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Blenheim

Meeting Record Thursday 16th October 2008

Apologies: Rosey Duncan, Lorraine Eade, Ally Avery, Thelma Earle, Stephen Farquhar

Karakia: Mary Martin

Welcome: Char Macpherson, ADANZ.

Attendance: See at the end of record

Service News

Working with Families Nelson: National Schizophrenia Fellowship will now be known as Supporting Families with Mental Illness. Have "Canvas" Film from US available about children with parents with Schizophrenia, copies available. It was noted that Michael Lynch long time worker for the area has a major health issue, he has been an inspiration to the AOD field in the Nelson / Marlborough area.

St Marks: Are busy, difficult time juggling beds particularly for women. A concern as the pattern is to over book so beds are always full. Discussion re this problem. Hui in Wairau for Mental Health and different cultures. There are more clients with increasingly complex medical conditions related to use. *WINZ:* Clients with ill health and disabilities. Taskforce Green project - bringing this back to town, the Trust in Christchurch, profile people on sickness benefit and get clients as they come out of treatment; start mid year. *Te Rauapuora Trust Youth:* Trend - referrals outweigh the discharges - anger management issues with family whanau environment. Hui re how non-Māori work with Māori NZ Therapists. Wananga for staff in November. *Public Health:* thanks to Mary for Karakia. Nicki Welsh PA for Mark Soloman. Public Service Hui was great 70 people attended. Good for Māori community and the others attending, feeding the soul keeping us safe while working in 2 worlds. Clinical and Māori sharing of life stories and work place experiences.

Issues with the colleges in area with bullying, schools want it to be sorted out.

Updates

Mental Health awareness week - what's happening for providers? Next month, November, is White Ribbon Day focus on promoting positive things about men rather than the violence ie good fathers, brothers, men. Working on preparing for Christmas, when services are stretched the most and also personally.

Blenheim Alcohol and Drug Service: DHB AOD Methadone Programme and AOD services note an increase in medical issues. Some long term methadone users are showing signs of medical complications e.g. cardiac gastro hormonal, a full range of issues. Also includes younger people and the use of opioids is resulting in complex mental health and justice issues from early initiation to use of these drugs. Issue identified with corrections and a new coding system that restricts some offenders from getting access to any treatment for addictions in prisons or on probation.

Presentations:

➤ **Odyssey House Adult Programme - Hatarei Peka**

Hatarei Peka former Director of Odyssey House Christchurch. Set up the youth service now is the Associate Director for the adult service. The Adult service is full at present, can take up to 21 have 19 with 10 coming in next week.

Youth service, 6 on average in long term, to maintain service. There are greater number of young people from Nelson / Blenheim area. Have been operating for 2 years. Young Women since 6 months ago.

➤ **Public Health- Anaru Wilkie, Mental Health Promoter**

Collective community keeping people well.

Reducing the barriers to: housing; income; food; employment some not healthy etc
Health Determinants - strengthen these.

Housing in this particular area is a larger issue than other areas due to transient workforce.

Treaty of Waitangi guarantee of good health for all; Ottawa Charter - International - 5 action plans

Building Healthy Public Policy

Alcohol Action Plan - Ally Avery has been working on a submission and a range of other policy work. SADD - getting home safely. Strengthening Community Action

Health Education and Skills.

Karakia: Mary Martin

Meeting closed at 12.00pm

Attendees: 19

Meeting dates available on www.adanz.org.nz. Suggestions for agenda to Char Macpherson: email: char.macpherson@adanz.org.nz

Please note: These notes are a summary of opinions expressed by meeting attendees. If anyone would like further information please email reception@adanz.org.nz

Attendance List

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