

# **Addiction Treatment Directory**

## PREFACE

Welcome to the 2011 hard copy edition of the **addictions treatment directory**, a list of all publically funded alcohol, drug and gambling intervention services in New Zealand.

The Addictions Treatment Services Directory is a DHB regionalised list of all the addiction treatment and advice services available anywhere in New Zealand. This Directory is produced by ADANZ (Alcohol Drug Association New Zealand) and funded by the Ministry of Health and Alcohol Advisory Council of New Zealand.

Service information contained in this publication is also available online at [www.addictionshelp.org.nz](http://www.addictionshelp.org.nz). A PDF download of this printed directory is available on the website. The online service information is updated regularly.

Yours sincerely,

Paul Rout  
CEO  
ADANZ (Alcohol Drug Association New Zealand)

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## HOW TO USE THE ADDICTIONS TREATMENT DIRECTORY

At the beginning of this Directory is a list of all national services.

The contents page presents a list of the 21 District Health Board areas in New Zealand, in which all known alcohol, drug and gambling treatment services in each area are listed alphabetically. The District Health Boards are listed in geographical order, beginning at the top of the North Island and ending with the most southern DHB in the South Island.

A full list of services is shown alphabetically in the index at the end of this Directory.

Service information is streamlined into two categories: Access and Services Information.

We welcome your feedback as to how you find this new Directory. If you have any suggestions, compliments or complaints please contact us at

ADANZ (Alcohol Drug Association New Zealand)

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Christchurch

03 379 8626

Email: [ada@adanz.org.nz](mailto:ada@adanz.org.nz)

Web: [www.adanz.org.nz](http://www.adanz.org.nz)

[www.addictionshelp.org.nz](http://www.addictionshelp.org.nz)

[www.alcoholdrughelp.org.nz](http://www.alcoholdrughelp.org.nz)

ADANZ has compiled this directory from information supplied by the services listed. This information is updated annually. Although every attempt has been made to verify the accuracy of the information in this directory, it is subject to change and ADANZ cannot guarantee its accuracy.

# CONTENTS

<b>DHB</b>	<b>Page</b>
National Services	1
Unknown	12
National Services	14
Northland	16
Waitemata	32
Auckland	45
Counties-Manukau	63
Waikato	79
Bay of Plenty	103
Taranaki	120
Lakes	129
Tairāwhiti	134
Whanganui	139
Mid Central	144
Hawkes Bay	158
Capital & Coast	167
Hutt	184
Wairarapa	192
Nelson-Marlborough	196
West Coast	207
Canterbury	213
South Canterbury	251
Otago	257
Southland	272
<b>Service Index</b>	<b>283</b>

# National Services

# Alcohol Drug Helpline

**Service Description** A confidential, free phone service for people with questions about their own or someone else's drinking or drug use. Provides information, brief intervention and referral services, nationwide.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Any age		
<b>Email</b>	ada@adanz.org.nz		
<b>Website</b>	www.alcoholdrughelp.org.nz		
<b>Address</b>	PO Box 13496 Christchurch		
<b>Town</b>	National Service		
<b>Contact Hours</b>	10am-10pm 7 days		
<b>Phone</b>	<b>Main:</b> 0800 787 797	<b>Admission:</b>	<b>Fax:</b> 03 377 5600
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational interviewing, harm reduction, brief intervention, relapse prevention, support.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Services All DHBs		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Individual Counselling, Other		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Gamblers Anonymous International Directory

**Service Description** Gamblers Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	No	No
<b>Age</b>	See website		
<b>Email</b>			
<b>Website</b>	www.gamblersanonymous.org		
<b>Address</b>	See website		
<b>Town</b>	Unknown		
<b>Contact Hours</b>	See website		
<b>Phone</b>	<b>Main:</b> See website	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Services All DHBs	
<b>Categories</b>	Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Groups	
<b>Service Groupings</b>	Gambling	

# Gambling Debt Helpline

**Service Description** Distance telephone counselling - specialist financial counsellors provide support for gamblers, their partners, family and others.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	info@gamblingproblem.co.nz		
<b>Website</b>	www.gamblingproblem.co.nz		
<b>Address</b>	xx		
<b>Town</b>	Auckland		
<b>Contact Hours</b>	Thu 5pm - 9pm, Sat 12 noon - 4pm		
<b>Phone</b>	<b>Main:</b> 0800 654 658	<b>Admission:</b>	<b>Fax:</b> 09 909 8775
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Services All DHBs	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Other, Pacific	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention), Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Gambling Helpline

**Service Description** Distance counselling including phone, email, web and text for gambling related harm.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	info@gamblingproblem.co.nz		
<b>Website</b>	www.gamblinghelpline.co.nz		
<b>Address</b>	xx		
<b>Town</b>	Auckland Central		
<b>Contact Hours</b>	24 hours, 7 days		
<b>Phone</b>	<b>Main:</b> 0800 654 655	<b>Admission:</b>	<b>Fax:</b> 09 909 8755
<b>Not Catered For</b>	Aged under 14 require involvement of guardian.		

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Services All DHBs	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other, Pacific	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Gambling Helpline - Maori

**Service Description** Distance telephone counselling - outside the operating hours listed below clients may contact the 24 hour service on 0800 654 655.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	info@gamblingproblem.co.nz		
<b>Website</b>	www.gamblingproblem.co.nz		
<b>Address</b>	xx		
<b>Town</b>	Auckland Central		
<b>Contact Hours</b>	Mon 12noon - 4pm, Wed 5pm - 9pm, Sat 8am - 12 noon		
<b>Phone</b>	<b>Main:</b> 0800 654 656	<b>Admission:</b>	<b>Fax:</b> 09 909 8775
<b>Not Catered For</b>	Aged under 14 require involvement of guardian		

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Services All DHBs	
<b>Categories</b>	Family/Whanau/Significant Other, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Gambling Helpline - Pasifika

**Service Description** Distance telephone counselling - outside the operating hours listed below clients may contact the 24 hour service on 0800 654 655

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	info@gamblingproblem.co.nz		
<b>Website</b>	www.gamblingproblem.co.nz		
<b>Address</b>	xx		
<b>Town</b>	Auckland		
<b>Contact Hours</b>	Tue 5pm - 9pm, Thu 6pm - 9pm, Fri 12noon - 4pm		
<b>Phone</b>	<b>Main:</b> 0800 654 657	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>	Aged under 14 require involvement of guardian		

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Services All DHBs	
<b>Categories</b>	Pacific	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Gambling Helpline - Youth

**Service Description** Distance telephone counselling - outside the operating hours listed below clients may contact the 24 hour service on 0800 654 655

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	info@inyaface.co.nz		
<b>Website</b>	www.inyaface.co.nz		
<b>Address</b>	xx		
<b>Town</b>	Auckland		
<b>Contact Hours</b>	Mon 5pm - 8pm		
<b>Phone</b>	<b>Main:</b> 0800 654 659	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Services All DHBs	
<b>Categories</b>	Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Individual Counselling, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Odyssey House - Auckland

**Service Description** Catering for people with serious difficulties with alcohol, drugs, gambling and associated problems. See website for all services available. Has Maori and Pacific Island workers.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	14 - 65 years		
<b>Email</b>	admissioncentre@odyssey.org.nz		
<b>Website</b>	www.odyssey.org.nz		
<b>Address</b>	110 Mt Eden Road		
<b>Town</b>	Auckland Central		
<b>Contact Hours</b>	9.00am - 5.00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 09 623 1447 (Admin)	<b>Admission:</b> 09 638 4957	<b>Fax:</b> 09 638 7130
<b>Not Catered For</b>	Would be difficult for blind or deaf clients.		

## SERVICE INFORMATION

<b>Model</b>	Therapeutic	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Services All DHBs	
<b>Categories</b>	Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Aftercare, Assessment, Groups, Residential (Intensive), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Problem Gambling Foundation - Auckland Central

**Service Description** To eliminate harm from gambling. We are informing govt departments, local authorities, and decision makers working with communities and individuals to raise awareness of gambling harm.  
Note: Entry and parking from Grafton Road or Arawa Street (at rear of building).

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	pg@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.co.nz		
<b>Address</b>	128 Kyhber Pass Rd		
<b>Town</b>	Auckland		
<b>Contact Hours</b>	8.30 am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 09 368 1520 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 09 368 1540
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Services All DHBs		
<b>Categories</b>	Asian, Family/Whanau/Significant Other, Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Public Health, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Te Nikau Addictions Centre

**Service Description** A residential addictions programme and 1-1 counselling centre. Caters for all addictions e.g. alcohol, drugs, gambling, food, sex, etc. Caters for clients anywhere in NZ. WINZ contributions.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	No	Yes	Yes
<b>Age</b>	18+		
<b>Email</b>	xroads@xtra.co.nz		
<b>Website</b>	www.freedomlife.org.nz		
<b>Address</b>	69 Valley Road		
<b>Town</b>	Paraparaumu		
<b>Contact Hours</b>	8:30am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 04 902 5828	<b>Admission:</b> 04 902 5828	<b>Fax:</b> 04 902 5828
<b>Not Catered For</b>	Schizophrenia/psychosis, on methadone currently, arson, paedophilia, convictions, intoxicated.		

## SERVICE INFORMATION

<b>Model</b>	Psycho-therapeutic, abstinence.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Services All DHBs	
<b>Categories</b>	Generic Adult, Other	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Groups, Individual Counselling, Residential (Intensive), Support Groups, Training	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Youthline Charitable Trust

**Service Description** Youthline provides a range of services, including face to face, family and pregnancy counselling, information and referrals, and the youth AOD programme, Stand Up! Counselling available from Ponsonby, Manukau, North Shore and Waitakere

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	all ages		
<b>Email</b>	supportcentre@youthline.co.nz		
<b>Website</b>	www.youthline.co.nz		
<b>Address</b>	x		
<b>Town</b>	Unknown		
<b>Contact Hours</b>	24 hours / 7 days		
<b>Phone</b>	<b>Main:</b> 0800 376 633 or 3614 168	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	: Client-centred, strengths-based, motivational interviewing, CBT, harm reduction, psychodynamic psychotherapy		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, South Canterbury, Southland, Waitemata		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Youth		
<b>Referral Methods</b>	Self, GP, Other Agency, Helpline		
<b>Service Types</b>	Individual Counselling, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Youthlink and Family Trust

**Service Description** A residential service for adolescents 11 -16 with a variety of social and emotional problems, including alcohol & drug abuse.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	11 - 16 years		
<b>Email</b>	youth@ps.gen.nz		
<b>Website</b>			
<b>Address</b>	139 Dominion Rd		
<b>Town</b>	Auckland Central		
<b>Contact Hours</b>	8.00am - 4.00pm		
<b>Phone</b>	<b>Main:</b> 09 236 8660	<b>Admission:</b>	<b>Fax:</b> 09 236 9565
<b>Not Catered For</b>	Intoxification. Only overnight accommodation, medical /nursing care, brain damage / intellectual handicap, arson conviction, sex abusers.		

## SERVICE INFORMATION

<b>Model</b>	A therapeutic , residential and educational programme.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Services All DHBs		
<b>Categories</b>	Generic Youth		
<b>Referral Methods</b>	Other Agency		
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Policy (Sector Wide), Public Health, Research, Residential (Intensive), Screening (Brief Intervention), Social Detox (Residential), Supported Accommodation		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Northland DHB

# Far North Bridge Programme

**Service Description** Alcohol and Drug Treatment Centre

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 +		
<b>Email</b>	colleen_waite@nzf.salvationarmy.org		
<b>Website</b>			
<b>Address</b>	40 Commerce Street		
<b>Town</b>	Kaitaia		
<b>Contact Hours</b>	8.30am - 5.00pm Mon - Fri		
<b>Phone</b>	<b>Main:</b> 09 408 6187	<b>Admission:</b>	<b>Fax:</b> 09 408 6195
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Northland	
<b>Categories</b>	Asian, Family/Whanau/Significant Other, Generic Adult, Pacific	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Screening (Brief Intervention)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Kaipara Alcohol and Drug Service

**Service Description** A community based alcohol and drug service providing detox, counselling and a methadone programme.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 - 65 years		
<b>Email</b>	robert.baanders@northlanddhb.org.nz		
<b>Website</b>	www.northlanddhb.org.nz		
<b>Address</b>	Awakino Road		
<b>Town</b>	Dargaville		
<b>Contact Hours</b>	8:30am - 4:30pm		
<b>Phone</b>	<b>Main:</b> 09 439 7149 extn 6701	<b>Admission:</b>	<b>Fax:</b> 09 439 9202
<b>Not Catered For</b>	17 years and younger, 65 years and older		

## SERVICE INFORMATION

<b>Model</b>	Harm reduction, abstinence.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Northland	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Mental Health & Addiction Services - Dargaville

**Service Description** A community based alcohol and drug service providing assessment, detox, counselling and a methadone programme. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	haare.tewehi@northlanddhb.org.nz		
<b>Website</b>	www.northlanddhb.org.nz		
<b>Address</b>	Redan Road		
<b>Town</b>	Kaitaia		
<b>Contact Hours</b>	8.30am - 4.30pm		
<b>Phone</b>	<b>Main:</b> 09 408 0010	<b>Admission:</b>	After hours 09 408 0010 <b>Fax:</b> 09 408 8650
<b>Not Catered For</b>	Those requiring overnight accommodation.		

## SERVICE INFORMATION

<b>Model</b>	Community and client-focused service using an eclectic range of therapeutic interventions, which include motivational enhancement, cognitive and behavioural counselling theories.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Northland		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Training, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

## Mental Health & Addiction Services - Kaikohe

**Service Description** A community-based alcohol and drug addiction service. Client groups specifically catered for include Maori, adolescents, family members and parents. Has Maori worker.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	roy.johnson@northlanddhb.org.nz		
<b>Website</b>	www.northlanddhb.org.nz		
<b>Address</b>	15 Dickeson Road		
<b>Town</b>	Kaikohe		
<b>Contact Hours</b>	8.30am - 4.30pm		
<b>Phone</b>	<b>Main:</b> 09 430 4101 or 09 404 0282	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>	Those requiring more than overnight accommodation		

### SERVICE INFORMATION

<b>Model</b>	Client centered, dynamics of whanaungatanga integrated		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Northland		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Training, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Nga Manga Puriri Charitable Trust

**Service Description** Gambling counselling and health promotion.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	tatou@ngamangapuriri.org.nz		
<b>Website</b>	www.ngamangapuriri.org.nz		
<b>Address</b>	16 Mair Street		
<b>Town</b>	Whangarei		
<b>Contact Hours</b>	8:30am - 4:30pm		
<b>Phone</b>	<b>Main:</b> 09 437 0685	<b>Admission:</b>	<b>Fax:</b> 09 437 0167
<b>Not Catered For</b>	Other than gambling needs.		

## SERVICE INFORMATION

<b>Model</b>	Counselling		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Northland		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori		
<b>Referral Methods</b>	Self, Other Agency, Helpline		
<b>Service Types</b>	Individual Counselling, Public Health, Screening (Brief Intervention), Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Northland Health - Mental Health and Addiction Service - Whangarei

**Service Description** District-based, community alcohol and drug service which provides assessment and treatment to adults, and family/whanau with alcohol and drug problems and/or coexisting mental health problems. Individual counselling, group therapy, hospital and social/community based detoxification, recidivist Drink Drivers programme. Also provides Opiate Substitution Treatment (methadone program) and court based assessment and liaison service. Liaison, support and consultation for health professionals and others. The service has been integrated into the local Community Mental Health teams in each district of Northland.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 yrs + -no upper age limit		
<b>Email</b>	A&DDuty@northlanddhb.org.nz		
<b>Website</b>	www.northlanddhb.org.nz		
<b>Address</b>	5 Three Mile Bush Road		
<b>Town</b>	Whangarei		
<b>Contact Hours</b>	8.30am - 4.30pm		
<b>Phone</b>	<b>Main:</b> 09 470 2706	<b>Admission:</b> 09 479 2706	<b>Fax:</b> 09 435 0163
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Harm reduction, Abstinence, Detox, Dual Diagnosis, Individual counselling, Group Work and Drink Drivers Programme.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Northland	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Problem Gambling Foundation - Dargaville

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Dargaville Hospital		
<b>Town</b>	Dargaville		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b> 09 4302033	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Northland	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Kaikohe

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	North Point Trust Office		
<b>Town</b>	Kaikohe		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Northland	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Kaitaia

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Puckey Avenue		
<b>Town</b>	Kaitaia		
<b>Contact Hours</b>	8.00 am - 10.00pm		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b> 09 430 2033	<b>Fax:</b> for appointments

**Not Catered For**

## SERVICE INFORMATION

**Model**

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Northland	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Assessment, Individual Counselling, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Kerikeri

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	8 Larnark Road		
<b>Town</b>	Kerikeri		
<b>Contact Hours</b>	8.00am - 10.00pm		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b> 09 430 2033	<b>Fax:</b> for appointments

**Not Catered For**

## SERVICE INFORMATION

**Model**

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Northland	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Whangarei

**Service Description** Counselling and Assessment. Health promotion.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Adult and Youth		
<b>Email</b>	diane.matthews@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	69 Bank Street		
<b>Town</b>	Whangarei		
<b>Contact Hours</b>	9:00am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 09 430 2033 / 027 489 4802	<b>Admission:</b> 0800 664 262	<b>Fax:</b> 09 430 2031
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public Health model, strengths based approach, cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Northland		
<b>Categories</b>	Generic Adult, Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Screening (Brief Intervention), Self-help groups, Training, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Rubicon Youth Alcohol and Drug Support Services

**Service Description** A specialist Youth AoD support service working with young people aged 11 - 19 years, who live within the Whangarei and Kaipara districts. Rubicon provides a mobile outreach service to address the high level of cannabis, alcohol and other drug use by youth. Services provided are the Rubicon/Police/School Programme, Rubicon self-referral programme, Drug Testing, Packages of Care, Family/whanau support.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	11 - 19 years		
<b>Email</b>	jenny@rubiconyouth.org.nz		
<b>Website</b>	www.rubiconyouth.org.nz		
<b>Address</b>	140 Bank Street		
<b>Town</b>	Whangarei		
<b>Contact Hours</b>	8.30am - 5pm Mon - Fri		
<b>Phone</b>	<b>Main:</b> 09 438 2340	<b>Admission:</b> 09 438 2340	<b>Fax:</b> 09 438 2342
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Northland	
<b>Categories</b>	Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Salvation Army Bridge Programme - Northland

**Service Description** Provider for alcohol and drug treatment. Comprehensive assessments, treatment planning, treatment and after-care programmes, intensive day programme.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	nthbridge@xtra.co.nz		
<b>Website</b>	www.salvationarmy.org.nz		
<b>Address</b>	6 Alexander Street		
<b>Town</b>	Whangarei		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 09 430 7500	<b>Admission:</b> 09 430 7500	<b>Fax:</b> 09 430 7501
<b>Not Catered For</b>	Under 18 years, unstable dual diagnosis. Non-dependent (AOD), arsonists, sexual offences.		

## SERVICE INFORMATION

<b>Model</b>	Community reinforcement approach model of treatment.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Northland	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Te Roopu Whitiara

**Service Description** Community Maori Mental Health services / Northland District Health Board

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	Yes	No
<b>Age</b>	18 - 65		
<b>Email</b>	trwreception@nhl.co.nz		
<b>Website</b>	Northland District Health Board		
<b>Address</b>	Level 1, 25 Rathbone Street		
<b>Town</b>	Whangarei		
<b>Contact Hours</b>	8am - 4.30pm		
<b>Phone</b>	<b>Main:</b> 09 430 4100 ext 3537	<b>Admission:</b> 09 430 4100 ext 3537	<b>Fax:</b> 09 4380437
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Kaupapa Maori	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Northland	
<b>Categories</b>	Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Other Agency, Helpline	
<b>Service Types</b>	Individual Counselling, Support Groups, Supported Accommodation, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Tupuna Waiora

**Service Description** Kaupapa Maori Mental Health and Addiction services. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	rachel@hauorawhanui.co.nz		
<b>Website</b>			
<b>Address</b>	2-4 Reyner Street		
<b>Town</b>	Kawakawa		
<b>Contact Hours</b>	9.00am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 09 404 1551	<b>Admission:</b> 0800 737 573	<b>Fax:</b> 09 404 1876
<b>Not Catered For</b>	AOD adolescents in community		

## SERVICE INFORMATION

<b>Model</b>	Holistic/Kaupapa Maori	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Northland	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Community Detox (Home), Day Programme, Groups, Individual Counselling, Residential (Intensive), Screening (Brief Intervention), Self-help groups, Social Detox (Residential), Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Waitemata DHB

# Community Alcohol and Drug Service - Auckland 65+

**Service Description** A service for 65+ adults who are concerned about their or someone else's use of alcohol and/or drugs including prescription drugs.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	65+		
<b>Email</b>			
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	1 Trading Place		
<b>Town</b>	Auckland West		
<b>Contact Hours</b>	8.30am-5.00pm		
<b>Phone</b>	<b>Main:</b> 09 845 1818	<b>Admission:</b>	<b>Fax:</b> 09 837 9494
<b>Not Catered For</b>	under 65		

## SERVICE INFORMATION

<b>Model</b>	Harm Reduction	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Assessment, Day Programme, Groups, Individual Counselling, Other, Research, Self-help groups, Social Detox (Residential)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Community Alcohol and Drug Service - Auckland North Shore

**Service Description** Community based alcohol and drug service.  
Walk-in clinic hours 10am - 1pm. No appointment necessary.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	14 Como Street		
<b>Town</b>	Auckland Nth Shore City		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 09 845 1818	<b>Admission:</b> 09 488 2701	<b>Fax:</b> 09 488 2703
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Harm Reduction, client centred counselling, family inclusive practice, motivational interviewing and brief intervention.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Community Alcohol and Drug Service - Auckland West

**Service Description** Community based alcohol and other drug service.  
Walk-in clinic hours 10am - 1pm. No appointment necessary.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	1 Trading Place (First floor)		
<b>Town</b>	Auckland West		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 09 845 1818	<b>Admission:</b>	<b>Fax:</b> 09 837 9494
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Harm Reduction, client centred counselling, family inclusive practice, motivational interviewing and brief intervention.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling		

# Higher Ground Drug Rehabilitation Trust

**Service Description** A residential therapeutic community treatment service for people aged 20+ with severe alcohol and other drug dependency. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	Yes
<b>Age</b>	20+		
<b>Email</b>	hgdrt@xtra.co.nz		
<b>Website</b>	www.higherground.org.nz		
<b>Address</b>	118 Beach Road		
<b>Town</b>	Auckland West		
<b>Contact Hours</b>	9.00am - 4.00pm		
<b>Phone</b>	<b>Main:</b> 09 834 0017	<b>Admission:</b> 09 834 0042	<b>Fax:</b> 09 834 0018
<b>Not Catered For</b>	Some psychological conditions, only overnight accommodation required, medical/ nursing care. Under 19 years, sex offenders, murder offence. Residents should be off all medication (even antipsychotic) on admission.		

## SERVICE INFORMATION

<b>Model</b>	Motivational interviewing, cognitive behavioural groups.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waikato, Waitemata	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Residential (Intensive), Self-help groups, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Problem Gambling Foundation - Auckland Takapuna (North Shore)

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Mary Thomas Centre		
<b>Town</b>	Auckland Nth Shore City		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 09 368 1520 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Waitemata		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Support Groups, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - Wellsford

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	158 Rodney Street		
<b>Town</b>	Wellsford		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Waitemata	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - West Auckland, Henderson

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	11 Trading Pl		
<b>Town</b>	Auckland West		
<b>Contact Hours</b>	8.00 pm - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 09 368 1520 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 09 369 0690
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Waitemata		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Support Groups, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Salvation Army Bridge Programme - Waitakere

**Service Description** Providing community based residential and outpatient alcohol and other drug treatment programmes.  
Payment options: outpatient - free; residential - client can pay privately or payment can be taken from sickness benefit.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+		
<b>Email</b>	wkbridge@xtra.co.nz		
<b>Website</b>	www.sab.org.nz		
<b>Address</b>	17 James Laurie Street		
<b>Town</b>	Auckland West		
<b>Contact Hours</b>	9.00am - 5.00pm Mon - Fri		
<b>Phone</b>	<b>Main:</b> 09 835 4069	<b>Admission:</b> As Above	<b>Fax:</b> 09 835 4690
<b>Not Catered For</b>	Youth under 20 years.		

