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**Liaison on
Alcohol and other Drugs**

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National
Addiction Sector

N E W S



ALCOHOL IN OUR LIVES: CURBING THE HARM

A REPORT ON THE REVIEW OF THE REGULATORY FRAMEWORK FOR THE SALE AND SUPPLY OF LIQUOR

April 2010

LAW COMMISSION

TE AKA MATUA O TE TURE

www.lawcom.govt.nz/UploadFiles/Publications/Publication_154_464_Part_1_Summary.pdf



Four Parts to the report

- **Part 1** reviews the case for **reducing alcohol-related harm.**
- **Part 2** discusses recommendations for **controlling the supply of alcohol.**
- **Part 3** addresses proposals for **reducing the demand for alcohol**
- **Part 4** examines recommendations for **limiting alcohol-related problems.**

TREATMENT



Te Ariari o te Oranga

The Assessment & Management of People with Co-existing Mental Health and Substance Use Problems

Available on MoH website www.moh.govt.nz

Ref: Todd, F.C. 2010. *Te Ariari o te Oranga: the Assessment and Management of People with Co-existing Mental Health and Substance Use Problems*. Ministry of Health, Wellington.



CEP

co-existing mental health and addiction problems

- A clinical framework
- Assist health professionals working with co-existing substance use and mental health problems (CEP).
- A companion document to the MoH's guidance, *Service Delivery for People with Co-existing Mental Health and Addiction Problems – Integrated Solutions*.



The framework consists of seven key principles.

- **1. Cultural considerations:**

Consider the cultural needs and values of all tangata whaiora throughout the treatment process.

- **2. Well-being:**

Take a well-being perspective by considering problems as barriers to wellbeing and seeing a state of positive well-being as the key outcome variable rather than the absence of dysfunction.

- **3. Engagement:**

Actively incorporate strategies to increase and maintain engagement with the clinical case manager, the management plan and the service.



- 4. **Motivation:**

Actively incorporate strategies to enhance motivation, including, but not limited to, CEP-adapted motivational interviewing techniques.

- 5. **Assessment:**

Screen all tangata whaiora presenting in mental health and alcohol and drug services for CEP, if positive undertake a comprehensive assessment that gives equal weight to diagnoses, individualised problems and an integrated aetiological or causal formulation.

- 6. **Management:**

Use clinical case management to deliver and coordinate multiple interventions appropriate to the phase of treatment.

- 7. **Integrated care:**

Integrate care by placing the needs of tangata whaiora first and delivering care driven by the integrated formulation in a single setting, and ensuring close linkages between all services and workers involved.



These are applied over five phases of treatment:

- 1. pre-treatment
- 2. early treatment
- 3. middle treatment
- 4. late treatment
- 5. autonomous independence.

Underpinning the seven key principles are a number of key assumptions.



The document is organised into six sections

- **1-3** Introduction and background, overview and brief description of the CEP framework
- **Section 4** is the heart of the document, background literature to the seven key principles; explains the principles in depth to assist their implementation into practice.
- **Section 5** looks at service capacity and developing service capability to put the practice framework in a service and systems context. Finally,
- **Section 6** applies the framework to a clinical scenario.



liaison on alcohol and drug F O R U M S

- Continue to meet? Yes / No
- Where?
 - a host 'service' venue, free community space, DHB, alternative funding?
- Administration?
 - Data base with contacts available from Janine ADANZ
- How often?
- Existing options?
 - Combining with an existing local forum
 - other meetings you can share?
- Virtual fix?
 - what about an e-group e.g. a Facebook page or blog? *Ashburton Addiction News*



It's our turn to shout update

... a vibrant online discussion forum

- new content on the *It's our turn to shout* blog every few days
- Blog: www.ourturn2shout.org.nz
- Facebook: www.facebook.com/pages/Its-our-turn-to-shout/299250028116
- Twitter: <http://twitter.com/ourturn2shout>
- Mailing list sign-up: www.surveymonkey.com/s/alrmailinglist.



Important diary dates & links

- **Abstracts for the 30th APSAD conference close tomorrow 28 May**
www.apsadconference.com.au/program/call-for-abstracts/
- **Inaugural National Indigenous Drug and Alcohol Conference** June 16 - 18, 2010
Adelaide, South Australia
www.nidaconference.com.au/
- **Addiction Treatment Leadership Day** July 22, 2010 Auckland www.matuaraki.org.nz
- **Cutting Edge** Sept 22 – 25 2010 Auckland
www.dapaanz.org.nz/
- **Public Health Association Conference** Sept 22 - 24, 2010 www.pha.org.nz



Useful links continued

- www.adanz.org.nz/ADANZ/links
- www.kinatrust.org.nz
(Family Inclusive Treatment)
- <http://canterbury.webhealth.co.nz/provider/>
(Canterbury Web Health)
- www.alcoholaction.co.nz
(Alcohol Action)
- www.mherc.org.nz
(Mental Health Education and Resource Centre)
- www.ncat.org.nz
(National Committee for Addiction Treatment)

Link to the sign on page for Alcohol and Drug mailing list!
<http://lists.iconz.co.nz/cgi-bin/mailman/listinfo/aanddb>