

What is MIS?

Service definitions:

The Ministry of Health is funding ADANZ to employ an additional 1.5 FTE clinical staff to support the Government's Methamphetamine Action Plan

The Methamphetamine Intervention Service will take telephone referrals and provide a telephone based assessment and treatment service. This will provide (but is not limited to): screening, brief intervention, specialist comprehensive assessment, case management, regular review of the treatment plan, working with whanau by offering support and other interventions, referral to other services and agencies, support to enhance recovery and reduce the risk of relapse and the development of cultural links.

Service/mission statement:

We offer a free service, funded by the Ministry of Health, to anybody in NZ wanting to talk about a methamphetamine related question, issue or problem.

Our telephone based intervention service aims to reduce the harm methamphetamine use may be causing you or someone that you are concerned about.

Who are we speaking to?

- Approx 50 referrals to date
- Users generally complex and have a wide range of issues: screening, motivational work, assisted referrals
- Intervention has to be planned to fit in with their using pattern – often a binge/crash cycle - if not a daily user
- Majority of 'P' users are unwilling to access existing treatment as they perceive it will not meet their needs. AOD sector works predominantly with depressant drug users.
- Lots of demand for 'out of hours' intervention

Presentation of P users

- Talkativeness
- Sense of well being and euphoria
- Agitated
- Paranoid
- Angry
- Psychotic
- Complex
- Poly drug use
- Mood fluctuation

Engagement

- Be flexible and reliable
- Education around pharmacology
- Harm reduction advice: diet, water, sleeping, planning, injecting, safe sex
- Provide the person with reassurance which may include confidentiality and development of rapport
- Try to ensure that the environment is as quiet as possible and lacking stimuli
- Take it at their pace – 2 steps forward, 1 back!

Engagement

- Expect a high number of no shows
- Explore with the client, times or days when it is easiest to present drug free
- Write the main points down or put information in the post
- Talk slowly and clearly
- If possible engage with significant others

Interventions

- Screening and assessment
- Self help materials – printed & web-based
- Harm reduction advice
- Motivational interviewing/Cognitive behavioral approaches
- Education & Pharmacology
- Mood monitoring
- AOD Counselling
- Relapse prevention ‘tailored’ to stimulant users