## SERVICE INFORMATION

<b>Model</b>	Community reinforcement approach.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Northland, Waitemata	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Other	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Research, Residential (Intensive)	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Salvation Army Oasis - Glen Eden

**Service Description** Counselling service for problem gambling

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	No	No
<b>Age</b>	All		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	275 Glengarry Rd		
<b>Town</b>	Auckland West		
<b>Contact Hours</b>	9.00am - 5.00pm, Mon-Fri		
<b>Phone</b>	<b>Main:</b> 09 846 0660	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Waitemata	
<b>Categories</b>	Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Assessment, Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Salvation Army Oasis - Henderson

**Service Description** Counselling service for problem gambling.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All age groups.		
<b>Email</b>	information@oasisauck.org.nz		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	7 View Rd		
<b>Town</b>	Auckland West		
<b>Contact Hours</b>	9:00am-5:00pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 09 846 0660	<b>Admission:</b>	<b>Fax:</b> 09 846 0440
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Waitemata	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Assessment, Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Salvation Army Oasis - North Shore

**Service Description** Counselling service for problem gambling.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	information@oasisauck.org.nz		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	2 Norman King Sq		
<b>Town</b>	Auckland Nth Shore City		
<b>Contact Hours</b>	9:00am-5:00pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 09 846 0660	<b>Admission:</b>	<b>Fax:</b> 09 846 0440
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Waitemata	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Assessment, Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Waipareira Hauora

**Service Description** Mental health and addictions. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	17+		
<b>Email</b>	tekopa.kingi@wai-trust.co.nz		
<b>Website</b>	www.waipareira.com		
<b>Address</b>	13-15 Ratanui Street		
<b>Town</b>	Auckland West		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 09 839 0288	<b>Admission:</b> 09 839 0288	<b>Fax:</b> 09 839 0844 ext 734
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Auckland, Waitemata	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	GP, Other Agency	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Individual Counselling, Public Health, Residential (Intensive), Screening (Brief Intervention), Social Detox (Residential), Support Groups, Supported Accommodation, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Auckland DHB

# Auckland City Mission - Social Detoxification Service

**Service Description** Non-medical 10-bed residential detoxification service. Has Maori and Pacific Island workers.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	No	Yes
<b>Age</b>	18+		
<b>Email</b>	detox@aucklandcitymission.org.nz		
<b>Website</b>	www.aucklandcitymission.org.nz		
<b>Address</b>	203 Federal Street		
<b>Town</b>	Auckland Central		
<b>Contact Hours</b>	24 hours		
<b>Phone</b>	<b>Main:</b> 09 303 3016	<b>Admission:</b> 09 303 3016	<b>Fax:</b> 09 303 9304
<b>Not Catered For</b>	Detoxification from opiates, benzodiazepines and sedative hypnotics.		

## SERVICE INFORMATION

**Model** Supportive care, free GP, social work interventions, behaviour modification.

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	No
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Groups, Screening (Brief Intervention), Self-help groups, Social Detox (Residential), Support Groups	
<b>Service Groupings</b>	Alcohol and Other Drug	

## Auckland Methadone Service (Pitman House)

**Service Description** Opioid substitution programme. Methadone Service Pharmacy hours are: Weekdays 10am - 1pm, Weekends and public holidays 9am - 12pm. Has Maori and Pacific Island workers.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	www.cads.org.nz		
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	50 Carrington Road		
<b>Town</b>	Auckland Central		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 09 845 1818	<b>Admission:</b>	<b>Fax:</b> 09 815 5850
<b>Not Catered For</b>	Non Opiate Users		

### SERVICE INFORMATION

<b>Model</b>	Opioid substitution, harm reduction, bio/psych/social, Cognitive Behavioural Therapy, Relapse prevention.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Opioid Substitution Treatment, Support Groups		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Community Alcohol and Drug Service - Auckland Mt Eden

**Service Description** Community-based intensive outpatient group programme, with an emphasis on 12-step recovery. Encourages family/whanau/fono involvement.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	111 Valley Road		
<b>Town</b>	Auckland		
<b>Contact Hours</b>	9.00am - 4.30pm		
<b>Phone</b>	<b>Main:</b> 09 845 1818	<b>Admission:</b> 09 638 9931	<b>Fax:</b> 09 845 1888
<b>Not Catered For</b>	As assessed individually		

## SERVICE INFORMATION

<b>Model</b>	Harm Reduction, Brief Interventions & Motivational Strategies.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Community Alcohol and Drug Service - Altered High Youth Service Auckland

**Service Description** Specialist mobile tertiary service for youth covering the whole of the greater Auckland area. Includes same sex attraction counsellor.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13 - 20 years		
<b>Email</b>	alteredhigh@xtra.co.nz		
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	409 New North Road		
<b>Town</b>	Auckland		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 09 845 1893	<b>Admission:</b> 09 845 1893	<b>Fax:</b> 09 845 1895
<b>Not Catered For</b>	Under 13 years, over 20 years; when the young person's issues are not AOD related or when the young person does not agree to a referral.		

## SERVICE INFORMATION

<b>Model</b>	Client centred, harm reduction, brief intervention, motivational interviewing, resiliency.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Community Alcohol and Drug Service - Auckland

**Service Description** Free alcohol and drug services for people in the Auckland Region.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	13+		
<b>Email</b>	via website		
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	Auckland Region		
<b>Town</b>	Auckland		
<b>Contact Hours</b>	8.30 am - 5.00 pm, Monday - Friday		
<b>Phone</b>	<b>Main:</b> 09 845 1818	<b>Admission:</b> 09 845 1818	<b>Fax:</b> 09 845 1888
<b>Not Catered For</b>	Children under 13 years.		

## SERVICE INFORMATION

<b>Model</b>	Brief intervention, harm reduction, 1:1 counselling.
<b>Accreditation</b>	<b>Mental Health</b> Yes <b>Alcohol and Other Drug</b> Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata
<b>Categories</b>	Asian, Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other, Pacific
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline
<b>Service Types</b>	Assessment, Community Detox (Home), Day Programme, Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Other, Research, Screening (Brief Intervention), Social Detox (Residential), Support Groups, Training, Whanau / Family Group
<b>Service Groupings</b>	Alcohol and Other Drug

# Community Alcohol and Drug Service - Auckland Central

**Service Description** Community based alcohol and other drug service.  
Walk-in clinic hours 10am - 1pm. No appointment necessary.  
Evening walk-in clinic 5.30pm - 7pm.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	409 New North Road		
<b>Town</b>	Auckland Central		
<b>Contact Hours</b>	8.30 - 5.00pm		
<b>Phone</b>	<b>Main:</b> 09 845 1818	<b>Admission:</b>	<b>Fax:</b> 09 845 1845
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Harm Reduction, client centred counselling, family inclusive practice, motivational interviewing and brief intervention.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling		

# Community Alcohol and Drug Service - Auckland Lesbian and Gay Counselling Service

**Service Description** Designated gay male and female counsellors and a youth same sex attraction counsellor.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	14-20 years, 20 & over		
<b>Email</b>			
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	409 New North Road		
<b>Town</b>	Auckland		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 09 845 1818	<b>Admission:</b>	<b>Fax:</b> 09 837 9494
<b>Not Catered For</b>	Those requiring more than overnight accommodation, medical/ nursing care, some psychological conditions.		

## SERVICE INFORMATION

<b>Model</b>	Harm Reduction, client centred counselling, family inclusive practice, motivational interviewing and brief intervention.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata		
<b>Categories</b>	Generic Adult, Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling		

# Community Alcohol and Drug Service - Auckland Medical Detoxification Services

**Service Description** Community and inpatient services to assist people who have a dependency on alcohol and/or other drugs who want to stop or reduce their use. Walk in clinic 10am - 1pm Mon to Fri. No appointment necessary.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>	<a href="http://www.cads.org.nz">www.cads.org.nz</a>		
<b>Address</b>	50 Carrington Road		
<b>Town</b>	Auckland		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 09 845 1818	<b>Admission:</b>	<b>Fax:</b> 09 815 5848
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Bio/Pyscho/Social.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Community Detox (Home), Medical Detox (Inpatient)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Piritahi Hau Ora

**Service Description** Alcohol and other drug services. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	piritahihauora@xtra.co.nz		
<b>Website</b>			
<b>Address</b>	Tahatai Street		
<b>Town</b>	Waiheke Island		
<b>Contact Hours</b>	8:30am - 4:30pm		
<b>Phone</b>	<b>Main:</b> 09 372 0022	<b>Admission:</b> 09 372 0022	<b>Fax:</b> 09 372 8814
<b>Not Catered For</b>	Acute intoxication or seeking overnight accommodation.		

## SERVICE INFORMATION

<b>Model</b>	Client centred, holistic, Te Whare Tapa Wha.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Auckland	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Pregnancy & Parental Service

**Service Description** Service for pregnant women and/or parents with children under three who have alcohol and drug issues and are poorly connected to health and social services.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	any		
<b>Email</b>			
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	50 Carrington Road		
<b>Town</b>	Auckland Central		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 09 845 1818	<b>Admission:</b> 09 845 1818	<b>Fax:</b> 09 845 1888
<b>Not Catered For</b>	Women who are not pregnant and/or parents of a child under 3 years of age.		

## SERVICE INFORMATION

**Model** Strengths-based, biopsychosocial, harm reduction, assertive outreach.

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Support Groups	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Salvation Army Bridge Programme - Manukau

**Service Description** Providing residential and outpatient alcohol and other drug treatment programmes.  
Payment options: outpatient - free; residential - client can pay privately or payment can be taken from sickness benefit. Has Pacific Island worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	Yes
<b>Age</b>	20+		
<b>Email</b>	mkbridge@xtra.co.nz		
<b>Website</b>	www.sab.org.nz		
<b>Address</b>	16B Bakerfield Place		
<b>Town</b>	Auckland		
<b>Contact Hours</b>	9.00am - 5.00pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 09 261 0887	<b>Admission:</b> As Above	<b>Fax:</b> 09 263 9325
<b>Not Catered For</b>	Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

## SERVICE INFORMATION

<b>Model</b>	Community reinforcement approach.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Lakes, Tairāwhiti	
<b>Categories</b>	Family/Whānau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Research, Residential (Intensive), Self-help groups	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Salvation Army Bridge Programme - Mt Eden

**Service Description** Alcohol and drug treatment programmes providing residential and out patient programmes. Accepts clients under the Alcohol & Drug Addiction Act 1966. Bridge receives clients nationwide. Has Maori and Pacific Island workers.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+		
<b>Email</b>	akbridge@xtra.co.nz		
<b>Website</b>	www.sab.org.nz		
<b>Address</b>	PO Box 56-442		
<b>Town</b>	Auckland		
<b>Contact Hours</b>	24 hours Mon - Fri		
<b>Phone</b>	<b>Main:</b> 09 630 1491	<b>Admission:</b> 09 630 1491	<b>Fax:</b> 09 630 8395
<b>Not Catered For</b>	Clients are considered on a case by case basis. Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

## SERVICE INFORMATION

<b>Model</b>	Community reinforcement approach, client centred, 12 steps		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Lakes, Mid Central, Northland, Tairāwhiti, Taranaki, Waikato, Waitemata, Whanganui		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Opioid Substitution Treatment, Research, Residential (Intensive), Self-help groups, Support Groups, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling		

# Salvation Army Oasis - Mt Albert

**Service Description** Counselling service for problem gambling.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All age groups		
<b>Email</b>	information@oasisauckland.org.nz		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	726 New North Rd		
<b>Town</b>	Auckland		
<b>Contact Hours</b>	9:00am-5:00pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 09 846 0660	<b>Admission:</b>	<b>Fax:</b> 09 846 8440
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Auckland	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Assessment, Individual Counselling	
<b>Service Groupings</b>	Gambling	

## Te Atea Marino - CADS Auckland

**Service Description** A regional alcohol and drug service providing a range of interventions and activities to support tangata whaiora, whanau and communities, addresses problems that relate to alcohol and drug use. Referrals are directed to Te Atea Marino or through any one of the CADS units and regional services. Has Maori worker.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13-65+		
<b>Email</b>	www.cads.org.nz		
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	various addresses		
<b>Town</b>	Auckland Central		
<b>Contact Hours</b>	8.30 am- 5.00pm		
<b>Phone</b>	<b>Main:</b> 0800 627 466	<b>Admission:</b>	<b>Fax:</b> 092632035
<b>Not Catered For</b>	Referrals assessed on case by case basis.		

### SERVICE INFORMATION

<b>Model</b>	Powhiri Poutama, Te Whare Tapa Wha, Brief Intervention and Motivational interviewing.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata		
<b>Categories</b>	Family/Whanau/Significant Other, Kaupapa Maori		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Assessment, Day Programme, Groups, Individual Counselling, Other, Research, Self-help groups, Social Detox (Residential), Training, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Tranx Drug & Alcohol Services Incorporated

**Service Description** Counselling services, benzodiazepine, detox, addiction service. Has Maori and Pacific Island workers.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	tranx@tranx.org.nz		
<b>Website</b>	www.tranx.org.nz		
<b>Address</b>	203 Karangahape Road		
<b>Town</b>	Auckland Central		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 09 356 7305	<b>Admission:</b>	<b>Fax:</b> 09 356 7315
<b>Not Catered For</b>	Requiring accommodation		

## SERVICE INFORMATION

<b>Model</b>	Client-centred, empowerment, motivational interviewing.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Northland, Waitemata		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Other Agency		
<b>Service Types</b>	Assessment, Community Detox (Home), Individual Counselling, Training		
<b>Service Groupings</b>	Alcohol and Other Drug		

# TUPU Pacific Mental Health Alcohol and Drug Service

**Service Description** Regional Pacific Alcohol and Drug Services Counselling for Pacific Peoples. Clinics available Auckland wide, home visits may be arranged. Has Pacific Island worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13+		
<b>Email</b>			
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	409 New North Rd		
<b>Town</b>	Auckland Central		
<b>Contact Hours</b>	8.30am - 5pm		
<b>Phone</b>	<b>Main:</b> 09 845 1810	<b>Admission:</b>	<b>Fax:</b> 09 845 1840
<b>Not Catered For</b>			

## SERVICE INFORMATION

**Model**

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata	
<b>Categories</b>	Generic Adult, Generic Youth, Pacific	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Policy (Sector Wide), Public Health, Social Detox (Residential), Supported Accommodation, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Wings Trust

**Service Description** Pre and post treatment residential support

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 (on case by case basis) to 65		
<b>Email</b>	manager@wingstrust.co.nz		
<b>Website</b>	www.wingstrust.co.nz		
<b>Address</b>	43 Walters Road		
<b>Town</b>	Auckland Central		
<b>Contact Hours</b>	8.30am - 4:30pm		
<b>Phone</b>	<b>Main:</b> 09 815 1631	<b>Admission:</b>	<b>Fax:</b> 09 815 7237
<b>Not Catered For</b>	Primary mental health diagnosis, benzodiazepine dependence, head injury		

## SERVICE INFORMATION

<b>Model</b>	Therapeutic		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Northland, Waitemata		
<b>Categories</b>	Generic Adult, Pacific		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Supported Accommodation		
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling		

# Counties-Manukau DHB

# Care NZ - Auckland

**Service Description** Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families."

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 years and above		
<b>Email</b>	auckland@carenz.co.nz		
<b>Website</b>	www.carenz.co.nz		
<b>Address</b>	32 Station Road		
<b>Town</b>	Auckland East		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 09 276 7193	<b>Admission:</b>	<b>Fax:</b> 09 276 2063
<b>Not Catered For</b>	Clients with severe mental disorders, people on a methadone programme, those under 18 years old.		

## SERVICE INFORMATION

<b>Model</b>	Eclectic	
<b>Accreditation</b>	<b>Mental Health</b> No	<b>Alcohol and Other Drug</b> Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Support Groups	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Community Alcohol and Drug Service - Auckland Asian Counselling Service

**Service Description** Community-based alcohol and other drug service. Website has information in Korean and Chinese.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	15-19 Clifton Court		
<b>Town</b>	Auckland East		
<b>Contact Hours</b>	8.30 - 5.00pm		
<b>Phone</b>	<b>Main:</b> 09 845 1818	<b>Admission:</b>	<b>Fax:</b> 09 570 3751
<b>Not Catered For</b>	Non - asian clients		

## SERVICE INFORMATION

<b>Model</b>	Harm reduction, brief intervention, motivational strategies, family inclusive practice.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata	
<b>Categories</b>	Asian, Family/Whanau/Significant Other	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Community Alcohol and Drug Service - Auckland Dual Diagnosis

**Service Description** Clients referred via mental health services.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	50 Carrington Road		
<b>Town</b>	Auckland East		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 09 845 1818	<b>Admission:</b>	<b>Fax:</b> 09 845 7549
<b>Not Catered For</b>	Client without Axis 1 - only clients referred through mental health taken		

## SERVICE INFORMATION

<b>Model</b>	Harm Reduction, client centred counselling, motivational interviewing and family inclusive practice.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Other Agency		
<b>Service Types</b>	Aftercare, Individual Counselling		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Community Alcohol and Drug Service - Auckland South

**Service Description** Community based alcohol and other drug service.  
Walk-in clinic hours 10am - 1pm. No appointment necessary.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	13+		
<b>Email</b>			
<b>Website</b>	www.cads.org.nz		
<b>Address</b>	Bldg 4, 17 Lambie Drive		
<b>Town</b>	Auckland South		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 09 845 1818	<b>Admission:</b> 09 263 2000	<b>Fax:</b> 09 263 2011
<b>Not Catered For</b>	Children younger than 13 years.		

## SERVICE INFORMATION

<b>Model</b>	Harm Reduction, client centred counselling, family inclusive practice, motivational interviewing and brief intervention.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waitemata		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling		

# Problem Gambling Foundation - East Auckland Pakuranga

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Pakuranga Counselling Centre		
<b>Town</b>	Auckland East		
<b>Contact Hours</b>	8.00am - 10.00pm		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b> 09 368 1520	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - East Auckland, Glen Innes

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	100 Line Road		
<b>Town</b>	Auckland East		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 09 368 1520 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 09 369 0690
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - Papakura

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Elizabeth Campbell Centre		
<b>Town</b>	Auckland South		
<b>Contact Hours</b>	8.00 am - 10. 00 pm		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b> 09 368 1520	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Counties-Manukau		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - South Auckland Mangere

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Peoples Centre		
<b>Town</b>	Auckland South		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b> 09 368 1520	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Counties-Manukau	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - South Auckland, Manukau

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	18 Wiri Station Rd		
<b>Town</b>	Auckland South		
<b>Contact Hours</b>	M - Thu 1 - 6pm SAT 9 - 12		
<b>Phone</b>	<b>Main:</b> 09 262 3586	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Counties-Manukau		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling		
<b>Service Groupings</b>	Gambling		

# Raukura Hauora O Tainui Alcohol and Other Drug and Mental Health Service

**Service Description** Kaupapa Maori AOD service  
Also provides prison assessments, support and advocacy service for family/whanau.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	enquiries@raukura.com		
<b>Website</b>			
<b>Address</b>	47 Druces Rd		
<b>Town</b>	Auckland South		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 09 263 8040	<b>Admission:</b> 09 263 8040	<b>Fax:</b> 09 263 6631
<b>Not Catered For</b>	-		

## SERVICE INFORMATION

<b>Model</b>	Te Toi O Matariki, Te Whare Tapa Wha	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Pacific	
<b>Referral Methods</b>	Self, GP, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Other, Policy (Sector Wide), Public Health, Research, Residential (Intensive), Screening (Brief Intervention), Self-help groups, Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Salvation Army Oasis - Manukau

**Service Description** Counselling service for problem gambling.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All age groups		
<b>Email</b>	information@oasisauck.org.nz		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	16 Bakerfield Pl		
<b>Town</b>	Auckland South		
<b>Contact Hours</b>	9:00am-5:00pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 09 846 0660	<b>Admission:</b>	<b>Fax:</b> 09 846 0660
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Counties-Manukau	
<b>Categories</b>	Generic Adult, Other	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Assessment, Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Salvation Army Oasis - Otahuhu

**Service Description** Counselling service for problem gambling.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All age groups		
<b>Email</b>	information@oasisauck.org.nz		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	99 Church St		
<b>Town</b>	Auckland South		
<b>Contact Hours</b>	9:00am-5:00pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 09 846 0660	<b>Admission:</b>	<b>Fax:</b> 09 846 0440
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Counties-Manukau	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Assessment, Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Te Ara Hou Alcohol and Drug Residential Service

**Service Description** Residential service available to men only, 18 years and older. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	No	No
<b>Age</b>	18+		
<b>Email</b>	enquiries@raukura.com		
<b>Website</b>			
<b>Address</b>	8 Lucas Place		
<b>Town</b>	Auckland South		
<b>Contact Hours</b>	8:30am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 09 263 8040	<b>Admission:</b> 09 263 8040	<b>Fax:</b> 09 263 6631
<b>Not Catered For</b>	Women.		

## SERVICE INFORMATION

<b>Model</b>	Kaupapa Maori, Te Toi O Matariki	
<b>Accreditation</b>	<b>Mental Health</b> No	<b>Alcohol and Other Drug</b> Yes
<b>Accepts Referrals From DHBs</b>	Counties-Manukau	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Groups, Individual Counselling, Residential (Intensive), Support Groups, Supported Accommodation	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Te Oho Ake Alcohol and Drug Youth Service

**Service Description** Available to male and female under 20 years of age not attending school, alternative education, training or work. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	to 20 years of age		
<b>Email</b>	enquiries@raukura.com		
<b>Website</b>			
<b>Address</b>	47 Druces Road		
<b>Town</b>	Auckland South		
<b>Contact Hours</b>	8.30 am - 5.00 pm, Mon - Fri		
<b>Phone</b>	<b>Main:</b> (09) 263 8040	<b>Admission:</b> (09) 263 8040	<b>Fax:</b> (09) 263 6631
<b>Not Catered For</b>	Those attending school, alternative education, training or work		

## SERVICE INFORMATION

<b>Model</b>	Kaupapa Maori, Te Toi O Matariki	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Counties-Manukau	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Groups, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Te Piringa Gambling Service

**Service Description** Open to all ages and genders

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages and genders		
<b>Email</b>	enquiries@raukura.com		
<b>Website</b>			
<b>Address</b>	47 Druces Road		
<b>Town</b>	Auckland South		
<b>Contact Hours</b>	8:30am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 09 263 8040	<b>Admission:</b> 09 263 8040	<b>Fax:</b> 09 263 6631
<b>Not Catered For</b>			

## SERVICE INFORMATION

**Model**

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Counties-Manukau	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Waikato DHB

# Alcohol and Drug Community Support Trust Hamilton

**Service Description** Supportive accommodation.  
Certification under health and disability, mental health and addiction.  
DHB Funded.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	Yes	No
<b>Age</b>	18+		
<b>Email</b>	manningstreet@xtra.co.nz		
<b>Website</b>			
<b>Address</b>	28 Manning Street / PO Box 9136		
<b>Town</b>	Hamilton		
<b>Contact Hours</b>	9:00am - 2:00pm		
<b>Phone</b>	<b>Main:</b> 07 834 2428	<b>Admission:</b>	<b>Fax:</b> 07 834 2328
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Post residential re-integration and transitional accommodation.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Bay of Plenty, Waikato	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Groups, Individual Counselling, Supported Accommodation, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Cambridge Community House (Cambridge Community Agencies Network Trust)

**Service Description** We are a community service providing assessment and therapy for people at risk from or dependant on alcohol and other drugs, and support for families and significant others.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	Adult		
<b>Email</b>	office@camcomhouse.org.nz		
<b>Website</b>			
<b>Address</b>	193 Shakespeare Street		
<b>Town</b>	Cambridge		
<b>Contact Hours</b>	9:00am - 4:00pm		
<b>Phone</b>	<b>Main:</b> 07 827 5402	<b>Admission:</b>	<b>Fax:</b> 07 827 5402
<b>Not Catered For</b>	Children / people on a methadone programme		

## SERVICE INFORMATION

<b>Model</b>	Eclectic models, motivational interviewing, client-centred	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

## Care NZ - Hamilton

**Service Description** Alcohol and other drug service. Clinics also run from Matamata, Putaruru, Tokoroa.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	waikato@carenz.co.nz		
<b>Website</b>	www.carenz.co.nz		
<b>Address</b>	298 Tristram Street		
<b>Town</b>	Hamilton		
<b>Contact Hours</b>	8.30am - 5.00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 0800 499 469	<b>Admission:</b>	<b>Fax:</b> 07 839 6150
<b>Not Catered For</b>	Clients with severe mental disorders, people on a methadone programme or under 18 years old.		

