	
Categories	Generic Youth	
Referral Methods	Self, GP, Other Agency, Helpline	
Service Types	Assessment, Individual Counselling, Screening (Brief Intervention)	
Service Groupings	Alcohol and Other Drug	

Drug and Alcohol Specialist Service

Service Description Provides free assessment and counselling services for individual, families and significant others affected by alcohol and other drugs. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	17 +		
Email			
Website	www.sdhb.govt.nz		
Address	Kew Road, Southland Hospital		
Town	Invercargill		
Contact Hours	8.30am - 5pm		
Phone	Main: 03 2145786	Admission:	Fax: 03 2145722
Not Catered For	Gambling, smoking cessation.		

SERVICE INFORMATION

Model	Recovery - based.	
Accreditation	Mental Health	Alcohol and Other Drug
	Yes	Yes
Accepts Referrals From DHBs	Southland	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Aftercare, Assessment, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Support Groups, Training	
Service Groupings	Alcohol and Other Drug	

Gore Districts Community Counselling Centre

Service Description A service for people seeking assessment and counselling for alcohol and drug problems. Clients catered for include adolescents, family members, and Maori. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	Yes	Yes
Age	6 years and older		
Email	office@gorecounsellingcentre.com		
Website	www.gorecounsellingcentre.com		
Address	17 Traford Street		
Town	Gore		
Contact Hours	8:00am - 5 :00pm		
Phone	Main: 03 208 5366	Admission: 03 208 5366	Fax: 03 208 5366
Not Catered For			

SERVICE INFORMATION

Model	Clinical staff cover all possible therapeutic models. Include Maori staff working with Maori clients	
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Southland	
Categories	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
Referral Methods	Self, GP, Other Agency	
Service Types	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups	
Service Groupings	Alcohol and Other Drug, Gambling	

Nga Kete Matauranga Pounamu

Service Description Kaupapa Maori Social Service

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	12+		
Email	selina@kaitahu.maori.nz		
Website	www.kaitahu.maori.nz		
Address	66 Yarrow Street		
Town	Invercargill		
Contact Hours	8.30am - 5pm		
Phone	Main: 03 214 5260	Admission:	Fax: 03 214 5262
Not Catered For			

SERVICE INFORMATION

Model	Te Whare Tapa Wha/ Eclectic	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Southland	
Categories	Asian, Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Aftercare, Day Programme, Groups, Individual Counselling, Self-help groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug, Gambling	

Problem Gambling Foundation - Queenstown

Service Description Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18+		
Email			
Website			
Address	Main Street		
Town	Queenstown		
Contact Hours	8.00 am - 10.00 pm		
Phone	Main: 0800 925 242	Admission:	Fax:
Not Catered For			

SERVICE INFORMATION

Model		
	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Southland	
Categories	Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency	
Service Types	Individual Counselling	
Service Groupings	Gambling	

Queenstown Community Mental Health Team

Service Description A multi disciplinary service offering assessment and counselling for people with alcohol and other drug problems and referral

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	18 +		
Email	ngaire.todd@sdhb.govt.nz		
Website	sdhb.govt.nz		
Address	19 Douglas Street		
Town	Queenstown		
Contact Hours	8.30am-5pm		
Phone	Main: 03 441 0010	Admission:	Fax: 441 4310
Not Catered For			

SERVICE INFORMATION

Model	Strengths model and recovery	
Accreditation	Mental Health Yes	Alcohol and Other Drug Yes
Accepts Referrals From DHBs	Southland	
Categories	Generic Adult, Generic Youth	
Referral Methods	Self, GP, Assessment Agency, Helpline	
Service Types	Assessment, Individual Counselling, Policy (Sector Wide), Public Health, Screening (Brief Intervention)	
Service Groupings	Alcohol and Other Drug	

Salvation Army Bridge Programme - Invercargill

Service Description Alcohol and drug service - outpatient

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	20+		
Email	invercargill_bridge@nzf.salvationarmy.org		
Website	www.salvationarmy.org.nz		
Address	Cnr Leven St & Victoria Ave		
Town	Invercargill		
Contact Hours	9:00am - 6:00pm		
Phone	Main: 03 218 3094	Admission:	Fax: 03 218 3094
Not Catered For	Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

SERVICE INFORMATION

Model	Community reinforcement approach	
	Mental Health	Alcohol and Other Drug
Accreditation	No	Yes
Accepts Referrals From DHBs	Southland	
Categories	Family/Whanau/Significant Other, Generic Adult	
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	
Service Types	Individual Counselling, Self-help groups, Whanau / Family Group	
Service Groupings	Alcohol and Other Drug	

Salvation Army Oasis - Queenstown

Service Description Gambling addiction help

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Youth to adult		
Email	rose_fraser@nzf.salvationarmy.org		
Website			
Address	29 Camp St		
Town	Queenstown		
Contact Hours	9.00am-5:00pm Mon-Fri		
Phone	Main: 03 442 5103	Admission:	Fax: 03 442 9644
Not Catered For			

SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
Accreditation	No	No
Accepts Referrals From DHBs	Otago, Southland	
Categories	Generic Adult, Generic Youth	
Referral Methods	Self	
Service Types	Individual Counselling, Screening (Brief Intervention)	
Service Groupings	Gambling	

Youth Alcohol and Other Drug Service

Service Description Young people under 20 yrs looking to change alcohol and drug use. Southland wide including rural - travel out and young people coming to base. Has Maori worker.

ACCESS INFORMATION

	Free	Fee	Other
Cost	Yes	No	No
Age	Under 20 yrs		
Email	clive@adventuredevelopment.co.nz		
Website			
Address	92 Kew Road		
Town	Invercargill		
Contact Hours	8.30am -5pm		
Phone	Main: 03 218 8833	Admission:	Fax: 03 2188834
Not Catered For			

SERVICE INFORMATION

Model	Youth Focused ,Motivational Interviewing, Narrative, Family therapy, experimental learning, Cognitive Behavioural Therapy		
	Mental Health	Alcohol and Other Drug	
Accreditation	No	No	
Accepts Referrals From DHBs	Southland		
Categories	Generic Youth		
Referral Methods	Self, GP, Assessment Agency, Other Agency		
Service Types	Aftercare, Assessment, Individual Counselling, Other, Support Groups, Training		
Service Groupings	Alcohol and Other Drug		

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