### SERVICE INFORMATION

#### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

## Care NZ - Matamata

**Service Description** Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families. Bookings through Care NZ Hamilton.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	waikato@carenz.co.nz		
<b>Website</b>	www.carenz.co.nz		
<b>Address</b>	41A Hetana Street		
<b>Town</b>	Matamata		
<b>Contact Hours</b>	8.30am - 5.00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 0800 499 469	<b>Admission:</b>	<b>Fax:</b> 07 839 6150
<b>Not Catered For</b>	Clients with severe mental disorders, people on a methadone programme, under 18 years old.		

### SERVICE INFORMATION

#### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

## Care NZ - Putaruru

**Service Description** Alcohol and other drugs service. Bookings through Care NZ Hamilton.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	waikato@carenz.co.nz		
<b>Website</b>	www.carenz.co.nz		
<b>Address</b>	Overdale Community Centre		
<b>Town</b>	Putaruru		
<b>Contact Hours</b>	8.30am 4.30pm		
<b>Phone</b>	<b>Main:</b> 0800 499 469	<b>Admission:</b>	<b>Fax:</b> 07 839 6150
<b>Not Catered For</b>	Clients with severe mental disorders, people on a methadone programme, under 18 years old.		

### SERVICE INFORMATION

#### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, Assessment Agency	
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

## Care NZ - Tokoroa

**Service Description** Alcohol and drug service. Bookings through Care NZ Hamilton. Has Maori worker.

### ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	hamilton@carenz.co.nz		
<b>Website</b>	www.carenz.co.nz		
<b>Address</b>	Tulloch House		
<b>Town</b>	Tokoroa		
<b>Contact Hours</b>	8.30am - 5.00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 07 839 0389	<b>Admission:</b>	<b>Fax:</b> 07 839 6150
<b>Not Catered For</b>	Clients with severe mental disorders, people on a methadone programme, under 18 years old.		

### SERVICE INFORMATION

#### Model

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Community Alcohol and Drug Service - Hamilton

**Service Description** A community alcohol and drug service seeing clients with moderate to severe substance use disorders for assessment. Has Maori and Pacific Island workers.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 years plus		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	193 London St		
<b>Town</b>	Hamilton		
<b>Contact Hours</b>	8.30am- 4.30pm		
<b>Phone</b>	<b>Main:</b> 07 839 4352	<b>Admission:</b>	<b>Fax:</b> 07 838 3176
<b>Not Catered For</b>	People under 18 years.		

## SERVICE INFORMATION

<b>Model</b>	Harm reduction / Abstinence	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Other Agency	
<b>Service Types</b>	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Community Alcohol and Drug Service - Thames

**Service Description** A community alcohol and drug service providing assessment, counselling and a methadone programme. For people concerned about their own or someone else's alcohol and drug use. Male, female, non-Maori and Maori counsellors available.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Adult 17+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Manaaki Centre		
<b>Town</b>	Thames		
<b>Contact Hours</b>	8.30 am - 5.00 pm, Mon-Fri		
<b>Phone</b>	<b>Main:</b> (07) 868 9550	<b>Admission:</b>	<b>Fax:</b> 07 868 9206
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational interviewing; Relapse prevention; Systematic model; Task Centred counselling.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Other Agency	
<b>Service Types</b>	Assessment, Individual Counselling, Opioid Substitution Treatment, Public Health	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Hanmer Clinic - Hamilton

**Service Description** Community-based outpatient addiction treatment centre. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	hanmerhamilton@xtra.co.nz		
<b>Website</b>			
<b>Address</b>	73 Seddon Road		
<b>Town</b>	Hamilton		
<b>Contact Hours</b>	8:00am - 9:00pm Mon to Thurs 8:00am - 4:30pm Fri		
<b>Phone</b>	<b>Main:</b> 07 847 7044	<b>Admission:</b>	<b>Fax:</b> 07 834 0972
<b>Not Catered For</b>	Children younger than 18 years.		

## SERVICE INFORMATION

<b>Model</b>	12 Step abstinence model.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Hauora Waikato

**Service Description** Gambling service open to all referrals.  
Clinic also runs in South Auckland. Bookings through Hamilton service.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	marie.potae@haurowaikato.org.nz		
<b>Website</b>			
<b>Address</b>	517 Anglesea Street		
<b>Town</b>	Hamilton		
<b>Contact Hours</b>	8:30pm - 4:30pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 07 839 9916 / 0800 839 9916	<b>Admission:</b> 07 839 9916	<b>Fax:</b> 07 839 9917
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Ko wai au, Whakawhanaungatonga, Poutarua, Motivational Interviewing, Te Whare Tapu, Te Wheke, Family Systems Theories, Assessment/Intervention, Treatment of Whanau, Harakeke model, Whariki model.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	No	
<b>Accepts Referrals From DHBs</b>	Auckland, Counties-Manukau, Waikato		
<b>Categories</b>	Kaupapa Maori		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Research, Training		
<b>Service Groupings</b>	Gambling		

## Mental Health and Addiction Services

**Service Description** Alcohol & drug service. Available three days a week by appointment. Service overseen by CADS Hamilton, bookings through CADS Hamilton. Maori and Pacific Island workers available from Hamilton.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Taumaranui Hospital		
<b>Town</b>	Taumarunui		
<b>Contact Hours</b>	8:30am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 07 896 0020	<b>Admission:</b>	<b>Fax:</b> 07 896 0040
<b>Not Catered For</b>	Must be alcohol and/or drug related.		

### SERVICE INFORMATION

<b>Model</b>	Motivational interviewing, Cognitive Behavioural Therapy, Reinforcement Based Therapy		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Waikato		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Opioid Substitution Treatment, Other, Social Detox (Residential)		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Pacific Peoples' Addiction Services Inc.

**Service Description** Pacific People's Addiction Services Inc (PPASI) is a service set up for all people living in the Hamilton area. We offer a holistic approach toward the health and total wellbeing of people from different ethnic groups through culturally appropriate psycho-educational sessions, and 1-1 counselling. We provide services for people with alcohol, other drugs and gambling problems.

Assessments provided, treatments and further referral if necessary. Parenting programmes (SKIP) offer to assist parents and Parent Through Separation programmes to assist those who are currently separated from their partners or thinking about separation. All services free, apart from providing Comprehensive Assessment and Reports requested by an individual or another agency.

PPASI is contracted by the Waikato DHB.  
Has Pacific Island worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	Yes	Yes
<b>Age</b>	Outpatient treatment service for 18yrs and over		
<b>Email</b>	ppasi@xtra.co.nz		
<b>Website</b>	www.ppasi.co.nz		
<b>Address</b>	556 Angelesea Street		
<b>Town</b>	Hamilton		
<b>Contact Hours</b>	9.00am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 07 834 2964	<b>Admission:</b>	<b>Fax:</b> 07 839 2495
<b>Not Catered For</b>	Mental illness		

## SERVICE INFORMATION

<b>Model</b>	Bio/psycho/social, eclectic integrated, including specific cultural models.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Pacific, Pacific	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Public Health, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Problem Gambling Foundation - Hamilton

**Service Description** Counselling, treatment provision, health promotion, education.  
Hamilton also has clinics in Waikeria Prison, Raglan, Huntly, Te Kauwhata, Tokoroa and Morrinsville.

Clinics also available in Ngaruawahia

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	pgf@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	71 London St		
<b>Town</b>	Hamilton		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 07 834 0014 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 07 834 0053
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Waikato		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Other		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Support Groups, Training, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - Thames

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

Also Paeroa, Waihi, Whangamata, Coromandel, Whitianga.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	403 Mackay St		
<b>Town</b>	Thames		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 07 868 9030/ 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 07 868 9083
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Waikato		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling		
<b>Service Groupings</b>	Gambling		

# Raukawa Trust Board

**Service Description** Alcohol and other drug residential and counselling service for males. 8 weekend residential programme. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages (Male)		
<b>Email</b>	faith.winikerei@rauakawa.org.nz		
<b>Website</b>	www.raukawa.org.nz		
<b>Address</b>	26 - 32 Campbell Street		
<b>Town</b>	Tokoroa		
<b>Contact Hours</b>	8am - 5pm, Mon-Fri		
<b>Phone</b>	<b>Main:</b> 07 885 0260	<b>Admission:</b> 07 885 0260	<b>Fax:</b> 07 885 0261
<b>Not Catered For</b>	Females.		

## SERVICE INFORMATION

<b>Model</b>	Main therapeutic models - Drug and alcohol, addictions, violence prevention, Maori and other.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Generic Adult, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Policy (Sector Wide), Public Health, Residential (Intensive), Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

## Rongo Atea

**Service Description** Kaupapa Maori AOD Youth Residential Treatment Services  
10 week closed programme. Has Maori worker.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13 - 17 years		
<b>Email</b>	shelleyandrews@terunanga.org.nz		
<b>Website</b>			
<b>Address</b>	PO Box 19165		
<b>Town</b>	Hamilton		
<b>Contact Hours</b>	9.00am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 07 856 6733	<b>Admission:</b>	<b>Fax:</b> 07 856 6734
<b>Not Catered For</b>	Sexual offenders, arson conviction.		

### SERVICE INFORMATION

**Model** Abstinence based, Te Whare Tapa Wha, 12 Step, Cognitive behavioural, relapse prevention, Powhiri.

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Aftercare, Groups, Individual Counselling, Residential (Intensive), Self-help groups, Training	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Salvation Army Bridge Programme - Midland

**Service Description** Residential Alcohol and Drug Treatment and Social Detox. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	No	Yes	Yes
<b>Age</b>	20 years +		
<b>Email</b>	waikatodetox@xtra.co.nz		
<b>Website</b>	www.sab.org.nz		
<b>Address</b>	43 Dalglish Avenue		
<b>Town</b>	Hamilton		
<b>Contact Hours</b>	8.00am - 5.00pm Mon -Fri		
<b>Phone</b>	<b>Main:</b> (07) 850 4315	<b>Admission:</b> (07) 850 4315	<b>Fax:</b> 07 850 4317
<b>Not Catered For</b>	History of extreme violence, arson , paedophilia. Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

## SERVICE INFORMATION

### Model

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Bay of Plenty, Lakes, Tairāwhiti, Waikato	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Assessment Agency, Other Agency	
<b>Service Types</b>	Aftercare, Groups, Individual Counselling, Residential (Intensive), Social Detox (Residential), Support Groups	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Salvation Army Bridge Programme - Waikato

**Service Description** Alcohol and Drug Service - Assessment, outpatient, day programme/intensive, aftercare, individual counselling, group work. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+ (Exception mature 18+)		
<b>Email</b>	waikatobridge@extra.co.nz		
<b>Website</b>	www.sab.org.nz		
<b>Address</b>	25 Thackeray St		
<b>Town</b>	Hamilton		
<b>Contact Hours</b>	8.30am - 5pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 07 839 6871	<b>Admission:</b>	<b>Fax:</b> 07 839 6872
<b>Not Catered For</b>	Acute/unstable dual diagnosis. Convictions for paedophilia, extreme violence offences. Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

## SERVICE INFORMATION

<b>Model</b>	Abstinence based recovery, group therapy, relapse prevention, social skills enhancement, 12 step facilitation, problem solving group therapy, individual counselling, significant other.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Waikato		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Assessment, Community Detox (Home), Day Programme, Groups, Individual Counselling, Screening (Brief Intervention)		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Salvation Army Oasis - Hamilton

**Service Description** Outpatient, assessment, treatment and brief intervention

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	oasis.waikato@xtra.co.nz		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	2nd Floor Cecil House		
<b>Town</b>	Hamilton		
<b>Contact Hours</b>	8:30am-5:00pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 07 839 7053	<b>Admission:</b>	<b>Fax:</b> 07 839 4428
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Individual Counselling, Public Health, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Te Korowai Hauora O Hauraki

**Service Description** Maori Health Provider - adult and youth services. Early intervention AOD. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	16 years plus		
<b>Email</b>	korowai@korowai.co.nz		
<b>Website</b>			
<b>Address</b>	210 Richmond St		
<b>Town</b>	Thames		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 07 868 5375	<b>Admission:</b>	<b>Fax:</b> 07 868 5389
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Te Whare Tapa Wha		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Waikato		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other		
<b>Referral Methods</b>	Self, GP, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Opioid Substitution Treatment, Other, Research, Self-help groups, Social Detox (Residential), Support Groups, Training, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Te Ngaru O Maniapoto Health Services

**Service Description** Provides community alcohol and drug counselling, child and youth mental health support, Koroua / Kuia Support / Dual diagnosis support Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Age open		
<b>Email</b>	te-ngaru@xtra.co.nz		
<b>Website</b>			
<b>Address</b>	10 Ward St		
<b>Town</b>	Te Kuiti		
<b>Contact Hours</b>	9.00am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 07 878 8885	<b>Admission:</b>	<b>Fax:</b> 07 878 8881
<b>Not Catered For</b>	Residential / Medical Detoxification		

## SERVICE INFORMATION

<b>Model</b>	Powhiri poutama model	
<b>Accreditation</b>	<b>Mental Health</b> No	<b>Alcohol and Other Drug</b> Yes
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
<b>Referral Methods</b>	Self, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Research, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# The Health and Wellness Service - Waahi Whanui Trust

**Service Description** Providing AOD services, dual diagnosis, generic counselling, training and education in AOD. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	Yes	Yes
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>	www.whanui.org.nz		
<b>Address</b>	Parry Street Complex		
<b>Town</b>	Huntly		
<b>Contact Hours</b>	8.30 am - 5.00 pm		
<b>Phone</b>	<b>Main:</b> 07 828 6986	<b>Admission:</b>	<b>Fax:</b> 07 828 6630
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Bio/psycho/social, integrated, specific cultural models, harm reduction		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Waikato		
<b>Categories</b>	Generic Adult, Kaupapa Maori		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Self-help groups, Support Groups, Training, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Whai Marama Youth Connex

**Service Description** Free and confidential service for youth aged 12 - 24 years. Advocacy, drug & alcohol counselling, general counselling, mental health assessments. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	12 - 24 years		
<b>Email</b>	info@whaimarama.co.nz		
<b>Website</b>	www.whaimarama.co.nz		
<b>Address</b>	103/C2 Greenwood Street, / PO Box 15472		
<b>Town</b>	Hamilton		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 07 8460253 / 0800 787 733	<b>Admission:</b>	<b>Fax:</b> 07 838 2554
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Harm reduction, abstinence, Kaupapa Maori, motivational interviewing, relapse prevention	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Waikato	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, Other Agency	
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Bay of Plenty DHB

# Community Alcohol and Drug Service - Tauranga

**Service Description** Specialised alcohol and other drug service, providing education, advice and assessment, counselling and support, groups and referrals to residential programmes. Other specialty services include opioid treatment (methadone treatment), dual diagnosis work and access to detox.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 +		
<b>Email</b>	marie.gardiner@bopdhb.govt.nz		
<b>Website</b>			
<b>Address</b>	Tauranga Hospital Grounds, Private Bag 12024,		
<b>Town</b>	Tauranga		
<b>Contact Hours</b>	8.30am-4.30pm		
<b>Phone</b>	<b>Main:</b> 07 579 8391	<b>Admission:</b>	<b>Fax:</b> 07 571 8095
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	harm reduction philosophy	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	No
<b>Accepts Referrals From DHBs</b>	Bay of Plenty	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Community Mental Health & Addiction Services - Whakatane

**Service Description** A community based alcohol and drug service providing assessment, counselling, residential detox, dual diagnosis, support and a methadone programme. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Commerce St Plaza		
<b>Town</b>	Whakatane		
<b>Contact Hours</b>	8:00am - 4:30pm		
<b>Phone</b>	<b>Main:</b> 07 306 0154 (intake)	<b>Admission:</b> Crisis 0800 774 545	<b>Fax:</b> 07 308 9675
<b>Not Catered For</b>	Specifically relationship or anger management.		

## SERVICE INFORMATION

<b>Model</b>	Eclectic, abstinence, harm reduction, 12 step, relapse prevention	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Bay of Plenty	
<b>Categories</b>	Generic Adult, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Get Smart Tauranga Drug and Alcohol Services

## Service Description

Services Offered:Assessment;Individual Counselling;Screening/Brief Intervention;Education & Awareness to under 20 year olds.ServiceEmail

### ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	0 - 19 years-startedJune1991		
<b>Email</b>	admin@getsmarttga.org.nz		
<b>Website</b>	www.getsmarttga.org.nz		
<b>Address</b>	53, The Village,17th Avenue		
<b>Town</b>	Tauranga		
<b>Contact Hours</b>	8.00am - 4.30pm M - F		
<b>Phone</b>	<b>Main:</b> 07 571 3712 /	<b>Admission:</b>	<b>Fax:</b> 07 571 3715
<b>Not Catered For</b>			

### SERVICE INFORMATION

#### Model

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Bay of Plenty	
<b>Categories</b>	Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Individual Counselling, Screening (Brief Intervention)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Hanmer Clinic - Tauranga

**Service Description** Alcohol and drug outpatient treatment centre. Has Maori and Pacific Island workers.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 - 65 years		
<b>Email</b>	jenny@hanmerclinic.co.nz		
<b>Website</b>			
<b>Address</b>	1235 Cameron Road		
<b>Town</b>	Tauranga		
<b>Contact Hours</b>	8:00am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 07 579 6470	<b>Admission:</b>	<b>Fax:</b> 07 579 6471
<b>Not Catered For</b>	Youth		

## SERVICE INFORMATION

<b>Model</b>	Motivational Interviewing, CBT, Whare Tapa Wha		
<b>Accreditation</b>	<b>Mental Health</b> No	<b>Alcohol and Other Drug</b> Yes	
<b>Accepts Referrals From DHBs</b>	Bay of Plenty		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention), Training, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Nga Kakano Foundation

**Service Description** Kaupapa Maori Post Residential AoD Programme/AoD Counselling Support Services

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	16+		
<b>Email</b>	info@ngakakano.org.nz		
<b>Website</b>	www.ngakakano.org.nz		
<b>Address</b>	2 Dunlop Road		
<b>Town</b>	Te Puke		
<b>Contact Hours</b>	07 573 4846		
<b>Phone</b>	<b>Main:</b> 07 573 4846	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Bay of Plenty	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
<b>Referral Methods</b>	Assessment Agency	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Ngati Kahu Hauora

**Service Description** Alcohol and Drug Service. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	a&d@nrtga.co.nz		
<b>Website</b>	www.ngatikahuhaora.co.nz		
<b>Address</b>	69 Carmichael Road		
<b>Town</b>	Tauranga		
<b>Contact Hours</b>	8.00 am - 4.00 pm		
<b>Phone</b>	<b>Main:</b> (07) 576 0160	<b>Admission:</b>	<b>Fax:</b> 07 576 0163
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Kaupapa Maori	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Bay of Plenty	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Individual Counselling, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# PoupouaTrust

**Service Description** Kaupapa Maori drug and alcohol service.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	15 - 30+		
<b>Email</b>	info@poupoua.org.nz		
<b>Website</b>			
<b>Address</b>	19 Jellicoe Street		
<b>Town</b>	Te Puke		
<b>Contact Hours</b>	9:00am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 07 573 0138	<b>Admission:</b>	<b>Fax:</b> 07 573 4208
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	The model of well being from a Maori perspective - Taha tinana, wairua, Hinengaro, whanau		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Bay of Plenty		
<b>Categories</b>	Generic Youth, Kaupapa Maori		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Individual Counselling, Support Groups		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Problem Gambling Foundation - Kati Kati

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

Bookings via Tauranga PGF.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Community Resource Centre		
<b>Town</b>	Katikati		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 07 571 6117 / 0800 661 262	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public Health model. Strengths based model. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Bay of Plenty		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - Papamoa

**Service Description** Bookings via Tauranga PGF. Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Papamoa Community Support Trust		
<b>Town</b>	Tauranga		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 07 571 6117 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 07 571 6118
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Bay of Plenty		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - Tauranga

**Service Description** Counselling, treatment provision, health promotion, education.  
Also has clinics in Papamoa, Katikati, Te Puke, Thames.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	17th Ave		
<b>Town</b>	Tauranga		
<b>Contact Hours</b>	8.00am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 06 571 6117 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 06 571 6118
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public health model. Strengths based approach. Cognitive based behaviour.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Bay of Plenty		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Other		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Training, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - Te Puke

**Service Description** Bookings via Tauranga PGF. Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	100 Jellicoe St		
<b>Town</b>	Tauranga		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 07 571 6117 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 07 571 6118
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public Health model. Strengths based approach. Cognitive Behaviour Therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Bay of Plenty		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - Whakatane

**Service Description** Bookings via Tauranga PDF. Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	34 Stewart St		
<b>Town</b>	Whakatane		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 07 571 6117 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 07 571 6118
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Bay of Plenty		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Salvation Army Bridge Programme - Tauranga

**Service Description** Alcohol and other drug services.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 - 65 years old		
<b>Email</b>	bridge.tauranga@xtra.co.nz		
<b>Website</b>	www.sab.org.nz		
<b>Address</b>	375 Cameron Road		
<b>Town</b>	Tauranga		
<b>Contact Hours</b>	8:00am - 4:30 pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 07 578 4264 extn 721	<b>Admission:</b>	<b>Fax:</b> 07 578 4536
<b>Not Catered For</b>	Non-dependent (AOD). Under 18 years old, arsonists, sexual offences.		

## SERVICE INFORMATION

<b>Model</b>	Therapeutic	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Bay of Plenty	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Salvation Army Oasis - Tauranga

**Service Description** Outpatient, counselling and brief intervention.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	bridge.tauranga@xtra.co.nz		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	375 Cameron Road		
<b>Town</b>	Tauranga		
<b>Contact Hours</b>	8:30am - 5.00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 07 578 4264 extn 721	<b>Admission:</b> 07 578 4264	<b>Fax:</b> 07 578 4536 extn 721
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Therapeutic approach.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Bay of Plenty	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Individual Counselling, Public Health, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Te Manu Toroa Adolescent Drug and Alcohol Counselling Services

**Service Description** A free and confidential service working with adolescents. Assessment, intervention, counselling and education on substance-abuse and related issues.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	adolescent/early adulthood		
<b>Email</b>	s.crane@temanutoroa.org.nz		
<b>Website</b>	www.temanutoroa.org.nz		
<b>Address</b>	15 Garden Place		
<b>Town</b>	Tauranga		
<b>Contact Hours</b>	8am - 4.30pm		
<b>Phone</b>	<b>Main:</b> 07 577 4911 or 027 234 2494	<b>Admission:</b>	<b>Fax:</b> 07 577 4919
<b>Not Catered For</b>	non-drug and alcohol		

## SERVICE INFORMATION

<b>Model</b>	Te Whare Tapa Wha, C.B.T., Motivational Interviewing, Narrative Therapy		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Bay of Plenty		
<b>Categories</b>	Generic Youth, Kaupapa Maori		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Training, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Te Tohu O Te Ora O Ngati Awa. Ngati Awa Social & Health Services

**Service Description** Kaupapa Maori AOD Mental Health Services

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Any		
<b>Email</b>	bernadine.bryant@nash.org.nz & sharon.honatan@nash.org.nz		
<b>Website</b>	www.nash.org.nz		
<b>Address</b>	36 Thornton Road		
<b>Town</b>	Whakatane		
<b>Contact Hours</b>	7.00am - 5.00pm		
<b>Phone</b>	<b>Main:</b> (07) 3079 330 or 07 307 1472	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Kaupapa Maori / Therapeutic	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Bay of Plenty	
<b>Categories</b>	Generic Adult, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Taranaki DHB

## Alcohol and Drug Service - Hawera

**Service Description** Alcohol, drug and gambling service. Appointments made through New Plymouth clinic.  
Has Maori worker.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	alcohol.drug@tdhb.org.nz		
<b>Website</b>			
<b>Address</b>	Hawera Hospital		
<b>Town</b>	Hawera		
<b>Contact Hours</b>	8am - 4.30pm Mon/Thurs		
<b>Phone</b>	<b>Main:</b> 06 278 7109	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

### SERVICE INFORMATION

<b>Model</b>	Transactional Analysis, Psychotherapy, Action methods, Motivational Interviewing, Client-focused problem solving, family therapy		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Taranaki		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Helpline		
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Opioid Substitution Treatment, Self-help groups, Support Groups, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling		

# Alcohol and Drug Service - New Plymouth

**Service Description** Outpatient community DHB funded assessment and intervention service. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+		
<b>Email</b>	alcohol.drug@tdhb.govt.nz		
<b>Website</b>			
<b>Address</b>	Taranaki Base Hospital		
<b>Town</b>	New Plymouth		
<b>Contact Hours</b>	8:00am-4.30pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 06 753 7838	<b>Admission:</b>	<b>Fax:</b> 06 753 7875
<b>Not Catered For</b>			

## SERVICE INFORMATION

**Model** Brief Intervention, Motivational Interviewing, CBT, Assessment.

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	Yes	No
<b>Accepts Referrals From DHBs</b>	Taranaki	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Self-help groups, Support Groups, Supported Accommodation, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Alcohol and Drug Service - Opunake

**Service Description** Alcohol, drug and gambling service. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Havelock St		
<b>Town</b>	Opunake		
<b>Contact Hours</b>	9am - 4pm Thurs		
<b>Phone</b>	<b>Main:</b> 06 753 7838	<b>Admission:</b> 06 753 8777	<b>Fax:</b> 06 753 7715
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	No
<b>Accepts Referrals From DHBs</b>	Taranaki	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Individual Counselling, Opioid Substitution Treatment, Self-help groups, Support Groups	
<b>Service Groupings</b>	Alcohol and Other Drug	

## Alcohol and Drug Service - Stratford

**Service Description** Alcohol drug and gambling service, providing assessment, counselling. Short term emergency placement 24hrs - 6 wks. AOD mobile support worker. Has Maori worker.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+		
<b>Email</b>	alcohol.drug@tdhb.govt.nz		
<b>Website</b>			
<b>Address</b>	Taranaki Base Hospital		
<b>Town</b>	Stratford		
<b>Contact Hours</b>	9am - 4pm Mon/Tues		
<b>Phone</b>	<b>Main:</b> 06 765 7189	<b>Admission:</b>	<b>Fax:</b> 06 765 6110
<b>Not Catered For</b>			

### SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	No
<b>Accepts Referrals From DHBs</b>	Taranaki	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Self-help groups, Social Detox (Residential), Support Groups, Supported Accommodation	
<b>Service Groupings</b>	Alcohol and Other Drug	

## Alcohol and Drug Service - Waitara

**Service Description** Alcohol and drug service . Appointments made through New Plymouth office Mon - Fri. Has Maori worker.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+		
<b>Email</b>	alcohol.drug@tdhb.govt.nz		
<b>Website</b>			
<b>Address</b>	10 Hutchins St		
<b>Town</b>	Waitara		
<b>Contact Hours</b>	Mon 8.00am - 4.30pm		
<b>Phone</b>	<b>Main:</b> 06 753 7838	<b>Admission:</b>	<b>Fax:</b> 06 753 7875
<b>Not Catered For</b>			

### SERVICE INFORMATION

**Model**

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	No
<b>Accepts Referrals From DHBs</b>	Taranaki	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Individual Counselling, Opioid Substitution Treatment, Self-help groups, Support Groups	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Child and Adolescent Mental Health Service

**Service Description** AOD counselling for youth with AOD abuse and / or dependency.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Up to 18yrs or 20 depending on living circumstances		
<b>Email</b>	andrew.french@tdhb.org.nz		
<b>Website</b>	www.trippin.co.nz		
<b>Address</b>	Tukapa Street		
<b>Town</b>	New Plymouth		
<b>Contact Hours</b>	8:00am - 4:30pm		
<b>Phone</b>	<b>Main:</b> 06 753 7790	<b>Admission:</b>	<b>Fax:</b> 06 753 7791
<b>Not Catered For</b>	Those best served by a primary health intervention service.		

## SERVICE INFORMATION

<b>Model</b>	Mostly motivational, systemic	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Taranaki	
<b>Categories</b>	Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Individual Counselling, Screening (Brief Intervention)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Mahia Mai A Whai-Tara Trust

**Service Description** Kaupapa Maori alcohol and other drug service providing assessment and one on one counselling. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	reception@mahiamai.co.nz		
<b>Website</b>			
<b>Address</b>	8 Warre Street		
<b>Town</b>	Waitara		
<b>Contact Hours</b>	8;30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 06 754 4669	<b>Admission:</b> 06 754 4669	<b>Fax:</b> 06 754 4781
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Te Whare Tapa Wha	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	No
<b>Accepts Referrals From DHBs</b>	Taranaki	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Individual Counselling, Self-help groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Problem Gambling Foundation - New Plymouth

**Service Description** Counselling, treatment provision, health promotion, education.  
Also has clinics in Hawera, Stratford, and New Plymouth Prison.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	pgf@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	36 Devon St		
<b>Town</b>	New Plymouth		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 06 769 6020, 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 06 769 6021
<b>Not Catered For</b>			

## SERVICE INFORMATION

**Model**

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Tairāwhiti, Taranaki	
<b>Categories</b>	Family/Whānau/Significant Other, Generic Adult, Other	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Research, Screening (Brief Intervention), Support Groups, Training, Whānau / Family Group	
<b>Service Groupings</b>	Gambling	

# Lakes DHB

# Addiction Resource Centre

**Service Description** Community alcohol and drug service - non-residential gambling service.  
LTNZ assessments.  
Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Adult service - will see youth on request.		
<b>Email</b>	office@arctpo.co.nz		
<b>Website</b>			
<b>Address</b>	129 Spa Road		
<b>Town</b>	Taupo		
<b>Contact Hours</b>	9.00 am - 4.00 pm, Mon - Fri		
<b>Phone</b>	<b>Main:</b> 07 377 1132	<b>Admission:</b>	<b>Fax:</b> 07 377 1138
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational interviewing, CBT.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Lakes		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling		

# Problem Gambling Foundation - Rotorua

**Service Description** Counselling, treatment provision, health promotion, education. Rotorua also has clinics in Whakatane, Opotiki, Kawaerau, and Tongariro/Rangipo Prison.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	pgf@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	1154 Hinemoa St		
<b>Town</b>	Rotorua		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 0800 664 262 / 07 843 9999	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Lakes		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Other		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Research, Screening (Brief Intervention), Support Groups, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - Taupo

**Service Description** Public Health model. Strengths based approach. Cognitive behaviour therapy.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	129 Spa Rd		
<b>Town</b>	Taupo		
<b>Contact Hours</b>	8.00 am -10.00 pm		
<b>Phone</b>	<b>Main:</b> 07 377 1132 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 07 377 1138
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Lakes		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Te Utuhina Manaakitanga Trust , Alcohol and other Drug Counselling

**Service Description** Kaupapa Maori Alcohol and other Drug Counselling Service, community-based outpatient service for AOD clients and their families. Specialised youth workers. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	12 years and up (sometimes younger)		
<b>Email</b>	admin@tumt.org.nz		
<b>Website</b>	www.tumt.org.nz		
<b>Address</b>	1154 Hinemoa Street		
<b>Town</b>	Rotorua		
<b>Contact Hours</b>	8.30am - 5pm		
<b>Phone</b>	<b>Main:</b> 07 348 3598	<b>Admission:</b>	<b>Fax:</b> 07 348 1783
<b>Not Catered For</b>	Gambling		

## SERVICE INFORMATION

<b>Model</b>	Kaupapa Maori /Te Whare Tapa Wha/Eclectic/Client Centred.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Bay of Plenty, Lakes, Tairāwhiti, Taranaki	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Research, Residential (Intensive), Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Tairawhiti DHB

# Awhina House, Gisborne

**Service Description** A mental health and addiction service. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	awhina@tdh.org.nz		
<b>Website</b>			
<b>Address</b>	Awhina House, 232 Rutene Street		
<b>Town</b>	Gisborne		
<b>Contact Hours</b>	8:00am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 06 867 1764	<b>Admission:</b> 06 867 1764	<b>Fax:</b> 06 867 3236
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Eclectic	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Tairāwhiti	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Other, Pacific	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Public Health, Social Detox (Residential), Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Ngati Porou Counselling and Support Service

**Service Description** Integrated counselling and alcohol and drug services. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	Yes	Yes
<b>Age</b>	any		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	1 Tuparoa Rd		
<b>Town</b>	Ruatoria		
<b>Contact Hours</b>	8.30am-5.00pm		
<b>Phone</b>	<b>Main:</b> 06 864 8316	<b>Admission:</b>	<b>Fax:</b> 06 864 8643
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Eclectic - Maori models	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Tairāwhiti	
<b>Categories</b>	Generic Adult, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Groups, Individual Counselling	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Ngati Porou Hauora

**Service Description** Problem gambling service providing free and confidential, culturally appropriate services to all community members.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	any		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	16 Fitzherbert St		
<b>Town</b>	Gisborne		
<b>Contact Hours</b>	8.30am - 5pm M - F		
<b>Phone</b>	<b>Main:</b> 06 863 2890	<b>Admission:</b>	<b>Fax:</b> 06 867 3260
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Harm minimisation.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Tairāwhiti		
<b>Categories</b>	Generic Adult, Generic Youth, Kaupapa Maori		
<b>Referral Methods</b>	Self		
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - Gisborne

**Service Description** Counselling, treatment provision, health promotion, education.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	pgf@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	Albert Building		
<b>Town</b>	Gisborne		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 06 868 0289 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 06 868 7435
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Public Health model. Strengths based approach. Cognitive behaviour therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Tairāwhiti		
<b>Categories</b>	Family/Whānau/Significant Other, Generic Adult, Other		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Research, Screening (Brief Intervention), Training, Whānau / Family Group		
<b>Service Groupings</b>	Gambling		

# Whanganui DHB

# Alcohol and Other Drugs Service - Whanganui DHB

**Service Description** Aftercare, assessment, community detox-drug withdrawal, group therapy, individual / whanau counselling & social work & support work, opioid substitution, brief intervention, early intervention, support groups, whanau / family support. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	Any age		
<b>Email</b>	raewyn.hall@wdhb.org.nz		
<b>Website</b>	www.wdwb.org.nz		
<b>Address</b>	Heads Rd		
<b>Town</b>	Wanganui		
<b>Contact Hours</b>	8:00am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 06 348 1287	<b>Admission:</b> 06 348 1287	<b>Fax:</b> 06 348 1203
<b>Not Catered For</b>	Residential - a community-based service.		

## SERVICE INFORMATION

<b>Model</b>	Strengths-based, motivational interviewing.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Whanganui	
<b>Categories</b>	Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Hapai Mauri Tangata

**Service Description** Hapai Mauri Tangata is an alcohol and other drug treatment and education service. This service provides community support, rangatahi and adult education, personal assessments, intervention and prevention strategies, education awareness to whanau and referrals to external services. Hapai Mauri Tangata also provides Te Tata - a supported accommodation programme over an eight week period.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	!4 - 60		
<b>Email</b>	tingley@teoranganui.co.nz		
<b>Website</b>	www.teoranganui.co.nz		
<b>Address</b>	Heads Road		
<b>Town</b>	Wanganui		
<b>Contact Hours</b>	8am - 5pm Mon - Fri		
<b>Phone</b>	<b>Main:</b> 06 348 0282	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>	Anyone not willing to address their issues		

## SERVICE INFORMATION

<b>Model</b>															
	<table> <thead> <tr> <th>Mental Health</th> <th>Alcohol and Other Drug</th> </tr> </thead> <tbody> <tr> <td>Accreditation</td> <td>No</td> </tr> <tr> <td>Accepts Referrals From DHBs</td> <td>Whanganui</td> </tr> <tr> <td>Categories</td> <td>Family/Whanau/Significant Other, Kaupapa Maori</td> </tr> <tr> <td>Referral Methods</td> <td>Self, GP, Assessment Agency, Other Agency, Helpline</td> </tr> <tr> <td>Service Types</td> <td>Assessment, Day Programme, Individual Counselling, Social Detox (Residential), Supported Accommodation, Whanau / Family Group</td> </tr> <tr> <td>Service Groupings</td> <td>Alcohol and Other Drug</td> </tr> </tbody> </table>	Mental Health	Alcohol and Other Drug	Accreditation	No	Accepts Referrals From DHBs	Whanganui	Categories	Family/Whanau/Significant Other, Kaupapa Maori	Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline	Service Types	Assessment, Day Programme, Individual Counselling, Social Detox (Residential), Supported Accommodation, Whanau / Family Group	Service Groupings	Alcohol and Other Drug
Mental Health	Alcohol and Other Drug														
Accreditation	No														
Accepts Referrals From DHBs	Whanganui														
Categories	Family/Whanau/Significant Other, Kaupapa Maori														
Referral Methods	Self, GP, Assessment Agency, Other Agency, Helpline														
Service Types	Assessment, Day Programme, Individual Counselling, Social Detox (Residential), Supported Accommodation, Whanau / Family Group														
Service Groupings	Alcohol and Other Drug														

# Problem Gambling Foundation - Marton

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Rangitikei Health Centre		
<b>Town</b>	Marton		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Capital & Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Wanganui

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.  
Book via PGF Wellington.  
Marton, Fielding appointments also available.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	66 Ingestre Street		
<b>Town</b>	Wanganui		
<b>Contact Hours</b>	8.00 am - 5.00 pm		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b> 04 473 4360	<b>Fax:</b> 04 473 4890
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Whanganui	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Mid Central DHB

# Alcohol and Other Drug Service - Palmerston North

**Service Description** Community based outpatient alcohol and other drug service. Can refer to Dual Diagnosis Unit.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	19 - 65 years		
<b>Email</b>	aldrugq@midcentraldhb.govt.nz		
<b>Website</b>	www.midcentraldhb.govt.nz		
<b>Address</b>	Ruahine Street		
<b>Town</b>	Palmerston North		
<b>Contact Hours</b>	8:30am - 4:30pm		
<b>Phone</b>	<b>Main:</b> 06 350 9130 0800 764 677	<b>Admission:</b>	<b>Fax:</b> 06 350 8832
<b>Not Catered For</b>	Gambling		

## SERVICE INFORMATION

<b>Model</b>	Client-centred, cognitive behavioural therapy, recovery, addiction models, relapse prevention, psychotherapy.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	No
<b>Accepts Referrals From DHBs</b>	Mid Central	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Other Agency	
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Support Groups	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Alcohol and Other Drug Services - Levin

**Service Description** Part of Mid-central Health providing assessment and counselling.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	20 - 65		
<b>Email</b>	aldrugq@midcentraldhb.govt.nz		
<b>Website</b>			
<b>Address</b>	62 Liverpool St		
<b>Town</b>	Levin		
<b>Contact Hours</b>	8.30am - 4.30pm		
<b>Phone</b>	<b>Main:</b> 06 366 0888	<b>Admission:</b>	<b>Fax:</b> 06 366 0041
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Harm reduction, relapse prevention, cognitive behavioural therapy	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Mid Central	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, Assessment Agency, Other Agency	
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Best Care (Whakapai Hauora) Charitable Trust

**Service Description** Mental Health and Addiction Service providing assessment, counselling and referrals to other programmes. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	BCWH@rangitaane.iwi.nz		
<b>Website</b>	www.whakapaihauora.maori.nz		
<b>Address</b>	140-148 Maxwells Line		
<b>Town</b>	Palmerston North		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 06 353 1884	<b>Admission:</b>	<b>Fax:</b> 06 353 1885
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Kaupapa Maori	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	No
<b>Accepts Referrals From DHBs</b>	Mid Central	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Individual Counselling, Public Health, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Manawarangi Hauora a Hine Ngaro

**Service Description** Kaupapa Maori Alcohol and Drug Service providing community support only. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+ negotiable		
<b>Email</b>	manawarangi@rangitane.co.nz		
<b>Website</b>	www.rangitane.co.nz		
<b>Address</b>	1-5 McPhee Street		
<b>Town</b>	Dannevirke		
<b>Contact Hours</b>	8.30am - 5pm		
<b>Phone</b>	<b>Main:</b> 06 3744 306	<b>Admission:</b> 06 3744 309	<b>Fax:</b> 06 3744 309
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Kaupapa Maori models of practice	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Mid Central	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Self-help groups, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# MASH Trust

**Service Description** Alcohol and other Drug Services and Co-Existing Problems Residential Services in both Mid Central and Hawkes Bay Regions

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	treatmentservices@mashttrust.org.nz		
<b>Website</b>	mashttrust.org.nz		
<b>Address</b>	591 Main Street		
<b>Town</b>	Palmerston North		
<b>Contact Hours</b>	8am - 5pm Mon- Fri		
<b>Phone</b>	<b>Main:</b> 06 355 7200or 0800MASH TRUST080062748787 8	<b>Admission:</b> 0800 827487878 0800MASH TRUST	<b>Fax:</b> 06 355 7200
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Hawkes Bay, Mid Central, Whanganui	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Aftercare, Community Detox (Home), Day Programme, Groups, Individual Counselling, Research, Residential (Intensive), Screening (Brief Intervention), Social Detox (Residential), Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Problem Gambling Foundation - Dannevirke

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Reap Building		
<b>Town</b>	Dannevirke		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 06 374 6565 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Mid Central	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Assessment Agency	
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Foxton

**Service Description** Bookings via Wellington Office.

Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Municipal Building		
<b>Town</b>	Foxton		
<b>Contact Hours</b>	8.00 am - 5.00 pm		
<b>Phone</b>	<b>Main:</b> 04 473 4360 / Wellington	<b>Admission:</b>	0800 664 262 <b>Fax:</b> 04 473 4890
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Mid Central	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Levin

**Service Description** Counselling and health promotion for gamblers and significant others.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13+		
<b>Email</b>	andrew.brown@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	Outpatients dept, Horowhenua Hospital		
<b>Town</b>	Levin		
<b>Contact Hours</b>	Wednesday by appointment		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 04 473 4890
<b>Not Catered For</b>	Alcohol and drug		

## SERVICE INFORMATION

<b>Model</b>	Counselling, education, public health		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Hutt, Mid Central, Wairarapa		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Other		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Groups, Individual Counselling, Policy (Sector Wide), Public Health, Support Groups, Training, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - Palmerston North

**Service Description** Counselling and health promotion for gamblers and significant others

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13+		
<b>Email</b>	lea.orpana@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	157 Broadway Ave		
<b>Town</b>	Palmerston North		
<b>Contact Hours</b>	8.00 am - 5.00 pm Wed/Thurs/Fri		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 06 357 5960
<b>Not Catered For</b>	Alcohol and drug		

## SERVICE INFORMATION

<b>Model</b>	Counselling, education, public health	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Hutt, Mid Central, Wairarapa	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Other	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Tararua Alcohol and Drug Service

**Service Description** Community alcohol and drug service.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	aldrugq@midcentraldhub.govt.nz		
<b>Website</b>			
<b>Address</b>	Community Hospital		
<b>Town</b>	Dannevirke		
<b>Contact Hours</b>	8.30am - 4.30pm		
<b>Phone</b>	<b>Main:</b> 06 374 9628	<b>Admission:</b>	<b>Fax:</b> 06 374 7740
<b>Not Catered For</b>	less than 18 years		

## SERVICE INFORMATION

<b>Model</b>	Client-centred, motivational counselling, psychodrama, relapse prevention, transactional analysis, eclectic counselling.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Mid Central		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Opioid Substitution Treatment, Other, Support Groups		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Te Runanga O Raukawa Whakapiki Hauora - Nga Oranga O Te Rae - Fielding

**Service Description** To provide alcohol and drug community support worker in home. The service has a Maori whanau perspective but is NOT exclusive to other cultures. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Across lifespan		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	139 South Street		
<b>Town</b>	Feilding		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 06 323 6446	<b>Admission:</b>	<b>Fax:</b> 06 323 6243
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Mid Central	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Other Agency	
<b>Service Types</b>	Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Te Runanga O Raukawa Whakapiki Hauora - Nga Oranga O Te Rae - Levin

**Service Description** To provide alcohol and drug community support worker in home. The service has a Maori whanau perspective but is NOT exclusive of other cultures. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Across lifespan		
<b>Email</b>	lesp@raukawa.iwi.nz		
<b>Website</b>			
<b>Address</b>	3 Keepa St		
<b>Town</b>	Levin		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 06 368 8768	<b>Admission:</b>	<b>Fax:</b> 06 368 8679
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Mid Central	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Other Agency	
<b>Service Types</b>	Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Te Runanga O Raukawa Whakapiki Hauora - Nga Oranga O Te Rae - Palmerston North

**Service Description** Community support for people and their whanau across the lifespan, who have an alcohol and drug problem. Kaupapa Maori perspective, but open to anyone. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Across lifespan		
<b>Email</b>	lesp@raukawa.iwi.nz		
<b>Website</b>			
<b>Address</b>	602 - 606 Main St		
<b>Town</b>	Palmerston North		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 06 356 4963	<b>Admission:</b>	<b>Fax:</b> 06 355 7201
<b>Not Catered For</b>	Forensic (acute)		

## SERVICE INFORMATION

<b>Model</b>	Te Whare Tapa Wha, He Rangi Matrix, Motivational Interviewing	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Mid Central	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Other Agency	
<b>Service Types</b>	Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Hawkes Bay DHB

# Addiction Services Hawkes Bay - Napier

**Service Description** Bicultural community service providing assessment, counselling, day programmes, methadone programme and detox programme. Duty triage person available every day. Groups for whanau/family.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	addiction@healthcarehb.co.nz		
<b>Website</b>			
<b>Address</b>	76 Wellesley Road		
<b>Town</b>	Napier		
<b>Contact Hours</b>	8.00am - 5pm		
<b>Phone</b>	<b>Main:</b> 06 834 1815	<b>Admission:</b>	<b>Fax:</b> 06 834 1816
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational Interviewing	
<b>Accreditation</b>	<b>Mental Health</b> No	<b>Alcohol and Other Drug</b> Yes
<b>Accepts Referrals From DHBs</b>	Hawkes Bay	
<b>Categories</b>	Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Day Programme, Groups, Individual Counselling, Opioid Substitution Treatment, Policy (Sector Wide), Public Health, Screening (Brief Intervention), Self-help groups, Support Groups, Supported Accommodation, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Akron House Incorporated

**Service Description** A six bed residential rehabilitation centre for men 18 years plus, concerned about their own use of alcohol. Uses 12 step recovery model. Supported accommodation.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	Yes	No
<b>Age</b>	18 years plus		
<b>Email</b>	info@akronhouse.org.nz		
<b>Website</b>	www.akronhouse.org.nz		
<b>Address</b>	415 St Aubyn Street West		
<b>Town</b>	Hastings		
<b>Contact Hours</b>	Tue - Fri 9.00am - 4.00pm		
<b>Phone</b>	<b>Main:</b> 06 870 3991	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>	Drinking, drugging, gambling men		

## SERVICE INFORMATION

<b>Model</b>	Client-centred, 12 Step.		
<b>Accreditation</b>	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
	No	No	
<b>Accepts Referrals From DHBs</b>	Hawkes Bay		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Residential (Intensive), Supported Accommodation		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Gambling Counselling Service - Te Rangihaeta Oranga

**Service Description** Counselling available in Napier, Hastings and Wairoa

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	14yrs - 80yrs +		
<b>Email</b>			
<b>Website</b>	NA		
<b>Address</b>	64 Dickens St		
<b>Town</b>	Napier		
<b>Contact Hours</b>	8:30am - 5pm		
<b>Phone</b>	<b>Main:</b> 06 878 9966	<b>Admission:</b> As above	<b>Fax:</b> 06 870 9562
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational Interviewing, Cognitive Behavioural Therapy, Te Whare Tapa Wha and a range of other therapeutic interventions. Problem Gambling Clinical Standards and Audit Accreditation.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Hawkes Bay		
<b>Categories</b>	Generic Adult, Kaupapa Maori		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Assessment, Individual Counselling, Self-help groups, Support Groups, Training		
<b>Service Groupings</b>	Gambling		

# MASH Trust Board - Hawkes Bay Dual Diagnosis Residential Service

**Service Description** Residential / Community programme for mental health and addictions service users.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	No	No
<b>Age</b>	18+		
<b>Email</b>	asanders@masstrust.org.nz		
<b>Website</b>	masstrust.org.nz		
<b>Address</b>	102 Queen Street East		
<b>Town</b>	Hastings		
<b>Contact Hours</b>	8am - 5pm		
<b>Phone</b>	<b>Main:</b> 06 870 4239	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>	Youth		

## SERVICE INFORMATION

<b>Model</b>	Intensive group therapy.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Hawkes Bay	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Groups, Residential (Intensive), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Springhill Residential Addiction Centre

**Service Description** An 8 week residential programme.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	Yes	No
<b>Age</b>	18+		
<b>Email</b>	springhill@hawkesbaydhb.govt.nz		
<b>Website</b>			
<b>Address</b>	42 Morris Street		
<b>Town</b>	Napier		
<b>Contact Hours</b>	8:00am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 06 835 4496	<b>Admission:</b> 06 835 4496	<b>Fax:</b> 06 835 3520
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Therapeutic community and mind/body.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Bay of Plenty, Capital & Coast, Hawkes Bay, Hutt, Lakes, Mid Central, Tairāwhiti, Taranaki, Waikato, Wairarapa, Whanganui	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Assessment Agency	
<b>Service Types</b>	Residential (Intensive)	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Te Poutama Tautoko Alcohol and other Drug Services

**Service Description** Kaupapa Maori AoD Service delivered under the umbrella of Te Whatuiapiti Trust, Central Health

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	Annette.tpt@xtra.co.nz		
<b>Website</b>	www.centralhealth.co.nz		
<b>Address</b>	209 Queen Street East		
<b>Town</b>	Hastings		
<b>Contact Hours</b>	8am - 5pm Mon - Fri		
<b>Phone</b>	<b>Main:</b> 06 876 5120	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>	Those who are not affected by alcohol and other drugs.		

## SERVICE INFORMATION

<b>Model</b>	Kaupapa Maori and Western Methodologies		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Hawkes Bay		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Day Programme, Groups, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Supported Accommodation, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

## Te Waireka Alcohol and other Drug Service

**Service Description** Rangatahi who want to make changes, are motivated to abstain from alcohol and drugs and willing to be at a residential treatment programme. Whanau to be supportive and willing to look at alcohol and drug behaviours and to attend whanau days & meetings. Has Maori worker.

### ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	14-19 years		
<b>Email</b>	waireka.otane.office@xtra.co.nz		
<b>Website</b>			
<b>Address</b>	58 White Rd		
<b>Town</b>	Otane		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 06 856 8428	<b>Admission:</b>	<b>Fax:</b> 06 856 8481
<b>Not Catered For</b>	Arson conviction.		

### SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	No
<b>Accepts Referrals From DHBs</b>	Hawkes Bay, Whanganui	
<b>Categories</b>	Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Assessment Agency, Other Agency	
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Residential (Intensive), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Wairoa District Society on Alcohol & Drugs Misuse Inc. (Manaaki House)

**Service Description** Drug and Alcohol Counselling Day Service. Has Maori and Pacific Island workers.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	manaakihouse@xtra.co.nz		
<b>Website</b>			
<b>Address</b>	75 Apatu Street		
<b>Town</b>	Wairoa		
<b>Contact Hours</b>	8.00am - 5.00pm		
<b>Phone</b>	<b>Main:</b> (06) 838 7390	<b>Admission:</b>	<b>Fax:</b> 06 838 8600
<b>Not Catered For</b>	Youth under 18 years of age.		

## SERVICE INFORMATION

<b>Model</b>	Minnesota model, CBT, motivation, narrative etc, RET, Te Ngaru, Existential, Te Wheke.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Hawkes Bay	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Capital & Coast DHB

# Alcohol & Drug Assessment & Counselling

**Service Description** Specialises in assessment, and provides comprehensive written reports for the Courts, CYFS, LTSA, CAA, lawyers, etc and makes referrals to appropriate treatment agencies. Also provides 1 on 1 counselling.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	Yes	No
<b>Age</b>	No exclusions		
<b>Email</b>	adac@xtra.co.nz		
<b>Website</b>	www.adac.co.nz		
<b>Address</b>	P O Box 29 075 Ngaio		
<b>Town</b>	Wellington		
<b>Contact Hours</b>	9:00am - 5:00 pm		
<b>Phone</b>	<b>Main:</b> 04 475 9420	<b>Admission:</b>	<b>Fax:</b> 04 475 9520
<b>Not Catered For</b>	No exclusions		

## SERVICE INFORMATION

**Model** Education about addiction, and community re-enforcement approach.

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Hutt	
<b>Categories</b>	Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Individual Counselling	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

## Care NZ - Kapiti

**Service Description** Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families." Closed 24 Dec 2010 - 5 Jan 2011

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	kapiti@carenz.co.nz		
<b>Website</b>	www.carenz.co.nz		
<b>Address</b>	90 Kapiti Road,		
<b>Town</b>	Paraparaumu		
<b>Contact Hours</b>	8.30 - 5pm		
<b>Phone</b>	<b>Main:</b> 0800 385 151	<b>Admission:</b>	<b>Fax:</b> 04 298 2916
<b>Not Catered For</b>	Clients with severe mental disorders, people on a methadone programme, under 18 years old.		

### SERVICE INFORMATION

<b>Model</b>	Eclectic	
<b>Accreditation</b>	<b>Mental Health</b> No	<b>Alcohol and Other Drug</b> Yes
<b>Accepts Referrals From DHBs</b>	Capital & Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Assessment, Day Programme, Groups, Individual Counselling, Opioid Substitution Treatment	
<b>Service Groupings</b>	Alcohol and Other Drug	

## Care NZ - Porirua

**Service Description** Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families." Has Pacific Island worker. Closed 24 Dec 2010 - 5 Jan 2011

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	porirua@carenz.co.nz		
<b>Website</b>	www.carenz.co.nz		
<b>Address</b>	16 Hagley Street		
<b>Town</b>	Porirua		
<b>Contact Hours</b>	8.30am - 5pm		
<b>Phone</b>	<b>Main:</b> 0800 385 151	<b>Admission:</b>	<b>Fax:</b> 04 237 0283
<b>Not Catered For</b>	Clients with severe mental disorders, people on a methadone programme or under 18 years old.		

### SERVICE INFORMATION

<b>Model</b>	Eclectic	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Hutt	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Public Health, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Care NZ Wellington

**Service Description** Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families." Has Pacific Island worker. Closed 24 Dec 2010 - 5 Jan 2011

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	wellington@carenz.co.nz		
<b>Website</b>			
<b>Address</b>	158 Victoria Street,		
<b>Town</b>	Wellington		
<b>Contact Hours</b>	8.30am-5.00pm		
<b>Phone</b>	<b>Main:</b> 0800 385 151	<b>Admission:</b>	<b>Fax:</b> 04 385 1516
<b>Not Catered For</b>	Clients with severe mental disorders, people on a methadone programme or under 18 years old.		

## SERVICE INFORMATION

<b>Model</b>	Eclectic		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Hutt		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self		
<b>Service Types</b>	Assessment, Day Programme, Groups, Individual Counselling, Support Groups, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Community Alcohol and Drug Service - Wellington

**Service Description** A community AOD service providing assessment, counselling and community detox. Special assessments for dual diagnosis. Opioid substitution service.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+		
<b>Email</b>	cads@ccdhb.org.nz		
<b>Website</b>			
<b>Address</b>	PO Box 1729		
<b>Town</b>	Wellington		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 04 494 9170	<b>Admission:</b> 04 494 9170	<b>Fax:</b> 04 494 9179
<b>Not Catered For</b>	Under 20 years		

## SERVICE INFORMATION

<b>Model</b>	Harm reduction, motivational interviewing, relapse prevention	
<b>Accreditation</b>	<b>Mental Health</b> No	<b>Alcohol and Other Drug</b> Yes
<b>Accepts Referrals From DHBs</b>	Capital & Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Training	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Kenepuru Hospital Detoxification Unit

**Service Description** Regional 4 bed inpatient medical detoxification service  
Clinical Nurse Specialist available CADS Wellington

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 years plus		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Raiha St		
<b>Town</b>	Porirua		
<b>Contact Hours</b>	8.00am - 4.30pm		
<b>Phone</b>	<b>Main:</b> 04 385 5999 ext 7005	<b>Admission:</b>	<b>Fax:</b> 04 237 2004
<b>Not Catered For</b>	Discussed on application		

## SERVICE INFORMATION

<b>Model</b>	Medical Detoxification		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Mid Central, Wairarapa		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Individual Counselling, Medical Detox (Inpatient), Research, Social Detox (Residential), Support Groups, Training		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Problem Gambling Foundation - Otaki

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.  
Bookings via Wellington PGF.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Otaki CAB,		
<b>Town</b>	Otaki		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 04 473 4360 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 04 473 4890
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Capital & Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Paraparaumu

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Kapiti Community Centre		
<b>Town</b>	Paraparaumu		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 04 473 4360 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 03 473 4890
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Capital & Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Porirua

**Service Description** Counselling and health promotion for gamblers and significant others.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13+		
<b>Email</b>	andrew.brown@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	16 Hagley St		
<b>Town</b>	Porirua		
<b>Contact Hours</b>	Thurs 9.00am-4.00pm		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 04 473 4890
<b>Not Catered For</b>	Alcohol and drug		

## SERVICE INFORMATION

<b>Model</b>	Counselling, education, health promotion		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Hutt, Mid Central, Wairarapa		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Other		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Public Health, Screening (Brief Intervention), Training, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - Wellington

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families. Individual counselling / couple & group work / education / gambling health promotion.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13+		
<b>Email</b>	jessie.zhang@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	84 Willis Street		
<b>Town</b>	Wellington		
<b>Contact Hours</b>	8:30am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 04 297 1550	<b>Admission:</b> 0800 664 262	<b>Fax:</b> 04 413 4890
<b>Not Catered For</b>	Drug and alcohol		

## SERVICE INFORMATION

<b>Model</b>	Solution focused brief therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	No	
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Hutt, Wairarapa		
<b>Categories</b>	Asian, Family/Whanau/Significant Other, Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Assessment, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Training, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Rangataua Mauriora

**Service Description** Kaupapa Maori AOD, Problem Gambling and Primary Mental Health Service including Youth Mentoring and Life Skills

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Rangatahi and whanau		
<b>Email</b>	raewyn@ngatittoa.iwi.nz		
<b>Website</b>	www.rmauriora.org.nz		
<b>Address</b>	26 Ngatittoa Street		
<b>Town</b>	Porirua		
<b>Contact Hours</b>	9:00am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 04 238 4071	<b>Admission:</b> 04 238 4071	<b>Fax:</b> 04 237 6436
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Kaupapa Maori, Clinical and Facilitation Accreditation Te Wana		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Hutt		
<b>Categories</b>	Family/Whanau/Significant Other, Kaupapa Maori		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Assessment, Community Detox (Home), Groups, Individual Counselling, Public Health, Screening (Brief Intervention), Support Groups, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling		

# Rangataua Mauriora

**Service Description** Kaupapa Maori AOD, Problem Gambling, Primary Mental Health Service including youth mentoring with life skills

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	7 - 77		
<b>Email</b>	mellars@paradise.net.nz		
<b>Website</b>	www.rmauriora.org.nz		
<b>Address</b>	9 - 11 Frederick Street		
<b>Town</b>	Wellington		
<b>Contact Hours</b>	9am - 5pm M - Fr negotiable		
<b>Phone</b>	<b>Main:</b> 04 802 4704	<b>Admission:</b>	<b>Fax:</b> 04 802 4701
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Clinical and facilitation Te Wana	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Capital & Coast	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Public Health, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Salvation Army Bridge Programme - Wellington

**Service Description** An AOD service providing assessment, counselling, group therapy, and teaching models. 20 bed residential service, 8 -14 weeks 8 designated women's beds. Supportive accommodation.  
Accepts clients under the Alcohol & Drug Addiction Act 1966.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+		
<b>Email</b>	wbridge@nzf.salvationarmy.org		
<b>Website</b>	www.sab.org.nz		
<b>Address</b>	22-26 Riddiford St		
<b>Town</b>	Wellington		
<b>Contact Hours</b>	8.00am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 04 389 6566	<b>Admission:</b> 04 389 6566	<b>Fax:</b> 04 389 7110
<b>Not Catered For</b>	Major medical, psychological or psychiatric conditions. Clients with unresolved legal issues. Inappropriate or dangerous behaviour. Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

## SERVICE INFORMATION

<b>Model</b>	Community reinforcement approach	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Hawkes Bay, Hutt, Mid Central, Taranaki, Wairarapa, Whanganui	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Day Programme, Groups, Individual Counselling, Residential (Intensive), Training	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Salvation Army Oasis - Wellington

**Service Description** Counselling service for problem gambling.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All age groups		
<b>Email</b>	wbridge@nzf.salvationarmy.org		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	22 Riddiford Street		
<b>Town</b>	Wellington		
<b>Contact Hours</b>	8:30am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 04 389 6566	<b>Admission:</b> 04 389 6566	<b>Fax:</b> 04 389 7110
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Capital & Coast	
<b>Categories</b>	Asian, Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori, Other, Pacific	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Te Runanga O Raukawa Whakapiki Hauora - Nga Oranga O Te Rae - Otaki (Main Base)

**Service Description** In-home community support for people and their whanau across the lifespan, who have an alcohol drug problem. Kaupapa Maori perspective, but open to anyone. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Across lifespan		
<b>Email</b>	lesp@rauikawa.iwi.nz		
<b>Website</b>			
<b>Address</b>	51 Main St, Otaki		
<b>Town</b>	Otaki		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 06 364 5121	<b>Admission:</b> (06) 364 5121	<b>Fax:</b> (06) 364 5498
<b>Not Catered For</b>	Forensic (acute)		

## SERVICE INFORMATION

**Model** Te Whare Tapa Wha, He Rangi matrix, Motivational interviewing

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Mid Central	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Other Agency	
<b>Service Types</b>	Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# WellTrust Alcohol and Drug Service

**Service Description** We provide an assessment and individual counselling service on an outpatient basis to young people, age 10-19 years (throughout the greater Wellington region). Has Pacific Island worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	10 - 19 years		
<b>Email</b>	info@welltrust.co.nz		
<b>Website</b>	www.welltrust.co.nz		
<b>Address</b>	14 Laings Road		
<b>Town</b>	Wellington		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 04 568 0370	<b>Admission:</b> 04 568 0370	<b>Fax:</b> 04 568 0379
<b>Not Catered For</b>	Outside our age range.		

## SERVICE INFORMATION

<b>Model</b>	Minimise harm, maximise health	
<b>Accreditation</b>	<b>Mental Health</b> No	<b>Alcohol and Other Drug</b> Yes
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Hutt	
<b>Categories</b>	Generic Youth	
<b>Referral Methods</b>	Self, GP, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Groups, Individual Counselling, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Hutt DHB

## Care NZ - Lower Hutt

**Service Description** Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families." Closed 24 Dec 2010 - 5 Jan 2011

### ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	wellington@carenz.co.nz		
<b>Website</b>	www.carenz.co.nz		
<b>Address</b>	66 Bloomfield Tce		
<b>Town</b>	Lower Hutt		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 0800 385 151	<b>Admission:</b>	<b>Fax:</b> 04 586 7039
<b>Not Catered For</b>	Clients with severe mental disorders, people on a methadone programme or under 18 years old.		

### SERVICE INFORMATION

<b>Model</b>	Eclectic	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Hutt	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Assessment, Day Programme, Groups, Individual Counselling, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Hinetitama Alcohol and Other Drug Service

**Service Description** Working in partnership with those with alcohol and other drug issues. A mainstream service. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	colleen.flux-hollings@huttvalleydhb.org.nz		
<b>Website</b>			
<b>Address</b>	40-42 Queens Drive, Public Trust House		
<b>Town</b>	Lower Hutt		
<b>Contact Hours</b>	8:00am - 4:30pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 04 570 9801	<b>Admission:</b>	<b>Fax:</b> 04 570 9004

**Not Catered For** Those for whom counselling services required are not in association with alcohol and / or other drug use.

## SERVICE INFORMATION

**Model** Client centred. Motivational enhancement therapy, cognitive behavioural therapy, relapse prevention.

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	Yes	Yes

**Accepts Referrals From DHBs** Hutt

**Categories** Family/Whanau/Significant Other, Generic Adult, Other, Pacific

**Referral Methods** Self, GP, Assessment Agency, Other Agency, Helpline

**Service Types** Aftercare, Assessment, Community Detox (Home), Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group

**Service Groupings** Alcohol and Other Drug

# Problem Gambling Foundation - Lower Hutt

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13+		
<b>Email</b>	jude.west@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	Room 10, Level 1, 2 Margaret Street		
<b>Town</b>	Lower Hutt		
<b>Contact Hours</b>	8:30am - 6:00 pm Thursday		
<b>Phone</b>	<b>Main:</b> 04 473 4360	<b>Admission:</b> 0800 664 262	<b>Fax:</b> 04 473 4890
<b>Not Catered For</b>	Drug, alcohol		

## SERVICE INFORMATION

<b>Model</b>	Solution focused brief therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	No	
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Hutt		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Pacific		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Assessment, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Training, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Problem Gambling Foundation - Upper Hutt

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	18 Logan St		
<b>Town</b>	Upper Hutt		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 04 473 4360 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 04 473 4890
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Hutt	
<b>Categories</b>	Asian, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Q-nique Ltd

**Service Description** Residential and Community Support

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	19+		
<b>Email</b>	enquiries@q-nique.co.nz		
<b>Website</b>	www.q-nique.co.nz		
<b>Address</b>	Cnr Kings Crescent & Cornwall St		
<b>Town</b>	Lower Hutt		
<b>Contact Hours</b>	8.30 am - 5.00 pm		
<b>Phone</b>	<b>Main:</b> 04 570 2320	<b>Admission:</b>	<b>Fax:</b> 04 570 2321
<b>Not Catered For</b>			

## SERVICE INFORMATION

**Model**

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Hutt	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline, Not Applicable	
<b>Service Types</b>	Day Programme, Social Detox (Residential), Support Groups, Supported Accommodation, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Salvation Army Oasis - Lower Hutt

**Service Description** Counselling service for problem gambling.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All age groups.		
<b>Email</b>	froukeje.oasis@xtra.co.nz		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	155 High St		
<b>Town</b>	Lower Hutt		
<b>Contact Hours</b>	8:30am-5pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 04 389 6566	<b>Admission:</b>	<b>Fax:</b> 04 389 7110
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Capital & Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Assessment, Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Salvation Army Oasis - Upper Hutt

**Service Description** Counselling service for problem gambling.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All age groups		
<b>Email</b>	froukje.oasis@xtra.co.nz		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	41 Queen St		
<b>Town</b>	Upper Hutt		
<b>Contact Hours</b>	8:30am-5pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 04 389 6566	<b>Admission:</b>	<b>Fax:</b> 04 389 7110
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Hutt	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Assessment, Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Wairarapa DHB

# Problem Gambling Foundation - Masterton

**Service Description** Counselling and health promotion for gamblers and significant others.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13+		
<b>Email</b>	jessie.zhang@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	cnr Jackson & Chapel Streets		
<b>Town</b>	Masterton		
<b>Contact Hours</b>	By appointment		
<b>Phone</b>	<b>Main:</b> 0800 664 262	<b>Admission:</b> 0800 664 262	<b>Fax:</b> 04 473 4890
<b>Not Catered For</b>	Alcohol and Drug		

## SERVICE INFORMATION

<b>Model</b>	Counselling, education, public health	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Capital & Coast, Hutt, Mid Central, Wairarapa	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Te Hauora Runanga O Wairarapa

**Service Description** Kaupapa Maori AoD Service

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	Yes	No
<b>Age</b>	14+		
<b>Email</b>	throwinc@ihug.co.nz		
<b>Website</b>	tehauora.org.nz		
<b>Address</b>	15 Victoria Street		
<b>Town</b>	Masterton		
<b>Contact Hours</b>	8am-5pm Tue- Fri, 8am-9pm Mon		
<b>Phone</b>	<b>Main:</b> 06 378 0140	<b>Admission:</b>	<b>Fax:</b> 06 378 0140
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Kaupapa Maori	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Wairarapa	
<b>Categories</b>	Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

## Wairarapa Addiction Service (Inc)

**Service Description** Free, confidential counselling service to assist people who have concerns about their own or someone else's alcohol, gambling or drug use.

### ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	Any age		
<b>Email</b>	wasi@xtra.co.nz		
<b>Website</b>	www.wasi@org.nz		
<b>Address</b>	20 Victoria Street		
<b>Town</b>	Masterton		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 06 377 3156	<b>Admission:</b> 8:00 - 5:00pm 0800 2084278	<b>Fax:</b> 06 377 3194
<b>Not Catered For</b>	Mental Health with no addiction problems.		

### SERVICE INFORMATION

<b>Model</b>	Client-centred alcohol and drug education. Empathetic counselling, motivational interviewing, guided self-change, cognitive behavioural therapy, 12 steps, intensive behavioural change relapse management.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Wairarapa		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Community Detox (Home), Groups, Individual Counselling, Opioid Substitution Treatment, Public Health, Screening (Brief Intervention), Support Groups, Supported Accommodation, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling		

# **Nelson-Marlborough DHB**

# Alcohol and Drug Centre, Wairau Hospital

**Service Description** Assessment and counselling for addictions, youth and adult.

Clinic located in what was previously the maternity ward. Call for directions  
520 9908

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	14+ years old		
<b>Email</b>	carla.lane@nmhs.govt.nz		
<b>Website</b>			
<b>Address</b>	30 Hospital Road, PO Box 46		
<b>Town</b>	Blenheim		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 520 9908	<b>Admission:</b> 03 520 9908	<b>Fax:</b> 03 520 9929
<b>Not Catered For</b>	Abusive or violent clients		

## SERVICE INFORMATION

<b>Model</b>	Cognitive Behavioural Therapy, Motivational Interviewing, Client-Centred	
<b>Accreditation</b>	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
	No	Yes
<b>Accepts Referrals From DHBs</b>	Nelson-Marlborough	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Community Detox (Home), Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Social Detox (Residential), Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Alcohol and Drug Service - Nelson Region

**Service Description** A community Alcohol and Drug service for people concerned about alcohol, drugs or gambling. Also provides service to adolescents, parents and family members. Home detox and STD clinic available + methadone programme. CADS services available also in Golden Bay Wed/Thur and Motueka Mon - Fri

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	No restriction		
<b>Email</b>	eileen.varley@nmhs.govt.nz		
<b>Website</b>			
<b>Address</b>	31 Pascoe St		
<b>Town</b>	Nelson		
<b>Contact Hours</b>	8.30am-5pm		
<b>Phone</b>	<b>Main:</b> 03 546 1994 (Nelson) 035281160 (Motueka)	<b>Admission:</b>	<b>Fax:</b> 03 546 1993
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Cognitive Behavioural Therapy, Motivational Interviewing, Client-Centred	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Nelson-Marlborough	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Community Detox (Home), Day Programme, Groups, Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Policy (Sector Wide), Research, Screening (Brief Intervention), Social Detox (Residential), Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Horizon Trust

**Service Description** To increase community access to sound mental health practices which support the reduction of risky behaviours and substance abuse and enhance the well-being of Marlborough children, youth and their families/whanau through day treatment programmes, counselling and respite care.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13-19 years		
<b>Email</b>	horizonyp@xtra.co.nz		
<b>Website</b>	www.horizonmhc.com		
<b>Address</b>	27 Park Terrace / PO Box 811		
<b>Town</b>	Blenheim		
<b>Contact Hours</b>	9:00am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 578 0451	<b>Admission:</b>	<b>Fax:</b> 03 578 4040
<b>Not Catered For</b>	Those who have committed crimes against children; sexual offenders.		

## SERVICE INFORMATION

<b>Model</b>	Harm reduction.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Nelson-Marlborough	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Day Programme, Groups, Public Health, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Nelson Problem Gambling Services

**Service Description** Range of services for problem gambling, their families/whanau and others affected. Service provided by joint venture of Problem Gambling Foundation and Te Kahui Hauora O Ngati Koata Trust.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	barry.scorror@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	50 Halifax Street		
<b>Town</b>	Nelson		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 548 2230	<b>Admission:</b>	<b>Fax:</b> 03 548 2969
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Nelson-Marlborough	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Kaupapa Maori, Other	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Assessment, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Blenheim

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Blenheim Hospital		
<b>Town</b>	Blenheim		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 03 520 9908 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 03 520 9929
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Nelson-Marlborough	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Training	
<b>Service Groupings</b>	Gambling	

# St Marks Alcohol & Drug Residential Service

**Service Description** Intensive residential treatment programme (12 weeks) with a halfway house for follow up.  
Funded by MOH. Client pays accommodation costs from WINZ benefit.  
Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	Yes	No
<b>Age</b>	18+		
<b>Email</b>	admin@stmarks.co.nz		
<b>Website</b>	www.stmarks.co.nz		
<b>Address</b>	61 Main Street		
<b>Town</b>	Blenheim		
<b>Contact Hours</b>	9:00am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 03 578 0459	<b>Admission:</b> 03 578 0459	<b>Fax:</b> 03 578 0406
<b>Not Catered For</b>	Under 18 years, arsonists.		

## SERVICE INFORMATION

<b>Model</b>	Therapeutic	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Assessment Agency, Other Agency	
<b>Service Types</b>	Aftercare, Day Programme, Groups, Individual Counselling, Residential (Intensive), Social Detox (Residential), Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Te Kahui Hauora O Ngati Koata - Health and Social Service

**Service Description** Services for Maori, Pakeha/NZ European and other ethnicities. Support and advice for all those affected by gambling, including family members. One-to-one and family counselling and support groups. Assessment of other co-existing problems such as substance abuse and depression. Health promotion / public talks also available.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	gambling@koata.iwi.nz		
<b>Website</b>			
<b>Address</b>	30 Vanguard St		
<b>Town</b>	Nelson		
<b>Contact Hours</b>	Mon-Fri 8.00am - 4.30pm		
<b>Phone</b>	<b>Main:</b> 03 548 2230 or 03 546 8018	<b>Admission:</b>	<b>Fax:</b> 03 548 2969
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Holistic, biopsychosocio spiritual approach. Harm minimisation / harm reduction.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Nelson-Marlborough	
<b>Categories</b>	Generic Adult, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Other Agency	
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Support Groups, Training	
<b>Service Groupings</b>	Gambling	

# Te Kahui Hauora o Ngati Koata Trust - Social Services

**Service Description** Whanau-based holistic addictions service for Maori and non Maori with substance and other issues. Caters for adolescents also. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	No restriction		
<b>Email</b>	TEKAHUIAOD@koata.iwi.nz		
<b>Website</b>			
<b>Address</b>	30 Vanguard St		
<b>Town</b>	Nelson		
<b>Contact Hours</b>	8.30am-4.30pm		
<b>Phone</b>	<b>Main:</b> 03 546 8018	<b>Admission:</b>	<b>Fax:</b> 03 546 8994
<b>Not Catered For</b>	High level mental health disorder		

## SERVICE INFORMATION

**Model** Harm reduction and abstinence. Range of holistic models used, both Maori and non Maori models.

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	No	Yes

**Accepts Referrals From DHBs** Nelson-Marlborough

**Categories** Generic Adult, Generic Youth, Kaupapa Maori

**Referral Methods** Self, GP, Other Agency

**Service Types** Assessment, Groups, Individual Counselling, Opioid Substitution Treatment, Support Groups, Training

**Service Groupings** Alcohol and Other Drug

# Te Rapuora O Te Waiharakeke

**Service Description** Te Rapuora is a Maori Health provider delivering a wide range of free health services. Our aim is to help raise the mana of our whanau, hapu, iwi by assisting them recognise and address their health needs. Te Rapuora advocates for whanau wellness and development through the promotion of wellbeing and the provision of quality health services. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	All ages		
<b>Email</b>	admin@tewaiha.org.nz		
<b>Website</b>	www.terapuora.co.nz		
<b>Address</b>	69 - 71 Grove Road		
<b>Town</b>	Blenheim		
<b>Contact Hours</b>	8:00am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 03 578 3348	<b>Admission:</b>	<b>Fax:</b> 03 578 8034
<b>Not Catered For</b>	Under the influence, violent or aggressive		

## SERVICE INFORMATION

<b>Model</b>	Kaupapa Maori. Te Whare Tapa Wha. Relapse prevention.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Nelson-Marlborough	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Te Whare Hauora O Te Awhina Marae

**Service Description** A community alcohol and drug service providing assessment, counselling and liaison services. Also see people who are visiting the area. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	No restriction		
<b>Email</b>	info@tam.org.nz		
<b>Website</b>	www.tam.org.nz		
<b>Address</b>	133 Pah Street		
<b>Town</b>	Motueka		
<b>Contact Hours</b>	8:00am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 528 6061	<b>Admission:</b> 03 528 6061	<b>Fax:</b> 03 528 8995
<b>Not Catered For</b>	Methadone clients.		

## SERVICE INFORMATION

<b>Model</b>	Mix of behavioural and cognitive.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Nelson-Marlborough	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Public Health, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# West Coast DHB

# Problem Gambling Foundation - Greymouth

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Family Focus Services		
<b>Town</b>	Greymouth		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 03 768 0369	<b>Admission:</b>	<b>Fax:</b> 03 768 9835
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	West Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Assessment, Individual Counselling, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Westport

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	111 Palmerston St		
<b>Town</b>	Westport		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 03 789 7659 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 03 789 6335
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	West Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Assessment, Individual Counselling, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Rata Alcohol and Other Drugs Service Greymouth

**Service Description** Rata alcohol and other drug service is committed to reducing the harm to individuals, families and the community, associated with substance use.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 years and over		
<b>Email</b>	margaret.adams@westcoastdhb.org.nz		
<b>Website</b>			
<b>Address</b>	High Street		
<b>Town</b>	Greymouth		
<b>Contact Hours</b>	8:30am - 4:30pm		
<b>Phone</b>	<b>Main:</b> 03 768 2805	<b>Admission:</b>	<b>Fax:</b> 03 768 2682
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Includes cognitive behavioural, social learning, dynamics, motivational, relapse prevention strategies, insight oriented techniques etc.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	West Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Community Detox (Home), Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Rata Alcohol and Other Drugs Service Hokitika

**Service Description** A community alcohol and drug service committed to reducing the harm to individuals, families and the community, associated with substance use.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 years and over		
<b>Email</b>	margaret.adams@westcoastdhb.org.nz		
<b>Website</b>			
<b>Address</b>	59 Sewell Street		
<b>Town</b>	Hokitika		
<b>Contact Hours</b>	8:30am - 4:30pm		
<b>Phone</b>	<b>Main:</b> 03 755 8044	<b>Admission:</b>	<b>Fax:</b> 03 755 5058
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Cognitive Behavioural Therapy, social learning, relapse prevention, Motivational Interviewing		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	West Coast		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Assessment, Community Detox (Home), Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Social Detox (Residential), Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Rata Alcohol and Other Drugs Service Westport

**Service Description** Rata alcohol and drug service is committed to reducing the harm to individuals, families and the community, associated with substance use.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 years and over		
<b>Email</b>	margaret.adams@westcoastdhub.org.nz		
<b>Website</b>			
<b>Address</b>	Buller Hospital		
<b>Town</b>	Westport		
<b>Contact Hours</b>	8:30am - 4:30pm		
<b>Phone</b>	<b>Main:</b> 03 788 9023	<b>Admission:</b>	<b>Fax:</b> 03 789 7029
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	CBT, social learning relapse prevention, insight orientated	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	West Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Community Detox (Home), Individual Counselling, Medical Detox (Inpatient), Opioid Substitution Treatment, Screening (Brief Intervention), Social Detox (Residential), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Canterbury DHB

# Addiction Advocacy Service

**Service Description** Advocacy / peer support. Offers support to people using AOD services and their families. Also able to provide advocacy in other areas e.g. WINZ, housing, CYFS etc. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	16+		
<b>Email</b>	addictionadvocacyservice@adanz.org.nz		
<b>Website</b>	www.adanz.org.nz		
<b>Address</b>	215 Gloucester Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	9am - 4.30pm (answerphone outside these hours)		
<b>Phone</b>	<b>Main:</b> 03 943 5584	<b>Admission:</b>	<b>Fax:</b> 03 377 5600
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Advocacy / Peer Support	
<b>Accreditation</b>	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
	No	No
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Generic Adult, Generic Youth, Other	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Advocacy/Peer Support, Other	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Alcohol and Drug Counselling Centre Christchurch

**Service Description** One on one counselling, assessments e.g. limited drivers licence - indefinite disqualifications and reports.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	Yes	No
<b>Age</b>	Any age		
<b>Email</b>	adcc@xtra.co.nz		
<b>Website</b>			
<b>Address</b>	Level 2, 222 High Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	9am-5pm M - F		
<b>Phone</b>	<b>Main:</b> 03 365 6467	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>	IV drug users, methadone maintenance		

## SERVICE INFORMATION

<b>Model</b>	Cognitive behavioural therapy, motivational enhancement therapy, hypnotherapy		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Canterbury		
<b>Categories</b>	Generic Adult, Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Assessment, Individual Counselling		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Ashburton Community Alcohol and Drug Service

**Service Description** Addiction Counselling Service and Public Health Service

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	12 +		
<b>Email</b>	acads@xtra.co.nz		
<b>Website</b>			
<b>Address</b>	Elizabeth Street		
<b>Town</b>	Ashburton		
<b>Contact Hours</b>	8.30am - 5 pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 03 308 1270	<b>Admission:</b> 03 308 1270	<b>Fax:</b> 03 308 1245
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Hypnotherapy, Psychotherapy, Cognitive Behavioural Therapy, Motivational Enhancement Therapy, Harm Minimisation	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Public Health, Screening (Brief Intervention), Self-help groups, Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

## Care NZ - Christchurch

**Service Description** Key objective is "to treat and support people at risk from, or dependent upon alcohol and other drugs, and minimise the impact on their environment and families." Has Maori and Pacific Island workers.

### ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	christchurch@carenz.co.nz		
<b>Website</b>	www.carenz.co.nz		
<b>Address</b>	555 Manchester Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	8.30am-5.00pm		
<b>Phone</b>	<b>Main:</b> 03 365 8700	<b>Admission:</b>	<b>Fax:</b> 03 365 9800
<b>Not Catered For</b>	Clients with severe mental disorders, people on a methadone programme, under 18 years old.		

### SERVICE INFORMATION

<b>Model</b>	Eclectic	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Assessment, Day Programme, Groups, Individual Counselling, Support Groups	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Christchurch City Mission Drug and Alcohol Service

**Service Description** A community-based service providing assessment for treatment access, counselling and relapse prevention. Home detox service. Has Maori worker. Walk-in clinic 9am - 4pm.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	25+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	275 Hereford St		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	9am - 5pm		
<b>Phone</b>	<b>Main:</b> 365 0635	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Christchurch City Mission Home Detox Service

**Service Description** Non-residential withdrawal management services for people living at home, with three sessions of follow-up and brief interventions

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	17 yrs +		
<b>Email</b>	julie@citymission.org.nz		
<b>Website</b>			
<b>Address</b>	228 Worcester Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	9 - 5 M - F		
<b>Phone</b>	<b>Main:</b> 03 365 0635 X 726	<b>Admission:</b> as above	<b>Fax:</b>
<b>Not Catered For</b>	Mentally unstable adults in chaotic living circumstances. Adults with a history of seizure.		

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Community Detox (Home), Training	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Christchurch City Mission Youth Drug and Alcohol Service

**Service Description** A community based service providing assessment for treatment access, counselling and relapse prevention. Home detox service. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13 - 25 years		
<b>Email</b>	chchcitymission@citymission.org.nz		
<b>Website</b>	www.citymission.org.nz		
<b>Address</b>	271 - 275 Hereford Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	9.00am - 5.00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 03 365 0635	<b>Admission:</b>	<b>Fax:</b> 03 366 7100
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational interviewing, harm minimisation, strengths base	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Individual Counselling, Screening (Brief Intervention)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Christchurch Methadone Programme

**Service Description** Outpatient methadone service for consumers (18+) wishing to stop intravenous drug use. Has Maori and Pacific Island workers.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Sylvan Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	8:30am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 03 335 4350	<b>Admission:</b>	<b>Fax:</b> 03 335 4351
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational interviewing, CBT, Community Reinforcement, Supportive Relapse prevention		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Canterbury		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self		
<b>Service Types</b>	Opioid Substitution Treatment		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Community Alcohol and Drug Service - Christchurch

**Service Description** Assessment and Referral. Has Maori and Pacific Island workers.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	intake.team@cdhb.govt.nz		
<b>Website</b>			
<b>Address</b>	Sylvan Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 335 4350	<b>Admission:</b>	<b>Fax:</b> 03 335 4351
<b>Not Catered For</b>	People with charges pending.		

## SERVICE INFORMATION

<b>Model</b>	Cognitive Behavioural Therapy, Relapse prevention, motivational enhancement, person centered counselling.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	GP, Assessment Agency	
<b>Service Types</b>	Assessment	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Elm Tree Lodge Charitable Trust

**Service Description** Elm Tree Lodge is a community residence for AOD consumers who find their present accommodation a barrier to their recovery. Referral is through an accredited AOD Agency. Fee \$140 week

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	Yes	No
<b>Age</b>	18 - 65		
<b>Email</b>	elmtreelodge@xtra.co.nz		
<b>Website</b>			
<b>Address</b>	16 Bishop Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	8.00am - 4.00pm		
<b>Phone</b>	<b>Main:</b> 03 379 6033	<b>Admission:</b>	<b>Fax:</b> 03 379 6039
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Assessment Agency	
<b>Service Types</b>	Aftercare, Support Groups	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Familial Trust

**Service Description** Provide counselling and support to family members and associates who are affected by another's addiction. Cost is \$60 per hour or an affordable donation. No one is turned away for financial reasons.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	No	Yes
<b>Age</b>	All ages		
<b>Email</b>	info@familialtrust.org		
<b>Website</b>	www.familialtrust.org		
<b>Address</b>	6 Wilsons Road		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	9:00am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 981 1093, 0508 233328	<b>Admission:</b>	<b>Fax:</b> 03 942 1093
<b>Not Catered For</b>	Intoxication		

## SERVICE INFORMATION

<b>Model</b>	12 Step, Motivational Interviewing, Cognitive Behavioural Therapy, narrative, R E Therapy, Humanistic Therapy.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Day Programme, Groups, Individual Counselling, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# He Waka Tapu Trust

**Service Description** He Waka Tapu works with Maori or those with Maori partners or children, and uses a Kaupapa Maori framework to services provided: alcohol and other drug day programmes, rangatahi intervention programme 14-18 years, and harm-minimisation education. Maori workers.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	14+		
<b>Email</b>	admin@hewakatapu.org.nz		
<b>Website</b>	www.hewakatapu.org.nz		
<b>Address</b>	161 Pages Rd		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	9am - 5pm, Mon - Fri		
<b>Phone</b>	<b>Main:</b> 03 373 8150	<b>Admission:</b>	<b>Fax:</b> 03 381 3207
<b>Not Catered For</b>	Those with severe intellectual disabilities.		

## SERVICE INFORMATION

<b>Model</b>	Te Whare Tapa Wha; Poutama, Gestalt, Object relations, C. B. T, Client-Centred Counselling, Psychodynamic approach, Motivational Interviewing, Interpersonal Psychotherapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast		
<b>Categories</b>	Kaupapa Maori		
<b>Referral Methods</b>	Self		
<b>Service Types</b>	Aftercare, Assessment, Community Detox (Home), Day Programme, Groups, Individual Counselling, Research, Supported Accommodation, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling		

# Hereford Centre

**Service Description** Service for psychiatric clients with chronic major mental illness. Provides alcohol and other drug treatment for those who present with substance abuse problems, along with major mental illness. Has Maori and Pacific Island workers.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18-65		
<b>Email</b>	herefordcentre@cdhb.govt.nz		
<b>Website</b>			
<b>Address</b>	253 Cashel Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	8.30am - 5.00pm, M - Fr 10 - 2 Sat, Sun		
<b>Phone</b>	<b>Main:</b> 03 366 2620	<b>Admission:</b>	<b>Fax:</b> 03 3771624
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Assertive outreach intensive care management.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	No
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	GP, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Day Programme, Individual Counselling	
<b>Service Groupings</b>	Alcohol and Other Drug	

## Home Detox Service

**Service Description** The aim of the service is to provide detoxification that supports the controlled and safe withdrawal from alcohol and / or other drugs within the home environment.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	homedetox@citymission.org		
<b>Website</b>	www.citymission.org.nz		
<b>Address</b>	271 - 275 Hereford Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	9:00am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 03 365 0635	<b>Admission:</b>	<b>Fax:</b> 03 371 0602
<b>Not Catered For</b>			

### SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Community Detox (Home), Social Detox (Residential)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Kennedy Unit

**Service Description** A 6 bed medical withdrawal management unit for the South Island for people with alcohol and/or drug addiction. Admission through assessment agencies only.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	17 - 65 years		
<b>Email</b>	kennedy.unit@cdhb.govt.nz		
<b>Website</b>			
<b>Address</b>	Building 5, Hillmorton Hospital		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	24hr service		
<b>Phone</b>	<b>Main:</b> 03 339 1139	<b>Admission:</b>	<b>Fax:</b> 03 339 1142
<b>Not Catered For</b>	Psychosis		

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Assessment Agency	
<b>Service Types</b>	Medical Detox (Inpatient)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Nova Trust Board

**Service Description** Residential alcohol and drug rehabilitation treatment programme. Service all DHB's except Auckland and Northland (Whangarei). Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	43 Newtons Road		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	7:30am - 4:00pm Office / Lodge 24hours		
<b>Phone</b>	<b>Main:</b> 03 349 2053	<b>Admission:</b>	<b>Fax:</b> 03 349 2054
<b>Not Catered For</b>	A&D youth, arson histories.		

## SERVICE INFORMATION

<b>Model</b>	.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Bay of Plenty, Canterbury, Capital & Coast, Counties-Manukau, Hawkes Bay, Hutt, Lakes, Mid Central, Nelson-Marlborough, Otago, South Canterbury, Southland, Tairāwhiti, Taranaki, Waikato, Wairarapa, Waitemata, West Coast, Whanganui	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Assessment Agency, Other Agency	
<b>Service Types</b>	Groups, Individual Counselling, Residential (Intensive), Supported Accommodation	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Odyssey House Christchurch

**Service Description** 22 bed therapeutic community programme. Has Maori worker. SERVICE IS FOR MEN ONLY. Now taking referrals nationally for any clients needing social withdrawal/detox or residential rehab for methamphetamine.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	odyssey.trust.chch@xtra.co.nz		
<b>Website</b>	odyssey.chch.org.nz		
<b>Address</b>	98 Greers Road		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	9:00am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 358 2690	<b>Admission:</b>	<b>Fax:</b> 03 358 2907

**Not Catered For** Intoxicated, overnight accommodation, some psych conditions, brain damage, intellectual handicap, arson violence or sexual offences will be discussed regarding risk. Blind or deaf clients.

## SERVICE INFORMATION

<b>Model</b>	Therapeutic community	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Assessment Agency	
<b>Service Types</b>	Residential (Intensive)	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Odyssey Youth Service Day Programme

**Service Description** Day programme for youth (male and female) aged 14 - 18 years experiencing alcohol and drug-related problems. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	Yes
<b>Age</b>	12 - 18 years		
<b>Email</b>	odyssey.youth.serv@xtra.co.nz		
<b>Website</b>	odyssey.chch.org.nz		
<b>Address</b>	98 Greers Road		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	24 hours		
<b>Phone</b>	<b>Main:</b> 03 358 2690	<b>Admission:</b> 03 357 1881	<b>Fax:</b> 03 357 1883
<b>Not Catered For</b>	Blind or deaf clients, offences which involve arson, violence and sexual assault.		

## SERVICE INFORMATION

<b>Model</b>	Therapeutic community model, cognitive behavioural therapy, motivational interviewing, education		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast		
<b>Categories</b>	Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Day Programme, Groups, Individual Counselling, Research, Residential (Intensive), Training, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Odyssey Youth Service Residential Programme

**Service Description** An 8 bed residential unit for youth (male and female) aged 14 - 18 years who are alcohol and/or drug dependent. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	Yes
<b>Age</b>	14 - 18 years		
<b>Email</b>	odyssey.youth.serv@clear.net.nz		
<b>Website</b>	odyssey.chch.org.nz		
<b>Address</b>	98 Greers Road		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	24 hours		
<b>Phone</b>	<b>Main:</b> 03 358 2690	<b>Admission:</b> 03 357 1881	<b>Fax:</b> 03 357 1883
<b>Not Catered For</b>	Specific mental health disorders.		

## SERVICE INFORMATION

<b>Model</b>	Therapeutic community cognitive behavioural therapy, motivational interviewing, education		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast		
<b>Categories</b>	Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Day Programme, Groups, Individual Counselling, Research, Residential (Intensive), Training, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Pacific Island Evaluation Inc

**Service Description** A community based alcohol and drug service for Pacific Island people. Provides counselling, day programmes and a 3 bed residential halfway house. Has Pacific Island worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	any age		
<b>Email</b>	info@pievaluation.org		
<b>Website</b>			
<b>Address</b>	369 Wilsons Road		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	8.30am -5pm		
<b>Phone</b>	<b>Main:</b> 03 365 1458 0800 921158	<b>Admission:</b>	<b>Fax:</b> 365 4197
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational interviewing, holistic, cultural and spiritual		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	No	
<b>Accepts Referrals From DHBs</b>	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast		
<b>Categories</b>	Pacific, Pacific		
<b>Referral Methods</b>	Self, GP, Other Agency		
<b>Service Types</b>	Aftercare, Day Programme, Individual Counselling, Residential (Intensive)		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Pacific Trust Canterbury - Alcohol and Other Drugs Service

**Service Description** Community alcohol and other drugs services for pacific people and the wider community. Has Pacific Island worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	0 - 19 years & 18 - 65 years		
<b>Email</b>	aod@pacifitrust.co.nz		
<b>Website</b>	www.pacifitrust.co.nz		
<b>Address</b>	16 Worcester Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	8:30am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 03 366 3900	<b>Admission:</b>	<b>Fax:</b> 03 366 3901
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Pacific	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Training	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Problem Gambling Foundation - Ashburton

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.  
Contact Christchurch to make an appointment. Also Support meeting Wednesdays 9am

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	cnr Cass & Tancred Streets		
<b>Town</b>	Ashburton		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 03 379 2824 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Assessment, Individual Counselling, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Christchurch

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling, support and information throughout New Zealand for individuals and families.  
Some evening and Sat morning appointments available.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	david.coom@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	329 Durham Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	9:00am - 5:00 pm		
<b>Phone</b>	<b>Main:</b> 03 379 2824	<b>Admission:</b> 0800 664 262	<b>Fax:</b> 03 379 4334
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Integrated model - both	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Asian, Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Aftercare, Day Programme, Groups, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Self-help groups, Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Kaikoura

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	Yes
<b>Age</b>	18+		
<b>Email</b>	ochiltree@xtra.co.nz		
<b>Website</b>			
<b>Address</b>	McAra House		
<b>Town</b>	Kaikoura		
<b>Contact Hours</b>	waking hours		
<b>Phone</b>	<b>Main:</b> 03 319 4377	<b>Admission:</b> 0800 664 262	<b>Fax:</b> 03 379 4334
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Client centred counselling	
<b>Accreditation</b>	<b>Mental Health</b> No	<b>Alcohol and Other Drug</b> No
<b>Accepts Referrals From DHBs</b>	Nelson-Marlborough	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Salvation Army Bridge Aftercare - Te Awhina

**Service Description** Providing support services to clients after treatment for addiction; including drop in, group programme, counselling and community support from the Aftercare Community Support Services.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	Ritchi_Stewart@nzf.salvationarmy.org		
<b>Website</b>	www.sab.org.nz		
<b>Address</b>	27 Collins St		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	9am - 3pm weekdays		
<b>Phone</b>	<b>Main:</b> 03 338 4436	<b>Admission:</b>	<b>Fax:</b> 03 338 4312
<b>Not Catered For</b>	Those whose mental health is the primary issue, clients in active addiction		

## SERVICE INFORMATION

<b>Model</b>	Community reinforcement model,	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Other	
<b>Referral Methods</b>	Self, Assessment Agency, Helpline	
<b>Service Types</b>	Aftercare, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Salvation Army Bridge Programme - Christchurch

**Service Description** Provides a range of community support and treatment interventions (including residential) for alcohol and other drug dependencies. The Bridge is also linked with The Salvation Army Oasis Problem Gambling Service in Christchurch  
 Accreditation: Dual Diagnosis  
 Also see client with gambling addictions co-existing with AOD  
 Accepts clients under the Alcohol & Drug Addiction Act 1966. Has Maori worker.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+ (flexibility to take some 18, 19 year olds)		
<b>Email</b>	chch.bridge@xtra.co.nz		
<b>Website</b>	www.sab.org.nz		
<b>Address</b>	35 Collins Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 03 338 4436	<b>Admission:</b> 03 338 4436	<b>Fax:</b> 03 338 4312
<b>Not Catered For</b>	Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

## SERVICE INFORMATION

<b>Model</b>	Community reinforcement approach	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury, Lakes, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Residential (Intensive), Screening (Brief Intervention), Self-help groups, Support Groups, Supported Accommodation	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Salvation Army Oasis - Ashburton

**Service Description** Counselling service for problem gambling.  
Booking through Christchurch Oasis.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	14+		
<b>Email</b>	oasisch@xtra.co.nz		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	28 Elizabeth St		
<b>Town</b>	Ashburton		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 365 9659	<b>Admission:</b>	<b>Fax:</b> 03 365 7585
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Asian, Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other, Pacific	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Groups, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Salvation Army Oasis - Christchurch

Service Description x

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	15+		
<b>Email</b>	oasis_christchurch@nzf.salvationarmy.org		
<b>Website</b>	<a href="http://salvationarmy.org.nz/here-to-help/addictions/oasis-centres/our-locations/#christchurch">http://salvationarmy.org.nz/here-to-help/addictions/oasis-centres/our-locations/#christchurch</a>		
<b>Address</b>	126 Bealey Avenue		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	8:30am - 5:00pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 03 365 9659	<b>Admission:</b> 03 365 9659	<b>Fax:</b> 03 365 7585
<b>Not Catered For</b>	Not younger than 14 years.		

## SERVICE INFORMATION

Model

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Policy (Sector Wide), Public Health, Research, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Salvation Army Oasis - Kaiapoi

**Service Description** Counselling service for problem gambling.  
Book through Christchurch Office

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	14+		
<b>Email</b>	oasisch@xtra.co.nz		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	Kaiapoi Community Services Rooms		
<b>Town</b>	Kaiapoi		
<b>Contact Hours</b>	8:30am - 5:00pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 03 365 9659	<b>Admission:</b>	<b>Fax:</b> 03 365 7585
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Asian, Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other, Pacific	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Groups, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Salvation Army Oasis - Rangiora

**Service Description** Counselling service for problem gambling.  
Book through Christchurch Office

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	14+		
<b>Email</b>	oasisch@xtra.co.nz		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	Ashley Street		
<b>Town</b>	Rangiora		
<b>Contact Hours</b>	8:30am - 5:00pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 03 365 9659	<b>Admission:</b>	<b>Fax:</b> 03 365 7585
<b>Not Catered For</b>	Under 14 years of age.		

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Asian, Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori, Other, Pacific	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Groups, Individual Counselling, Public Health, Research, Screening (Brief Intervention), Self-help groups, Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Te Tai O Marokura Health and Social Service

**Service Description** A marae-based Maori health and social service which includes assessment, counselling, and day programmes for people with alcohol and drug issues, including a youth programme. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Any age		
<b>Email</b>	tetai@ihug.co.nz		
<b>Website</b>			
<b>Address</b>	Takahanga Marae		
<b>Town</b>	Kaikoura		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 03 319 6443	<b>Admission:</b>	<b>Fax:</b> 03 319 6463
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Holistic, tikanga-based.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Community Detox (Home), Day Programme, Individual Counselling, Public Health, Screening (Brief Intervention), Support Groups, Training, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Thorpe House

**Service Description** A 9 bed residential detox service for people 17 years and over. Maximum detox 21 days. This includes AoD 1 respite bed 3 - 5 days, respite for Canterbury only. Has Maori and Pacific Island workers.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	17+		
<b>Email</b>	thorpe@citymission.org.nz		
<b>Website</b>	www.citymission.org.nz		
<b>Address</b>	228 Worcester Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	24hrs / Ideally 9am - 5pm for assessment		
<b>Phone</b>	<b>Main:</b> 03 379 1682	<b>Admission:</b> 03 379 1682	<b>Fax:</b> 03 371 0602
<b>Not Catered For</b>	Those with a seizure history.		

## SERVICE INFORMATION

<b>Model</b>	Supportive, safe environment to detox		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	Yes	
<b>Accepts Referrals From DHBs</b>	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Social Detox (Residential)		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Wahine Whai Ora

**Service Description** An assessment, counselling, day programme and support service for women concerned about their own or others use of alcohol and / or other drugs.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	17 years plus		
<b>Email</b>	wahinewhaiora@citymission.org.nz		
<b>Website</b>			
<b>Address</b>	275 Hereford Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	9.00am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 03 371 0613	<b>Admission:</b>	<b>Fax:</b> 03 365 3043
<b>Not Catered For</b>	Men		

## SERVICE INFORMATION

<b>Model</b>	Client-centred, harm minimisation		
<b>Accreditation</b>	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
	No	Yes	
<b>Accepts Referrals From DHBs</b>	Canterbury		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Screening (Brief Intervention)		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Waipuna Youth Counselling Service

**Service Description** Counselling provided for alcohol and drug issues, anxiety and depression, self-esteem, relationships, grief and trauma.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13 - 25		
<b>Email</b>	waipuna@sjog.org.nz		
<b>Website</b>	www.waipunatrust.org.nz		
<b>Address</b>	349 Woodham Road, Box 24127 Eastgate		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	8.30am - 5.00 pm, Mon-Fri		
<b>Phone</b>	<b>Main:</b> 03 386 2159 ext 703	<b>Admission:</b>	<b>Fax:</b> 03 386 2158
<b>Not Catered For</b>	Overnight accommodation, medical/nursing care, people with charges pending.		

## SERVICE INFORMATION

<b>Model</b>	Cognitive behavioural, solution focused, client centred. ACC registered counsellor.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Canterbury		
<b>Categories</b>	Generic Adult, Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Assessment, Individual Counselling, Screening (Brief Intervention)		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Woodlands Trust

**Service Description** Problem gambler provider services.  
Specialist provider; registered psychologist and clinical psychologist,  
kaumatua and staff trained WelTec Gambling Impulse Control Disorders.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	17 years and older		
<b>Email</b>	enquiries@woodlandstrust.co.nz		
<b>Website</b>	www.woodlandstrust.org.nz		
<b>Address</b>	17 Mauger Drive		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	9:00am - 5:00pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 03 384 1052	<b>Admission:</b> 0800 333 122	<b>Fax:</b> 03 384 1075
<b>Not Catered For</b>	We deal primarily with individuals with gambling problems.		

## SERVICE INFORMATION

<b>Model</b>	Cognitive Behavioural Therapy, Group Therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Auckland, Canterbury, Capital & Coast, Counties-Manukau, Hutt, South Canterbury, Waikato		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Other, Pacific		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling		
<b>Service Groupings</b>	Gambling		

# Youth Drug and Alcohol Service North Canterbury

**Service Description** A community-based service for adolescents with mild/moderate alcohol and drug issues. Covers Kaiapoi, Rangiora, Oxford, and Hurunui District to Hanmer Springs.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	10 - 19 years		
<b>Email</b>	youthdrugandalcohol@wellbeingnc.org.nz		
<b>Website</b>			
<b>Address</b>	7 Albert Street Box 409, Rangiora, 7440		
<b>Town</b>	Rangiora		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 03 313 1056 or 027 4511567	<b>Admission:</b>	<b>Fax:</b> 03 310 6376
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational Interviewing, Cognitive Behavioural Therapy	
<b>Accreditation</b>	<b>Mental Health</b> No	<b>Alcohol and Other Drug</b> No
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Generic Youth	
<b>Referral Methods</b>	Self, GP, Other Agency	
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Other, Social Detox (Residential)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Youth Specialty Service

**Service Description** Outpatient alcohol and drug, and mental health assessment and treatment for 13 - 18 year olds. Has Maori and Pacific Island workers.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13 - 18 years		
<b>Email</b>	youthspecialtyservice@cdhb.govt.nz		
<b>Website</b>	www.cdhb.govt.nz		
<b>Address</b>	51 Sylvan Street		
<b>Town</b>	Christchurch		
<b>Contact Hours</b>	08:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 339 1126	<b>Admission:</b> 0800 218 219	<b>Fax:</b> 03 339 1127
<b>Not Catered For</b>			

## SERVICE INFORMATION

**Model**

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury	
<b>Categories</b>	Generic Youth	
<b>Referral Methods</b>	GP, Other Agency	
<b>Service Types</b>	Assessment, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# South Canterbury DHB

# Adventure Development Timaru

**Service Description** Youth AOD and/or Mental health Counselling Service.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13-20		
<b>Email</b>	sc@adventuredevelopment.co.nz		
<b>Website</b>	www.adventuredevelopment.co.nz		
<b>Address</b>	21 Church Street.P.O. Box 872		
<b>Town</b>	Timaru		
<b>Contact Hours</b>	8.00am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 03 684 5830	<b>Admission:</b> 03 684 5830	<b>Fax:</b> 03 6845984
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational Interviewing, CBT, Solution Focused, Narrative Therapy, Wilderness and Adventure Therapy	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	South Canterbury	
<b>Categories</b>	Asian, Family/Whanau/Significant Other, Generic Youth, Pacific	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

## Alcohol and Drug Service - Timaru

**Service Description** A community alcohol and drug service providing assessment, counselling and a methadone programme. Has Maori worker.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Youth 12-20 years & Adult 20yrs and older		
<b>Email</b>	alcohol.drug@timhosp.co.nz		
<b>Website</b>			
<b>Address</b>	Cnr High and Queen Street - Kensington Centre		
<b>Town</b>	Timaru		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 684 1420	<b>Admission:</b>	<b>Fax:</b> 03 684 1466
<b>Not Catered For</b>			

### SERVICE INFORMATION

<b>Model</b>	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	South Canterbury	
<b>Categories</b>	Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Community Detox (Home), Individual Counselling, Opioid Substitution Treatment, Training	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Caroline House Inc.

**Service Description** Service offers residential, supported living, social detox and education. Accessed only via Timaru Alcohol and Other Drug Service.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	No	No	Yes
<b>Age</b>	20+		
<b>Email</b>	caroline.house@xtra.co.nz		
<b>Website</b>			
<b>Address</b>	55 Cain Street		
<b>Town</b>	Timaru		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 684 6020	<b>Admission:</b>	<b>Fax:</b> 03 684 6285
<b>Not Catered For</b>	Under 20 years of age.		

## SERVICE INFORMATION

<b>Model</b>	Strengths model of recovery.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	South Canterbury	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Assessment Agency	
<b>Service Types</b>	Community Detox (Home), Day Programme, Residential (Intensive), Social Detox (Residential)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Problem Gambling Foundation - Temuka

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

Book via Christchurch PGF.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	8 Domain Ave		
<b>Town</b>	Temuka		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 03 379 2824 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	South Canterbury	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Assessment, Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Timaru

**Service Description** Free and confidential counselling service for those affected by problem gambling

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	27 Strathallam Street		
<b>Town</b>	Timaru		
<b>Contact Hours</b>	Working hours		
<b>Phone</b>	<b>Main:</b> 03 379 2824 / 0800 664 262	<b>Admission:</b>	<b>Fax:</b> 03 379 4334
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	South Canterbury	
<b>Categories</b>	Asian, Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Assessment Agency	
<b>Service Types</b>	Assessment, Day Programme, Groups, Individual Counselling, Public Health, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Otago DHB

# Adventure Development Otago

**Service Description** Otago DHB funded Counselling Services for 1) Youth with Moderate to Severe Youth AOD and /or MH issues or 2) Rural Youth with Mild to Moderate Youth AOD issues. service  
Emailsue@adventuredevelopment.co.nz

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13-20		
<b>Email</b>	scott@adventuredevelopment.co.nz		
<b>Website</b>	www.adventuredevelopment.co.nz		
<b>Address</b>	226 High St		
<b>Town</b>	Dunedin		
<b>Contact Hours</b>	9.00am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 03 470 1691	<b>Admission:</b> same	<b>Fax:</b> 03 470 1692
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational Interviewing, CBT, Outdoors and Wilderness - based therapies. Solution Focused	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Lakes, Otago	
<b>Categories</b>	Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Individual Counselling, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Community Alcohol and Drug Service - Balclutha

**Service Description** A community alcohol and drug service providing assessment, counselling and a methadone programme. Client groups include partners and family.

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	19+		
<b>Email</b>	bill.phillips@healthotago.govt.nz		
<b>Website</b>	N/A		
<b>Address</b>	24 Clyde Street		
<b>Town</b>	Balclutha		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 419 0440	<b>Admission:</b>	<b>Fax:</b> 03 419 0441
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational Interviewing	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Canterbury, Otago, South Canterbury, Southland, West Coast	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Social Detox (Residential)	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Community Alcohol and Drug Service - Clyde

**Service Description** Assessment and treatment for individuals presenting with alcohol and other drug problems and support for significant others.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 - 65 yrs		
<b>Email</b>	julie.scurr@cohealth.co.nz		
<b>Website</b>			
<b>Address</b>	Hospital Street		
<b>Town</b>	Clyde		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 03 440 4308	<b>Admission:</b> 034404308	<b>Fax:</b> 03 440 4318
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Otago	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Other Agency	
<b>Service Types</b>	Assessment, Individual Counselling, Opioid Substitution Treatment, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Community Alcohol and Drug Service - Dunedin

**Service Description** A community alcohol and drug service providing assessment, counselling and a methadone programme. Caters for clients, family members and Maori. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	19+		
<b>Email</b>	tony.martin@otagodhb.govt.nz		
<b>Website</b>			
<b>Address</b>	Main Block, Wakari Hospital, Taiere Road		
<b>Town</b>	Dunedin		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 4769 760	<b>Admission:</b>	<b>Fax:</b> 03 476 9785
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational Interviewing, 12 step RR Cognitive Behavioural Therapy Relapse Prevention.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	No	
<b>Accepts Referrals From DHBs</b>	Otago		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult		
<b>Referral Methods</b>	Self, GP, Other Agency		
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Support Groups, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug		

## Community Alcohol and Drug Service - Oamaru

**Service Description** A community alcohol and drug service providing assessment, counselling and a methadone programme. Clients catered for include parents, family and Maori. Can provide a Maori worker from Dunedin if requested.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+ . (18+ for methadone)		
<b>Email</b>	WaitakiCMHT@healthotago.co.nz		
<b>Website</b>			
<b>Address</b>	2 Trent Street		
<b>Town</b>	Oamaru		
<b>Contact Hours</b>	8.30am-5pm		
<b>Phone</b>	<b>Main:</b> 03 434 8993	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

### SERVICE INFORMATION

<b>Model</b>	Motivational Interviewing, Cognitive Behavioural Therapy, Client centred Transactional Analysis, Relapse Prevention		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	No	
<b>Accepts Referrals From DHBs</b>	Otago		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth		
<b>Referral Methods</b>	Self, GP, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention)		
<b>Service Groupings</b>	Alcohol and Other Drug		

## Downie Stewart Foundation - Moana House

**Service Description** Intensive long-term therapeutic community for men with offending histories, with Heke Tikanga as framework of practice. Available to other others outside of catered DHB areas by arrangement on a case by case basis. Has Maori and Pacific Island workers.

### ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	moanahouse@xtra.co.nz		
<b>Website</b>	www.moanahouse.org.nz		
<b>Address</b>	401 High Street		
<b>Town</b>	Dunedin		
<b>Contact Hours</b>	8:30am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 477 0842	<b>Admission:</b>	<b>Fax:</b> 03 474 5088
<b>Not Catered For</b>	Those with a convicted sexual offence against a minors or those with an active psychotic illness.		

### SERVICE INFORMATION

<b>Model</b>	Group counselling, 1:1 counselling, education, work, household management. Heke Tikanga is the underlying principle of the Moana House where – tika pono and aroha are what supports the Heke Tikanga.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Canterbury, Nelson-Marlborough, Otago, South Canterbury, Southland, West Coast		
<b>Categories</b>	Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Aftercare, Day Programme, Groups, Individual Counselling, Residential (Intensive), Social Detox (Residential), Supported Accommodation, Training, Whanau / Family Group		
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling		

## Dunedin Homebase Detox Service

**Service Description** A free, home-based service that helps people break the cycle of alcohol and other drug use.

### ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 - 65		
<b>Email</b>	dunedindetox@gmail.com		
<b>Website</b>			
<b>Address</b>	Private Bag 1916		
<b>Town</b>	Dunedin		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 03 476 6063	<b>Admission:</b>	<b>Fax:</b> 03 476 4255
<b>Not Catered For</b>	Acutely medically compromised clients + those with complex mental health disorders.		

### SERVICE INFORMATION

**Model**

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	Yes	No
<b>Accepts Referrals From DHBs</b>	Otago	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Other Agency, Helpline	
<b>Service Types</b>	Community Detox (Home)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Mirror Counselling Service

**Service Description** Counselling for children and young people 19 years and younger and their family / whanau. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	19 years and under		
<b>Email</b>	mirroradmin@xtra.co.nz		
<b>Website</b>			
<b>Address</b>	8th Floor, Evan Parry House, 43 Princess Street		
<b>Town</b>	Dunedin		
<b>Contact Hours</b>	9:00am - 5:00pm		
<b>Phone</b>	<b>Main:</b> 03 479 2970	<b>Admission:</b>	<b>Fax:</b> 03 474 5679
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Alcohol and Drug Education, Harm Reduction and Relapse Prevention. Child and Adolescent Psychotherapy and Family/Whanau therapy, solution focussed and strengths based approaches. Other modalities include Transactional Analysis, Narrative Therapy and Play Therapy.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Otago		
<b>Categories</b>	Generic Adult, Generic Youth, Kaupapa Maori		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Assessment, Groups, Individual Counselling		
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling		

# Mirror Youth Day Programme - Whakaata Tohu Tohu

**Service Description** A drug and alcohol service for youth which embraces a kaupapa maori framework. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	13 -17 years		
<b>Email</b>	mydp@xtra.co.nz		
<b>Website</b>			
<b>Address</b>	8 Foyle Street		
<b>Town</b>	Dunedin		
<b>Contact Hours</b>	8:00am - 5:00pm Mon to Fri		
<b>Phone</b>	<b>Main:</b> 03 482 1366	<b>Admission:</b>	<b>Fax:</b> 03 482 1367
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Provide a therapeutic environment.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Otago, Southland	
<b>Categories</b>	Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Assessment Agency	
<b>Service Types</b>	Day Programme	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Problem Gambling Foundation - Cromwell

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	5 Murray Terrace		
<b>Town</b>	Cromwell		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 0800 925 242	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Otago	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Groups, Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Problem Gambling Foundation - Dunedin

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.  
Assessment, counselling, education for all affected by gambling.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>	thomas.moore@pgfnz.org.nz		
<b>Website</b>	www.pgfnz.org.nz		
<b>Address</b>	301 Moray Place		
<b>Town</b>	Dunedin		
<b>Contact Hours</b>	9:00am - 5:00pm Tues - Fri		
<b>Phone</b>	<b>Main:</b> 03 471 6172 / Asian 471 6173	<b>Admission:</b>	<b>Fax:</b> 03 471 6178
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Both therapeutic and public health approaches.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Otago	
<b>Categories</b>	Asian, Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Advocacy/Peer Support, Assessment, Individual Counselling, Policy (Sector Wide), Public Health, Research, Screening (Brief Intervention), Training, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Salvation Army Bridge Programme - Dunedin

**Service Description** Pretreatment services providing motivation, support and access to treatment; residential and day treatment programmes for AOD dependence and abuse; specialist "Pathways to Change" women's day AOD treatment programme; rural programme; family involvement; aftercare support, encouragement and ongoing learning.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+		
<b>Email</b>	Glen_McLennan@nzf.salvationarmy.org		
<b>Website</b>	www.sab.org.nz		
<b>Address</b>	160 Crawford Street		
<b>Town</b>	Dunedin		
<b>Contact Hours</b>	8.30am - 5pm		
<b>Phone</b>	<b>Main:</b> 03 477 9852	<b>Admission:</b>	<b>Fax:</b> 03 477 1493
<b>Not Catered For</b>	Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

## SERVICE INFORMATION

<b>Model</b>	Community Reinforcement approach.	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Otago, Southland	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Aftercare, Assessment, Day Programme, Groups, Individual Counselling, Medical Detox (Inpatient), Residential (Intensive), Screening (Brief Intervention), Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Salvation Army Oasis - Dunedin

**Service Description** Counselling and group work for problem gamblers and their families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+		
<b>Email</b>	Chris_Watkins@nzf.salvationarmy.org Judy_Clarke@nzf.salvationarmy.org		
<b>Website</b>	www.oasiscentre.org.nz		
<b>Address</b>	160 Crawford Street		
<b>Town</b>	Dunedin		
<b>Contact Hours</b>	9:00am - 5:00pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 03 477 9852	<b>Admission:</b>	<b>Fax:</b> 03 477 1493
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Otago	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Public Health, Screening (Brief Intervention), Support Groups, Whanau / Family Group	
<b>Service Groupings</b>	Gambling	

# Te Roopu Tautoko Ki te Tonga Inc

**Service Description** Community-based Maori Health provider - providing treatment for violence and gambling. Main target group Maori; open to anyone.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	No restriction		
<b>Email</b>	tautoko@es.co.nz		
<b>Website</b>			
<b>Address</b>	6 Wolseley Street		
<b>Town</b>	Dunedin		
<b>Contact Hours</b>	9am - 5pm		
<b>Phone</b>	<b>Main:</b> 03 477 4670	<b>Admission:</b>	<b>Fax:</b> 03 477 4261
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Motivational Interviewing, Cognitive Behavioural Therapy, Holistic		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Otago		
<b>Categories</b>	Generic Adult, Generic Youth, Kaupapa Maori		
<b>Referral Methods</b>	Self, GP, Other Agency		
<b>Service Types</b>	Assessment, Day Programme, Groups, Individual Counselling, Whanau / Family Group		
<b>Service Groupings</b>	Gambling		

# Southland DHB

# Adventure Development Invercargill

**Service Description** Youth Alcohol and Other Drug Service (YADS) provides screening, brief intervention, comprehensive assessment, referral to regional services, . Adventure Development Counselling (ADC) provides a 6 month intervention involving individual and family therapy, 9 day wilderness group therapy, activity based therapy (individual and group)service Email maree@adventuredevelopment.co.nz

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	Under 20		
<b>Email</b>	clive@adventuredevelopment.co.nz		
<b>Website</b>	adventuredevelopment.co.nz		
<b>Address</b>	10 Deveron St		
<b>Town</b>	Invercargill		
<b>Contact Hours</b>	9am-5.00pm		
<b>Phone</b>	<b>Main:</b> 03 218 8833	<b>Admission:</b> 03 218 8833	<b>Fax:</b> 03 218 8834
<b>Not Catered For</b>			

## SERVICE INFORMATION

### Model

	Mental Health	Alcohol and Other Drug
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Southland	
<b>Categories</b>	Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Child, Adolescent and Family Service - Southern

**Service Description** A child and adolescent mental health service. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	up to 19 years		
<b>Email</b>			
<b>Website</b>	www.sdhb.govt.nz		
<b>Address</b>	Elles Road		
<b>Town</b>	Invercargill		
<b>Contact Hours</b>	8.30am - 5.00pm		
<b>Phone</b>	<b>Main:</b> 03 214 5753	<b>Admission:</b>	<b>Fax:</b> 03 214 7279
<b>Not Catered For</b>	Comorbid moderate - severe mental health problem.		

## SERVICE INFORMATION

<b>Model</b>	CBT, Motivational interviewing, family	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	No
<b>Accepts Referrals From DHBs</b>	Canterbury, Southland	
<b>Categories</b>	Generic Youth	
<b>Referral Methods</b>	Self, GP, Other Agency, Helpline	
<b>Service Types</b>	Assessment, Individual Counselling, Screening (Brief Intervention)	
<b>Service Groupings</b>	Alcohol and Other Drug	

## Drug and Alcohol Specialist Service

**Service Description** Provides free assessment and counselling services for individual, families and significant others affected by alcohol and other drugs. Has Maori worker.

### ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	17 +		
<b>Email</b>			
<b>Website</b>	www.sdhb.govt.nz		
<b>Address</b>	Kew Road, Southland Hospital		
<b>Town</b>	Invercargill		
<b>Contact Hours</b>	8.30am - 5pm		
<b>Phone</b>	<b>Main:</b> 03 2145786	<b>Admission:</b>	<b>Fax:</b> 03 2145722
<b>Not Catered For</b>	Gambling, smoking cessation.		

### SERVICE INFORMATION

<b>Model</b>	Recovery - based.		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	Yes	Yes	
<b>Accepts Referrals From DHBs</b>	Southland		
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Opioid Substitution Treatment, Screening (Brief Intervention), Support Groups, Training		
<b>Service Groupings</b>	Alcohol and Other Drug		

# Gore Districts Community Counselling Centre

**Service Description** A service for people seeking assessment and counselling for alcohol and drug problems. Clients catered for include adolescents, family members, and Maori. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	Yes	Yes
<b>Age</b>	6 years and older		
<b>Email</b>	office@gorecounsellingcentre.com		
<b>Website</b>	www.gorecounsellingcentre.com		
<b>Address</b>	17 Traftord Street		
<b>Town</b>	Gore		
<b>Contact Hours</b>	8:00am - 5 :00pm		
<b>Phone</b>	<b>Main:</b> 03 208 5366	<b>Admission:</b> 03 208 5366	<b>Fax:</b> 03 208 5366
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Clinical staff cover all possible therapeutic models. Include Maori staff working with Maori clients	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Southland	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Other Agency	
<b>Service Types</b>	Advocacy/Peer Support, Aftercare, Assessment, Groups, Individual Counselling, Screening (Brief Intervention), Support Groups	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Nga Kete Matauranga Pounamu

**Service Description** Kaupapa Maori Social Service

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	12+		
<b>Email</b>	selina@kaitahu.maori.nz		
<b>Website</b>	www.kaitahu.maori.nz		
<b>Address</b>	66 Yarrow Street		
<b>Town</b>	Invercargill		
<b>Contact Hours</b>	8.30am - 5pm		
<b>Phone</b>	<b>Main:</b> 03 214 5260	<b>Admission:</b>	<b>Fax:</b> 03 214 5262
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Te Whare Tapa Wha/ Eclectic	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Southland	
<b>Categories</b>	Asian, Family/Whanau/Significant Other, Generic Adult, Generic Youth, Kaupapa Maori	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Aftercare, Day Programme, Groups, Individual Counselling, Self-help groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug, Gambling	

# Problem Gambling Foundation - Queenstown

**Service Description** Our mission is to eliminate harm caused by gambling by providing counselling and support throughout New Zealand for individuals and families.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	18+		
<b>Email</b>			
<b>Website</b>			
<b>Address</b>	Main Street		
<b>Town</b>	Queenstown		
<b>Contact Hours</b>	8.00 am - 10.00 pm		
<b>Phone</b>	<b>Main:</b> 0800 925 242	<b>Admission:</b>	<b>Fax:</b>
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Southland	
<b>Categories</b>	Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency	
<b>Service Types</b>	Individual Counselling	
<b>Service Groupings</b>	Gambling	

# Queenstown Community Mental Health Team

**Service Description** A multi disciplinary service offering assessment and counselling for people with alcohol and other drug problems and referral

## ACCESS INFORMATION

	Free	Fee	Other
<b>Cost</b>	Yes	No	No
<b>Age</b>	18 +		
<b>Email</b>	ngaire.todd@sdhb.govt.nz		
<b>Website</b>	sdhb.govt.nz		
<b>Address</b>	19 Douglas Street		
<b>Town</b>	Queenstown		
<b>Contact Hours</b>	8.30am-5pm		
<b>Phone</b>	<b>Main:</b> 03 441 0010	<b>Admission:</b>	<b>Fax:</b> 441 4310
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Strengths model and recovery	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	Yes	Yes
<b>Accepts Referrals From DHBs</b>	Southland	
<b>Categories</b>	Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Helpline	
<b>Service Types</b>	Assessment, Individual Counselling, Policy (Sector Wide), Public Health, Screening (Brief Intervention)	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Salvation Army Bridge Programme - Invercargill

**Service Description** Alcohol and drug service - outpatient

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	20+		
<b>Email</b>	invercargill_bridge@nzf.salvationarmy.org		
<b>Website</b>	www.salvationarmy.org.nz		
<b>Address</b>	Cnr Leven St & Victoria Ave		
<b>Town</b>	Invercargill		
<b>Contact Hours</b>	9:00am - 6:00pm		
<b>Phone</b>	<b>Main:</b> 03 218 3094	<b>Admission:</b>	<b>Fax:</b> 03 218 3094
<b>Not Catered For</b>	Non-dependent (AOD). Under 20 years old, arsonists, sexual offences.		

## SERVICE INFORMATION

<b>Model</b>	Community reinforcement approach	
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	Yes
<b>Accepts Referrals From DHBs</b>	Southland	
<b>Categories</b>	Family/Whanau/Significant Other, Generic Adult	
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency, Helpline	
<b>Service Types</b>	Individual Counselling, Self-help groups, Whanau / Family Group	
<b>Service Groupings</b>	Alcohol and Other Drug	

# Salvation Army Oasis - Queenstown

**Service Description** Gambling addiction help

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Youth to adult		
<b>Email</b>	rose_fraser@nzf.salvationarmy.org		
<b>Website</b>			
<b>Address</b>	29 Camp St		
<b>Town</b>	Queenstown		
<b>Contact Hours</b>	9.00am-5:00pm Mon-Fri		
<b>Phone</b>	<b>Main:</b> 03 442 5103	<b>Admission:</b>	<b>Fax:</b> 03 442 9644
<b>Not Catered For</b>			

## SERVICE INFORMATION

**Model**

	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>
<b>Accreditation</b>	No	No
<b>Accepts Referrals From DHBs</b>	Otago, Southland	
<b>Categories</b>	Generic Adult, Generic Youth	
<b>Referral Methods</b>	Self	
<b>Service Types</b>	Individual Counselling, Screening (Brief Intervention)	
<b>Service Groupings</b>	Gambling	

# Youth Alcohol and Other Drug Service

**Service Description** Young people under 20 yrs looking to change alcohol and drug use. Southland wide including rural - travel out and young people coming to base. Has Maori worker.

## ACCESS INFORMATION

	<b>Free</b>	<b>Fee</b>	<b>Other</b>
<b>Cost</b>	Yes	No	No
<b>Age</b>	Under 20 yrs		
<b>Email</b>	clive@adventuredevelopment.co.nz		
<b>Website</b>			
<b>Address</b>	92 Kew Road		
<b>Town</b>	Invercargill		
<b>Contact Hours</b>	8.30am -5pm		
<b>Phone</b>	<b>Main:</b> 03 218 8833	<b>Admission:</b>	<b>Fax:</b> 03 2188834
<b>Not Catered For</b>			

## SERVICE INFORMATION

<b>Model</b>	Youth Focused ,Motivational Interviewing, Narrative, Family therapy, experimental learning, Cognitive Behavioural Therapy		
	<b>Mental Health</b>	<b>Alcohol and Other Drug</b>	
<b>Accreditation</b>	No	No	
<b>Accepts Referrals From DHBs</b>	Southland		
<b>Categories</b>	Generic Youth		
<b>Referral Methods</b>	Self, GP, Assessment Agency, Other Agency		
<b>Service Types</b>	Aftercare, Assessment, Individual Counselling, Other, Support Groups, Training		
<b>Service Groupings</b>	Alcohol and Other Drug		

## SERVICE INDEX

Service	Page
Alcohol Drug Helpline	2
Gamblers Anonymous International Directory	3
Gambling Debt Helpline	4
Gambling Helpline	5
Gambling Helpline - Maori	6
Gambling Helpline - Pasifika	7
Gambling Helpline - Youth	8
Odyssey House - Auckland	9
Problem Gambling Foundation - Auckland Central	10
Te Nikau Addictions Centre	11
Youthline Charitable Trust	13
Youthlink and Family Trust	15
Far North Bridge Programme (Kaitaia)	17
Kaipara Alcohol and Drug Service (Dargaville)	18
Mental Health & Addiction Services - Dargaville (Kaitaia)	19
Mental Health & Addiction Services - Kaikohe	20
Nga Manga Puriri Charitable Trust (Whangarei)	21
Northland Health - Mental Health and Addiction Service - Whangarei	22
Problem Gambling Foundation - Dargaville	23
Problem Gambling Foundation - Kaikohe	24
Problem Gambling Foundation - Kaitaia	25
Problem Gambling Foundation - Kerikeri	26
Problem Gambling Foundation - Whangarei	27
Rubicon Youth Alcohol and Drug Support Services (Whangarei)	28
Salvation Army Bridge Programme - Northland (Whangarei)	29
Te Roopu Whitiara (Whangarei)	30
Tupuna Waiora (Kawakawa)	31
Community Alcohol and Drug Service - Auckland 65+ (Auckland West)	33
Community Alcohol and Drug Service - Auckland North Shore (Auckland Nth Shore City)	34
Community Alcohol and Drug Service - Auckland West	35
Higher Ground Drug Rehabilitation Trust (Auckland West)	36
Problem Gambling Foundation - Auckland Takapuna (North Shore) (Auckland Nth Shore City)	37
Problem Gambling Foundation - Wellsford	38
Problem Gambling Foundation - West Auckland, Henderson (Auckland West)	39
Salvation Army Bridge Programme - Waitakere (Auckland West)	40
Salvation Army Oasis - Glen Eden (Auckland West)	41
Salvation Army Oasis - Henderson (Auckland West)	42
Salvation Army Oasis - North Shore (Auckland Nth Shore City)	43
Waipareira Hauora (Auckland West)	44

<b>Service</b>	<b>Page</b>
Auckland City Mission - Social Detoxification Service (Auckland Central)	46
Auckland Methadone Service (Pitman House) (Auckland Central)	47
Community Alcohol and Drug Service - Auckland Mt Eden	48
Community Alcohol and Drug Service - Altered High Youth Service Auckland	49
Community Alcohol and Drug Service - Auckland	50
Community Alcohol and Drug Service - Auckland Central	51
Community Alcohol and Drug Service - Auckland Lesbian and Gay Counselling Service	52
Community Alcohol and Drug Service - Auckland Medical Detoxification Services	53
Piritahi Hau Ora (Waiheke Island)	54
Pregnancy & Parental Service (Auckland Central)	55
Salvation Army Bridge Programme - Manukau (Auckland)	56
Salvation Army Bridge Programme - Mt Eden (Auckland)	57
Salvation Army Oasis - Mt Albert (Auckland)	58
Te Atea Marino - CADS Auckland (Auckland Central)	59
Tranx Drug & Alcohol Services Incorporated (Auckland Central)	60
TUPU Pacific Mental Health Alcohol and Drug Service (Auckland Central)	61
Wings Trust (Auckland Central)	62
Care NZ - Auckland (Auckland East)	64
Community Alcohol and Drug Service - Auckland Asian Counselling Service (Auckland East)	65
Community Alcohol and Drug Service - Auckland Dual Diagnosis (Auckland East)	66
Community Alcohol and Drug Service - Auckland South	67
Problem Gambling Foundation - East Auckland Pakuranga (Auckland East)	68
Problem Gambling Foundation - East Auckland, Glen Innes (Auckland East)	69
Problem Gambling Foundation - Papakura (Auckland South)	70
Problem Gambling Foundation - South Auckland Mangere (Auckland South)	71
Problem Gambling Foundation - South Auckland, Manukau (Auckland South)	72
Raukura Hauora O Tainui Alcohol and Other Drug and Mental Health Service (Auckland South)	73
Salvation Army Oasis - Manukau (Auckland South)	74
Salvation Army Oasis - Otahuhu (Auckland South)	75
Te Ara Hou Alcohol and Drug Residential Service (Auckland South)	76
Te Oho Ake Alcohol and Drug Youth Service (Auckland South)	77
Te Piringa Gambling Service (Auckland South)	78
Alcohol and Drug Community Support Trust Hamilton	80
Cambridge Community House (Cambridge Community Agencies Network Trust)	81
Care NZ - Hamilton	82
Care NZ - Matamata	83
Care NZ - Putaruru	84
Care NZ - Tokoroa	85
Community Alcohol and Drug Service - Hamilton	86

<b>Service</b>	<b>Page</b>
Community Alcohol and Drug Service - Thames	87
Hanmer Clinic - Hamilton	88
Hauora Waikato (Hamilton)	89
Mental Health and Addiction Services (Taumarunui)	90
Pacific Peoples' Addiction Services Inc. (Hamilton)	91
Problem Gambling Foundation - Hamilton	92
Problem Gambling Foundation - Thames	93
Raukawa Trust Board (Tokoroa)	94
Rongo Atea (Hamilton)	95
Salvation Army Bridge Programme - Midland (Hamilton)	96
Salvation Army Bridge Programme - Waikato (Hamilton)	97
Salvation Army Oasis - Hamilton	98
Te Korowai Hauora O Hauraki (Thames)	99
Te Ngaru O Maniapoto Health Services (Te Kuiti)	100
The Health and Wellness Service - Waahi Whanui Trust (Huntly)	101
Whai Marama Youth Connex (Hamilton)	102
Community Alcohol and Drug Service - Tauranga	104
Community Mental Health & Addiction Services - Whakatane	105
Get Smart Tauranga Drug and Alcohol Services	106
Nga Kakano Foundation (Te Puke)	108
Ngati Kahu Hauora (Tauranga)	109
PoupouaTrust (Te Puke)	110
Problem Gambling Foundation - Kati Kati (Katikati)	111
Problem Gambling Foundation - Papamoa (Tauranga)	112
Problem Gambling Foundation - Tauranga	113
Problem Gambling Foundation - Te Puke (Tauranga)	114
Problem Gambling Foundation - Whakatane	115
Salvation Army Bridge Programme - Tauranga	116
Salvation Army Oasis - Tauranga	117
Te Manu Toroa Adolescent Drug and Alcohol Counselling Services (Tauranga)	118
Te Tohu O Te Ora O Ngati Awa. Ngati Awa Social & Health Services (Whakatane)	119
Alcohol and Drug Service - Hawera	121
Alcohol and Drug Service - New Plymouth	122
Alcohol and Drug Service - Opunake	123
Alcohol and Drug Service - Stratford	124
Alcohol and Drug Service - Waitara	125
Child and Adolescent Mental Health Service (New Plymouth)	126
Mahia Mai A Whai-Tara Trust (Waitara)	127
Problem Gambling Foundation - New Plymouth	128
Addiction Resource Centre (Taupo)	130
Problem Gambling Foundation - Rotorua	131
Problem Gambling Foundation - Taupo	132
Te Utuhina Manaakitanga Trust , Alcohol and other Drug Counselling (Rotorua)	133
Awhina House, Gisborne	135
Ngati Porou Counselling and Support Service (Ruatoria)	136
Ngati Porou Hauora (Gisborne)	137
Problem Gambling Foundation - Gisborne	138
Alcohol and Other Drugs Service - Whanganui DHB (Wanganui)	140
Hapai Mauri Tangata (Wanganui)	141

<b>Service</b>	<b>Page</b>
Problem Gambling Foundation - Marton	142
Problem Gambling Foundation - Wanganui	143
Alcohol and Other Drug Service - Palmerston North	145
Alcohol and Other Drug Services - Levin	146
Best Care (Whakapai Hauora) Charitable Trust (Palmerston North)	147
Manawarangi Hauora a Hine Ngaro (Dannevirke)	148
MASH Trust (Palmerston North)	149
Problem Gambling Foundation - Dannevirke	150
Problem Gambling Foundation - Foxton	151
Problem Gambling Foundation - Levin	152
Problem Gambling Foundation - Palmerston North	153
Tararua Alcohol and Drug Service (Dannevirke)	154
Te Runanga O Raukawa Whakapiki Hauora - Nga Oranga O Te Rae - Fielding (Feilding)	155
Te Runanga O Raukawa Whakapiki Hauora - Nga Oranga O Te Rae - Levin	156
Te Runanga O Raukawa Whakapiki Hauora - Nga Oranga O Te Rae - Palmerston North	157
Addiction Services Hawkes Bay - Napier	159
Akron House Incorporated (Hastings)	160
Gambling Counselling Service - Te Rangihaeta Oranga (Napier)	161
MASH Trust Board - Hawkes Bay Dual Diagnosis Residential Service (Hastings)	162
Springhill Residential Addiction Centre (Napier)	163
Te Poutama Tautoko Alcohol and other Drug Services (Hastings)	164
Te Waireka Alcohol and other Drug Service (Otane)	165
Wairoa District Society on Alcohol & Drugs Misuse Inc. (Manaaki House)	166
Alcohol & Drug Assessment & Counselling (Wellington)	168
Care NZ - Kapiti (Paraparaumu)	169
Care NZ - Porirua	170
Care NZ Wellington	171
Community Alcohol and Drug Service - Wellington	172
Keneperu Hospital Detoxification Unit (Porirua)	173
Problem Gambling Foundation - Otaki	174
Problem Gambling Foundation - Paraparaumu	175
Problem Gambling Foundation - Porirua	176
Problem Gambling Foundation - Wellington	177
Rangataua Mauriora (Wellington)	178
Rangataua Mauriora (Porirua)	179
Salvation Army Bridge Programme - Wellington	180
Salvation Army Oasis - Wellington	181
Te Runanga O Raukawa Whakapiki Hauora - Nga Oranga O Te Rae - Otaki (Main Base)	182
WellTrust Alcohol and Drug Service (Wellington)	183
Care NZ - Lower Hutt	185
Hinetitama Alcohol and Other Drug Service (Lower Hutt)	186
Problem Gambling Foundation - Lower Hutt	187
Problem Gambling Foundation - Upper Hutt	188
Q-nique Ltd (Lower Hutt)	189
Salvation Army Oasis - Lower Hutt	190

<b>Service</b>	<b>Page</b>
Salvation Army Oasis - Upper Hutt	191
Problem Gambling Foundation - Masterton	193
Te Hauora Runanga O Wairarapa (Masterton)	194
Wairarapa Addiction Service (Inc) (Masterton)	195
Alcohol and Drug Centre, Wairau Hospital (Blenheim)	197
Alcohol and Drug Service - Nelson Region	198
Horizon Trust (Blenheim)	199
Nelson Problem Gambling Services	200
Problem Gambling Foundation - Blenheim	201
St Marks Alcohol & Drug Residential Service (Blenheim)	202
Te Kahui Hauora O Ngati Koata - Health and Social Service (Nelson)	203
Te Kahui Hauora o Ngati Koata Trust - Social Services (Nelson)	204
Te Rapuora O Te Waiharakeke (Blenheim)	205
Te Whare Hauora O Te Awhina Marae (Motueka)	206
Problem Gambling Foundation - Greymouth	208
Problem Gambling Foundation - Westport	209
Rata Alcohol and Other Drugs Service Greymouth	210
Rata Alcohol and Other Drugs Service Hokitika	211
Rata Alcohol and Other Drugs Service Westport	212
Addiction Advocacy Service (Christchurch)	214
Hanmer Clinic - Tauranga	107
Alcohol and Drug Counselling Centre Christchurch	215
Ashburton Community Alcohol and Drug Service	216
Care NZ - Christchurch	217
Christchurch City Mission Drug and Alcohol Service	218
Christchurch City Mission Home Detox Service	219
Christchurch City Mission Youth Drug and Alcohol Service	220
Christchurch Methadone Programme	221
Community Alcohol and Drug Service - Christchurch	222
Elm Tree Lodge Charitable Trust (Christchurch)	223
Familial Trust (Christchurch)	224
He Waka Tapu Trust (Christchurch)	225
Hereford Centre (Christchurch)	226
Home Detox Service (Christchurch)	227
Kennedy Unit (Christchurch)	228
Nova Trust Board (Christchurch)	229
Odyssey House Christchurch	230
Odyssey Youth Service Day Programme (Christchurch)	231
Odyssey Youth Service Residential Programme (Christchurch)	232
Pacific Island Evaluation Inc (Christchurch)	233
Pacific Trust Canterbury - Alcohol and Other Drugs Service (Christchurch)	234
Problem Gambling Foundation - Ashburton	235
Problem Gambling Foundation - Christchurch	236
Problem Gambling Foundation - Kaikoura	237
Salvation Army Bridge Aftercare - Te Awhina (Christchurch)	238
Salvation Army Bridge Programme - Christchurch	239
Salvation Army Oasis - Ashburton	240
Salvation Army Oasis - Christchurch	241
Salvation Army Oasis - Kaiapoi	242
Salvation Army Oasis - Rangiora	243

<b>Service</b>	<b>Page</b>
Te Tai O Marokura Health and Social Service (Kaikoura)	244
Thorpe House (Christchurch)	245
Wahine Whai Ora (Christchurch)	246
Waipuna Youth Counselling Service (Christchurch)	247
Woodlands Trust (Christchurch)	248
Youth Drug and Alcohol Service North Canterbury (Rangiora)	249
Youth Specialty Service (Christchurch)	250
Adventure Development Timaru	252
Alcohol and Drug Service - Timaru	253
Caroline House Inc. (Timaru)	254
Problem Gambling Foundation - Temuka	255
Problem Gambling Foundation - Timaru	256
Adventure Development Otago (Dunedin)	258
Community Alcohol and Drug Service - Balclutha	259
Community Alcohol and Drug Service - Clyde	260
Community Alcohol and Drug Service - Dunedin	261
Community Alcohol and Drug Service - Oamaru	262
Downie Stewart Foundation - Moana House (Dunedin)	263
Dunedin Homebase Detox Service	264
Mirror Counselling Service (Dunedin)	265
Mirror Youth Day Programme - Whakaata Tohu Tohu (Dunedin)	266
Problem Gambling Foundation - Cromwell	267
Problem Gambling Foundation - Dunedin	268
Salvation Army Bridge Programme - Dunedin	269
Salvation Army Oasis - Dunedin	270
Te Roopu Tautoko Ki te Tonga Inc (Dunedin)	271
Adventure Development Invercargill	273
Child, Adolescent and Family Service - Southern (Invercargill)	274
Drug and Alcohol Specialist Service (Invercargill)	275
Gore Districts Community Counselling Centre	276
Nga Kete Matauranga Pounamu (Invercargill)	277
Problem Gambling Foundation - Queenstown	278
Queenstown Community Mental Health Team	279
Salvation Army Bridge Programme - Invercargill	280
Salvation Army Oasis - Queenstown	281
Youth Alcohol and Other Drug Service (Invercargill)	282